

“Energy of Light Forces” Liubov Shcherbinina

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1 Introduction

Dear readers! I'm bringing into the attention of those who are interested in the esoteric, extra-sensory perception (ESP) and healing an innovative method of the spiritual and physical healing "Energy of Light Forces", promoting the moving of the human beings to a new evolutionary level, the discovering of people's creative and psychic abilities, as well as increasing the capacity of the brain. This is a practical direction of people's personal growth. This method makes it possible to communicate **only with the light** frequencies of the Earth and the Cosmos. This fundamental principle has become the basis for the creation of the **practical method "Energy of Light Forces"** (further named as ELF) which is patented in accordance with the legislation of the Russian Federation in the field of the intellectual property, available for the majority of people, can be seen as a continuation of the progressive movement to the discovering of all people's positive capabilities, and contributes to the emergence of the new energy channels with their practical applying.

The communion with this method does not require large expenditure of the time and money, it gives an immediate effect. This **new system of knowledge**, offered for you, is a **modernization of the well-known method "Cosmoenergetics"**, a new facet, penetrating into the depth of the knowledge and opportunities. "The energy of Light Forces" as a system of knowledge and opportunities is unique, but it uses harmoniously a distinct, known before, methodology of the work with the frequencies and is not limited to the healing practices. The **first** stage exists already; it is followed by the **second** one. They are the stages of the development, from a small to a large. As for the future, my happy followers will, perhaps, open some new facets of the truth for the benefit of all people, and I am ready to contribute to this in every possible way.

On the pages of this book, I want to share with you, my dear readers, as well as people aspiring to the Light, the advices of the Highest cosmic Essences and Teachers for people working in the field of the healing and psychic, and my own experience, of course. The notes from my practical experience will be highlighted in the book in a different font. I have decided to write this book, wishing to facilitate my work with the clients, to save a lot of time and effort during the real meetings when I explain my methods of the work with the Cosmic and Earthly channels. I also want to share some new information from the positive God System with the practicing healers, psychics and clairvoyants. My opinion about many things is, of course, subjective; it has developed on the basis of my real experience as an energy healer and spiritual teacher. Please, take into consideration that almost all information in this book is obtained on the high contact sessions with the light Essences of the Divine Hierarchies and other cosmic Systems. The purity of the information, incoming from the Universal informational field, was controlled by the eternal spirits of the Spiritual Divine Hierarchy and ascended by

the Teachers of the humanity. This book also presents essays about my practical work and the work of my daughter – a Divine clairvoyant Anahit (working pseudonym), whose advertising slogan is "Life without any Secrets".

I recommend everyone to read my previous book "I Know!", West - Consulting, 2010, Moscow (about the work of a psychic-healer with the channels of "Cosmoenergetics", with the laws of the magic world). For the creation of this book, *Moscow Town Organization of the Union of Russian Writers and Translators* awarded me a commemorative medal named after A. S. Griboyedov. I was also admitted to *the Union of Writers of the 21st century*. This book has been translated into English and is published in the United States. The book "I Know!" is about the cosmic consciousness, lots of the questions of the energy healing, earthly and cosmic world order is considered in it, there you will find answers to the questions of the life, including about the interactions of people with the dark forces and their adherents, and how to protect yourself from them. In my book "We Are Initiated," published in 2011 by the publishing house "West Consulting", you will find many useful tips for the healers, as well as some information about the religions, Gods, cosmic civilizations. A methodological book on the work with the new energy-informational channels of the Earth and the Cosmos in the tradition of the spiritual-practical method "Energy of Light Forces" and a book about the Warriors of the Light – the highest adepts, as well as a collection of the essays about my daughter's (clairvoyant Anahit's) and my healing practices is preparing to be published now.

1.1 Cosmoenergetics as a basis

The existing now well-known method "Cosmoenergetics" was created by the Russian scientist Vladimir Petrov. This brilliant man made an enormous contribution to the development of the spirituality on our planet. But the time does not stand still. Following the great Teacher people that can go to the high levels of the communication with the light Essences of the Divine Hierarchy and other cosmic Systems open new possibilities of the interaction with the Cosmos, new channels (frequencies) helping people to find the integrity and health – both mental and physical. The work on the creation of this method is huge and can be appreciated only by those who have passed this way before. The spirit of Vladimir Petrov has been supporting me constantly in my work on the creation of the new spiritual-practical method "Energy of Light Forces." This proves his high spirituality and conscientiousness. He believes that people must evolve constantly and not stand still. Glory to him for this!

The practical method "Cosmoenergetics" has been patented by the founder of the "Cosmoenergetics" V. A. Petrov's wife – Nadezhda Nikolayevna Deblova. She is a successor of the founder of "Cosmoenergetics" and has got a certificate of the inheritance by law; she issues certificates granting the right to use the energy-technology "Petrov's Cosmoenergetical Matrix", which is used to teach all people interested in this subject.

The spiritual-practical method "Energy of Light Forces", and all its components (frequencies), have been patented in my name by the Federal Service for Intellectual Property of the Russian Federation. People who have attained the degree "Master" in the spiritual-practical method "Energy of Light Forces" can give initiations to everyone without the author's prior permission. The new method of the spiritual-physical perfection "Energy of Light Forces" is focused on the development of the creative and psychic abilities and maximal protection – in all its forms – against the forces of the evil, has the aim to help people in some difficult exorbitant situations, as well as to solve particular (including material) problems. In the method, a lot of attention is paid to the development of the femininity and masculinity, sexuality, the achieving of the harmony and happiness in people's personal lives.

Vladimir Aleksandrovich Petrov, a Russian scientist (died April 27, 2007) put a lot of bricks in the building of the true knowledge and people's development. After he had finished his earth way, he became a great white cosmic magician. (Cosmic magicians are the cosmic souls that have developed all their talents and reached the highest consciousness of the Spirit on the Earth. They are constantly evolving in the subtle world, are trained and led by more advanced high cosmic Essences. They make different operations and elaborations, they are not bored, their thoughts are different from the usual ones, they fulfill their cosmic mission, have got the authority according to their achievements. There, something is constantly changing and transforming. Someone from those high souls is going to the Divine hierarchies, someone is moving to another Galaxy and this is their choice, their way). Vladimir Petrov's spirit is satisfied that the memory of him has been revived in the book "I Know!". He is very pleased that the development of people continues and they have got new opportunities in the sphere of the interaction with the space and planetary frequencies. He welcomes the spiritual advancement of all concerned, aspiring people. During one of the contact sessions, I asked him how he felt in the area where he was, and he told me that everything was different there, but he was very interested, there was a lot of work and creativity in that world. He believes that the Earth is a purgatory. In the space where he lives, he is surrounded by some high Spirit Essences, each of whom knows his particular case, none of them are undecided or neutral, there is no disease and suffering, obstacles, temptations and trials, and there are enormous challenges, enthusiasm, open right ascension, there is fullness of the knowledge and permanent development. My students and I are his grateful followers.

I call your attention to some excerpts from the book by V. A. Petrov and D. N. Voevodin "Shiva's Dance and Cosmic Chaos" ("Solvent", "Lokid-Press", Moscow, 2003). No one except the person who created the practical method "Cosmoenergetics" can say about it better. This information is useful for everyone because it reflects some common for energy-informational methods positions, as well as, conditions required for the work with the cosmic frequencies. New information must be assimilated part by part; its too large amount can harm people.

"We live in interesting times. Nowadays, we can see a process of the interaction between different teachings, search the holistic knowledge. The teachings that fall out of the flow become archaic and ritual, and go into the oblivion. The rule of the comprehending the way of the knowledge requires some integrity from the students – either original or restored. Only in this case, the ancient forms begin to work, and it does not matter, whether they have been found in books or received from a teacher. The obtaining of a person's own integrity has become possible thanks to the identification of the space frequencies in the external field of the Earth. Space frequencies are focused on our sub-consciousness, and through it on the whole energy body. Anyone can feel their effect as a stream of the energy that pervades the entire body. Space frequencies have the aim to help seeking people gain the integrity and revive the ancient forms of the knowledge. Like the Universe, the energy bodies of people consist of different levels, characterized by different ratio of the energy to the information. Different levels have got respective frequencies characterizing a certain level of a human's consciousness. The level's energy comes out in the form of a spiral swirling flow, or chakra. In addition, there are energy channels linking different parts of the body and power storage, or cinnabar fields. A man, at the frequency level, is constructed so that the main organs and life centers are tuned to the natural frequencies both from close-in surroundings and remote ones. The violation of these global relationships, the introduction of the alien mechanical frequencies, social ego-constructions is fraught with the loss of the integrity, diseases and slow dying. In addition to the chakras and cinnabar fields, the body's energy channels are very important, many of them are

known among the physicians, and widely used in the acupuncture. Lots of these channels have got a great function of the energy distribution both within the energy body and regarding the external energy. So, some alchemical processes of the frequencies' interaction on different levels occur, they are required for a body's normal functioning. The key to the intensification of these processes is the activity of the consciousness. The energy's conscious transfer or reallocation enhances these processes many times. The consciousness makes the existence of the energy body conscious and the most effective. The secret of the cosmic frequencies is that they forge the way for our subconscious mind, train to work with the energy, adjust our energy body to external flows, and these processes are controlled by our consciousness. The sub-consciousness ties the whole body on itself: both the physical body and the energy one; and this structure does not obey our consciousness because of its infestation with the alien ego-constructions. Such conflict between the old and the new brain is a protecting reaction of the organism against its complete destruction going from some foreign, aggressive energies. The situation could be saved by a student's "attunement" to the cosmic frequencies, while the energy body is taught the first, the internal contradictions are resolved and the consciousness of the whole structure can interact actively with the outside world, build live mental images and exist in a balance. The activation of the powerful energy flows in a human's body establishes the connection between the consciousness and sub-consciousness. The development of these relations removes gradually all bans that our conscious mind sets on the gaining of the knowledge from the centers of the sub-consciousness. A strong bio-field is recognized by the cerebral cortex and such system will be ready for any eventuality. The sharp drop of the human energy potential will not break the field links between the organs. The awareness of the field interactions and subconscious information signals unites the body very strongly, making its actions smoother not only in the extreme situations, but also in everyday life. Information is a mode of the energy existence. We imagine manifested (Logos), non-manifested (Absolute) and acting energy information (Spirit) as the interconnected global energy systems, the totality of which determines the program of the evolution of the matter and the method of its implementation.

The development of the psychic abilities is the pinnacle of the human evolution; it allows the organism to go onto a fundamentally new level of the interaction with the environment. These abilities stagger the imagination. The human brain is the most mysterious type of the informational communication. Thus, non-quantum energy-informational fields connect instantly outer space, and such transfer is not limited by the speed of the light. This progressive superfast connection requires neither a transfer frequency, nor any self-radiation of the planetary crust. For the perception of the wave processes in an external field, it is only sufficient to amplify a signal (radio waves, telephone, television). Changing of the frequency characteristics is the energy-informational "attunement". Lots of the found "attunements" are not unique and have been known to a man for a long time and available as a result of other techniques. This confirms, once again, the truth that the knowledge is unified; there are only different ways of its achieving. The material structure of the body is a pure energy, i.e. the idea and the matter are identical. From the point of view of the quantum physics, there is not much difference between the fluctuations of the thoughts that arise in the same field, and the wave oscillations of the particles that make up the body. All our thoughts are some quantum events, the finest vibration of the total field, which has a profound impact on all the functions of our body. Knowledge has got some organizing power. Through the connection *mind – body* the knowledge affects the body and creates the health (the Main energy law). Knowledge is a great healer.

The universe is an infinite reservoir of the unimaginable power - and each of us is some expression of this energy. The secret of the access to our internal energy is in

the achieving of the balance. Our development is the basic condition for the survival. The progress in this area is stunning. This has become possible by the transition to the higher frequency levels. At the same time, we must remember that all our diseases are a consequence of our lifestyle, environment and relationships. Therefore, being healed, gaining strength and integrity, people must find some new reasons for their existence. The alternative for them is the self-realization and helping others. All of these new knowledge and capabilities will be able to be perceived by us only in the situation of our conscious decisions and personal development. We are required to correct the motivation of our actions, to have a high level of the awareness and accept the responsibility for our actions. The reorientation of the humans from the issues of the personal survival and well-being onto the problems of planetary and cosmic scale – this is a necessary condition for the further development and survival. A human's body is a reactor, distilling the material energy into a subtle, and further into a spiritual ones".

The model of the Universe created by the Russian academician G. I. Shilov also explains many parapsychological phenomena. The followers of the academicians P. P. Garyaeva and V. P. Kaznacheeva, being free from the dogmas and prejudices, explore the field form of a human's life, its multi-dimensional image-wave nature of the genetic code – a unique genetic structure of the cosmic wave antennas.

1.2 Energy of Light Forces as a continuation of Cosmoenergetics

"Energy of Light Forces" is a method of the spiritual and physical perfection, the next step on the path of the enlightenment of the Spirit, a new graph in the search of the holistic knowledge. The method of "ELF" contains the frequencies necessary for the making **diagnosis, maintenance and preservation** of a human's **health, activating the chakras** (energy centres of the human body), **restoring the aura** (subtle human shells), **purification from the negative magical impacts, intellectual, creative and extrasensory development, it also contributes to the achieving of a higher level of the life success and prosperity, helps solve the problems of people's lives from the position of the Highest Forces.**

Everybody can choose the way to the unknown world. This method is not for the elite. It is for people, who seek something high, light, Divine, are eager to develop their extrasensory and creative abilities, strengthen their Spirit, explore new possibilities. The method is simple, accessible, as close to people as possible, does not require any financial investments. The young in the evolutionary terms souls cannot still understand easily how to go to other frequencies, levels of the existence, but they can already develop themselves actively, gain good energies of the love and creativity into the matrix. Each person has got a mission in a particular embodiment. We all are missionaries, each in his own way.

The spiritual practice "Energy of Light Forces" has got a number of channels that can move a person, who has attained the realization, onto another, a higher level of the prosperity and success, as well as, there are a number of special channels that develop psychic abilities, their different facets and give shocking our imagination possibilities. The channel of the brain development helps in the development of the extrasensory abilities, too. People get some encodings of the new channels and some information from their teachers how to work with them after the initiation ritual.

The new method of the spiritual, intellectual and physical perfection "ELF" has got some completely new possibilities – of a higher order – which can be interesting for advanced people, having gone through the first stage, and just for people who seek the Light. People who have got the degree "Master of Cosmoenergetics" can receive some additional opportunities by initiating into the channels of "Energy of Light Forces" and initiate other people into them on their own. This spiritual-healing practice is not

intended to replace the professional medical care; though, at the same time, it can really help improve people's health, immunity, give some positive energy and mood.

Our common goal is to learn and to use our energy resources as much as possible! The physical shell of a man is perishable and will disappear in any case, that's why it could be better to do good deeds instead of becoming decrepit doing nothing useful for the world. Our world is made up of people; when they change for the better, the world also changes. The world needs people who express the virtue not only in the words but also in the deeds. The more there will be people of the Light, the faster the darkness will dissipate. The Highest see everything and patronize those who contribute to the restoration of the balance in the world of the energies. "There is nothing impossible for the thirsty mind" is a true Chinese aphorism. All of us are potential Gods! We do not know that we often worship ourselves – not those with whom we identify ourselves – but other, absolutely spiritual beings, the transformation into which is possible for everybody. A man has got a lot of capabilities and opportunities that are often not used. The new method of the spiritual and physical healing "Energy of Light Forces" provides an opportunity to show them in the fullest form.

Lots of outstanding people have thought about the subtle aspects of the birth and death. Their thoughts help us understand the dynamic processes related to the reincarnation. I accept the words from Kahlil Gibran's book "The Prophet", that has answered the question of a woman about her children so: "Your children are not your children. They are the sons and daughters of that desire which the life has got for itself. They go through you, but they are not from you; they are with you, but do not belong to you. You can give them your love but not your thoughts, because they have got their own thoughts. You can give a shelter for their bodies but not for the souls because their souls live in tomorrow, which you cannot see even in your dreams. You can strive to be like them, but you will not be able to make them like you. Because the life never turns back and does not live in yesterday."

The proposed in this book spiritual and practical method "ELF" is a new level of the work with the energies, channels. The new method is a kind of continuation, translational motion in the development; it does not discredit the whole well-known method of "Cosmoenergetics", but gives some new fantastic possibilities for people of the sixth race to move forward faster. This is an elevated level, a subsequent stage of the development in the exploring new cosmic capabilities. All channels of the new method "Energy of Light Forces" have been tested carefully and repeatedly in practice and give people just the Light, Good, pure creative energy and prosperity. The methodology of the work with the channels is simple and accessible, it is built having taken into account the knowledge about "Cosmoenergetics". The initiation into the new channels can be got from me by people who want to expand their capabilities, as well as, people who have come to the realization that they need this, who seek to be spiritually and physically healthy, become mentally and creatively developed, successful and protected.

The channels of the method "Energy of Light Forces" are not weaker than of the already known "Cosmoenergetics", a lot of them are much stronger than the previously known, particularly those which are from another Galaxy and other space Systems. A man has got low energy and is not able to estimate the power of the cosmic channels, which have an energy recharge of another level, not attainable for a human.

Everything in the universe is in development. In my real work, all is composed in such way that, in the process of the interaction with different space Systems, which contribute to a bigger and more comprehensive development of people appealing to them for help, new opportunities are constantly appearing, and I want to share them with other people who want to go along the path of the spiritual development.

In our human society there are already large groups of people interested in the esotericism, everything unusual, spiritual, cosmic. (Esotericism is a new philosophical flow, combining other mystical teachings: occultism, theosophy, numerology, astrology, magic, palmistry, bioenergetics, yoga. This Occult Science, available to people who have gone through an initiation rite, contributes to the development of a human's spiritual capacities. This is also some new knowledge gained by the contactees of a high level. Esotericism involves a comparative study of the great spiritual and philosophical teachings of the East and the West and using them in the real life). There are different methods of the spiritual development, but it is already not enough. Now people, besides their physical health and spiritual development, want to be more fully developed and successful and happy in the real life. It is difficult to talk about the high spirituality, when lots of people have got nothing necessary in their real life: housing, work, money to live on. In my work, I have faced a problem: people are able to perceive high, spiritual ideas, when they are provided with everything necessary. Here, we all need to understand: Gods exist to make the life of the light people harmonious and happy. The Hierarchy of the negative System and his Essences seek to attract as many as possible immature or impatient souls, in order to make them their servants, deprived of the creativity. So we must connect the two interested in each other parties – Gods and oriented to the Light people. All people who want to stop ignorance, who have understood their previous errors, who are ready to be cleansed and live in peace with themselves and with God, deserve the achieving of the spiritual and physical harmony. In order to interact with the high Essences, one needs a mediator, a conductor, who guarantees that the customer (initiated or aspiring to do this) will be connected with the Essence, that he needs, not with the Essences of the negative System, who like to masquerade as the light ones to pull away a person's vital energy, and lead astray. One person will take the initiation into the channel, that is necessary for his life, and, from time to time, contact with the Force of the same energy to solve the problems of the required spectrum. Another person, if he wants, will get a desired therapeutic session, having pre-booked an appointment with a healer, and after the cleansing of his energy, he will have the benefit, which he deserves according to his karma. People who will want to work with other people and spread the method "ELF" should become "Masters" of the method, have an individual space name (Ren) and the opportunity to initiate wishing people into the frequencies (channels) of the method. The initiations should not be expensive, because the profit from the trading this spiritual product is immoral. The price should emerge from the situation on the market of similar services, take into account the energy costs during the initiation, recovery of the initiator and necessary donations to the energy fund of the channels. We must always remember that, dragging the benefit onto himself, a person violates the Divine balance and loses many things at the same time: money, health, energy.

The emergence of various rapid techniques of a man's adjustment to the frequencies of the Earth and the Cosmos' energy fields is not accidental. Previously, these settings have been taking the adepts of various spiritual practices a lot of years, but now, at a time of the global transformation of the Earth and the Cosmos, the humanity is passed through the initiations with help of such techniques that are adapted to the consciousness of ordinary people. These techniques do not require extensive training. Today, one can easily understand the method in comparison to how it was before, because some experience in the work with frequencies has already been gained. A person, who has reached a certain high level in conjunction with them, can prepare and teach anyone for a few weeks to work independently with the energy fields of the Cosmos and travel in its different worlds. There are other effective techniques of the interaction with the frequencies, but they require a lot of time and investments from their adepts and do not provide any immediate effect.

The methodology of the work with the new space and planetary channels "Energy of Light Forces" implies some stages to achieve possibilities: "Master" and "Grand Master". Particular attention in the proposed method is paid to the creation and development of the light cosmic army, a book about it is already ready to be printed. This section of the method can be attractive for people who want to be spiritual guides for others, serve the Light, the One God, help Him restore the disturbed balance on our planet, resist the evil. People initiated into the stage "Master" of the method "Energy of Light Forces" are offered to choose between the medicinal and magical possibilities the ones that are the most preferred for them. "Grand Masters" will have initiations into some rare magical possibilities. For the highest adepts – "Warriors of the Light" – there will be special privileges, exclusive opportunities.

The channels of the method "ELF" can be interesting for people who have got the possibilities of the practical method "Cosmoenergetics" for further improving of their skills in the work with the frequencies and finding of some new opportunities, as well as, for people who are far from the existing in our reality spiritual practices, for the individuals of all ages who want to grow personally and change their lives for the better. I guarantee that all new followers of the practical method "ELF" will be connected only to the light frequencies of the Earth and the Space. This will contribute to their full development in all spheres of the life, spiritual, physical health, and maximum self-realization.

There are some executive powers of God. They are the Light Forces. The Light Energies are love, faithfulness, kindness, honesty, loyalty, sincerity. People should learn how to recycle the energy of the evil into the good one, explain children patiently some important things of the life, send the energy of the good and kindness, hope for the transformation of the soul and reincarnation. Clarify everything dark in yourselves, monitor negative things, eliminate them, or the evil will destroy everybody and everything around. All of us must fight with the flaws and vices of our nature, free ourselves from the darkness inside and be cleansed from the external evil. In every man, there is a spark of God. The Highest say that human souls are mostly sleepy and lazy... We must learn how to deal with the negative emotions, forgive, let them go. It makes no sense to respond to other, narrow-minded people deeply, allow them to destroy us, sink into the darkness. If everything around upsets us, it means that life itself is a real frustration for us. The discontent with the outside world is the discontent with the reality created by God. Maybe, it's time to deal with ourselves, our spiritual plan. There are standards, rules of the living in the world. When a person violates them, he gets under the influence of the karma and can change his destiny for the better only by changing the negative attitude towards the life to the positive one. There are two processes of a human's development in the earthly world – evolution, when a man cleanses himself from the low vibration, and involution, when he is clogged with such vibrations. People are destroyers and builders, both in one.

When I just entered the magic field I used to hear that, in addition to the possibilities offered by the method "Cosmoenergetics", there are some very advanced people who open new possibilities in the discovery of the space and planetary frequencies. Then I was surprised, and now I have got at my disposal a number of new light channels, some of which have come to me for themselves, wishing to help me in the work. They signed me that I could take and use them. I tested them, checked repeatedly in the work with the customers who allowed to do this. Thus, I have got a lot of new opportunities that I partly propose in the method "Energy of Light Forces." This method is not something immutable, the composition of the channels will be supplemented and updated continuously. For all desired there are also initiations into Tibetan, Indian and Egyptian channels. My advanced students are already involved in the process of the opening of the new frequencies, and the next ones will also

contribute to the discovery of the Cosmos and those great opportunities that are willing to be present for the seeking, light, aspiring people.

The more there are light spiritual techniques, the better it is. The new spiritual and healing method "Energy of Light Forces" has got the opportunities of a different level for the advanced people who have passed the first stage. In this method, there are two techniques: one is for the advanced people ("Grand Masters", space warriors), the other is for usual people, not very much familiar with the existing spiritual practices, its aim is to facilitate their real life and strengthen their health. It is difficult for young souls at first to understand how to go to other levels of existence, but it is already possible for them to develop themselves actively from one incarnation to another, gain useful energies into the matrix of the soul (incarnation is the idea of multiple births (incarnations), in order to undergo some lessons, gain new experience, develop new abilities and correct previous mistakes. Each incarnation has got a specific task, can occur at different levels of the universe. When a person "grows" to the point when he breaks out of the "wheel of sansara" (the wheel of sansara is the cycle of the reincarnations), he is waited for by the incarnation in a subtler, higher world. If a person persists in his sin, then he is waited for by the incarnation on the Earth or below it for the development or further degradation. The soul from one incarnation to another gains some necessary experience for the further development, knowledge, skills and quality. With the development, a person has got less and less interesting things on the Earth. He is being freed from the passionate affection to the worldly values and all his aspirations are sent up to God. The wheel of sansara, then, is ruptured and the person's soul is released into a subtler planes of the existence. Nirvana is the end of the incarnations (rebirths). There are different stages of awakening in it. The highest stage is Buddha's state.

The new spiritual-practical method "Energy of Light Forces" is for all people, it is maximally simplified and made closer to people. The method was created being based on the needs of those people who wanted to contact me in order to receive some help. People's needs can be various. Someone wants to be cleansed, healed, to gain the light, pure energy, and that it is enough for him. Someone wants to acquire some powerful protection at the same time, because none of the methods and spiritual practices available in the market of the magic give people the effective magical protection. Someone yearns for justice but is afraid to be on the dark side in the heat of the passion and becomes initiated into the channel, carrying out a just punishment of the offenders, which gives the initiated in this channel person some peace of his mind and relaxation. Someone wants to interact with the great Divine Essences, representatives of other cosmic civilizations, have cosmic friends and mentors, but this needs some developed psychic abilities and a high information channel, which does not require long, exhausting physical strength, developments. Someone wants to be developed creatively and spiritually, and receives the initiation into a channel of the creative inspiration and spiritual advancement. Someone wants to develop his brain to the maximum limit, shake people around him with his energy potential, and today it is quite possible. Someone sees the sense of his existence in the service to God, to the highest Forces of the Light, the Cosmos, and wants to be a light space warrior. I have a special, reverent attitude to such people; they get special features, and have the highest protection on the Earth and in the Cosmos. Someone has a desire for the success and prosperity, and he can have all this without selling his soul to the Devil, remaining on the light side. Healers want to find some healing power without regular pilgrimages to the places of the Power and get initiations into the corresponding effective channels of the healing Force. Some people, especially public ones, want to be cleansed from the accumulated every day negativity, and this has a great sense not only for them but also for all of us: both readers and viewers. Women want to be young, charming, attractive

and sexy, and, in achieving or maintaining it, there are helpers for them in the form of the channels, which will develop libido, contribute to the rejuvenation of the cells, fertility, marriage, happiness in a personal and married life. For the lovers, there is a pulse channel, connecting them in a moment, giving the opportunity to feel their relationship to each other. Every sane person today can and has the right to be self-sufficient, healthy, successful and happy, and the communion with the new healing and developing spiritual practice "ELF" contributes to this.

For those who want to learn a foreign language, for example, we must find out if the desired language is in their matrix. It is possible to open one or another cell of the matrix with help of the channel of the brain development. One can take the initiation into a channel, which helps to study foreign languages. Then, the person will learn (remember) a desired language much easier, teach himself to tune into this memory reserve.

If you want to change your lives for the better, dispose of the negative emotions with the special channels firstly, as well as, of some negative magic influences and destructive programs! (Keep in mind that all failures are the lost energy, they are the reason of a human's irritation; the tension occurs because of the return of the energy to the dark forces, so a vicious circle is created. To get rid of it, you need to have the faith, the initiations into the Forces of the Light, powerful magic defense and the opportunity to be energetically cleansed regularly – both yourselves and your home).

If you want to become **healthy** and **energetic** – get initiated into the channel, impregnating with the energy!

If you want to be **successful** – become initiated into the channels of the success and prosperity!

If you want to become a **famous** person – get an initiation into the channel of the creativity and inspiration!

If you want to be **wealthy** – go through the adjustment to the money flows, get initiated into the channel of the wealth and prosperity!

If you want to increase your **spiritual level** – I am ready to share my knowledge and capabilities with you, contribute to your sooner enlightenment.

If you want to become a **healer** or a **psychic**, a **medium**, do the **diagnosis** of the karma – I will help you in this! Become a white magician, a man for whom everything impossible is possible!

The despair does not exist! Wake up and change your life for the better! Investing in yourself, in your development is the most rewarding activity! With help of the cosmic energies, focused on the Light, lay a program of the welfare, health and success into yourself, become harmonious, confident in your abilities and potential!

There are usual and initiated people. The meaning of the initiation is in the ability to adjust your body to the perception of some specific frequencies (cosmic vibrations, channels) with medical or developmental purpose. Expanding of the awareness leads to the production of new knowledge and skills. A person who has balanced his energy structure gains some strength, clarity and confidence. He gets rid of the negative emotions, contributes to the success in business and relationships with people. This is due to the right relationships with the progressive, light frequencies of the Cosmos, which contributes to the evolution of a man. The initiated person becomes confident, responsible for his actions; he learns how to control not only his actions but also the thoughts. This promotes strengthening of the balance, cheerfulness and independence in the society. A favorable field is formed around such people, and this field effects on the others positively.

The initiation (initiation - lat.) is a ritual, a ceremonial reception into a secret alliance or a practical spiritual method, it is called the second birth, because a human learns to see, hear and feel again, in a new dimension. The connecting to the

frequencies causes a change in the parameters of the brain waves, results in the expansion of the perception of the environment. An initiated person should align with the obtained cosmic frequencies necessarily. Earthly and magic channels do not need some operating time. Before the initiation into the light channels of the Earth and the Cosmos, one must go through the sessions of the energy cleansing, refuse to interact with the dark forces.

The method "Energy of Light Forces" of the spiritual and physical health involves training of the advanced adepts who wish to reach the stage of "Master" or "Grand Master" of the method, become healers, psychics, mediums, do diagnosis of the karma. The methodology of the work with the frequencies is built on the principle of the first spiritual system: firstly, medical channels are learned, then – magic ones, and after that – the frequencies of the block of "Masters" and the frequencies of the highest adepts – Light Warriors. In the new spiritual method, the focus is made on the magical protection of different levels, psychic and creative development, as well as solving of the real life problems of the initiated people and their potential customers. In this method, only clean, light, repeatedly proved in the practice frequencies (channels) will be received. (In order to achieve some clarity in this important issue, it took us an enormous amount of the time and energy. Some of my advanced students also helped me in the creation of the new method actively).

The Grand Masters of the method "Energy of Light Forces" can give the initiations into the method's frequencies to the new adepts in the reality, mentally, through Skype, by mental images or pictures. Details of the receiving of the services in the tradition of the spiritual-practical method "Energy of Light Forces" can be found on the site www.energy-forces-light.com.

The initiation of any sane person to the light healing and developing channels (frequencies) is good and useful in his life. Each channel has got its own possibilities and an access code. When a person becomes initiated, the Highest see him immediately against the background of the crowd. His aura, subtle energy bodies, high-quality components of the matrix are changed, he is tuned to a specific frequency, the process of the spiritual transformation starts, high-quality components are gained in the matrix. But an initiated person, at the early stage, can go back in his development, to the Devil's negative system. The dark forces (Essences) try to hinder the development of the light people, act on them through the circumstances and negative influence of other people.

The initiations into the light cosmic and planetary channels output a person to a higher level of the perception; this makes him younger, he glows from inside, is on a high wave, lives in a spiritual stream and affects people around him lightly. Many people, frustrated in the life, seeing a light person, are cleansed energetically, and their spirit transforms. Thus, an initiated person sows, spreads around him the light energy. The Grand Master who gives an initiation to somebody should familiarize the intelligent channel with the new adept, vouch for him, promise that he will know all the rules of the cooperation, refuse to interact with the dark channels (Essences) of the negative Devil's system.

A lot of people today, especially young people, want to go into the informational field of the Universe, contact with the great Essences of the Divine Hierarchies, with the Saints, and representatives of other space races. To achieve this, the initiations into the information channels are required. In "Cosmoenergetics", information channels, earthly and cosmic, are being gained for a long time: firstly, one channel is gained for 20 minutes, then the other – for 20 minutes, and then the integration and gaining of both channels occurs. Usually, such significant obstacle in understanding of the opportunities of the method can be overcome by not many adepts. In the proposed spiritual-practical method "Energy of Light Forces", there are information channels, which give the output

into the Universal information field, and do not require from their adepts long operating time (maximum 7 sessions of 20 minutes), and we can be sincerely happy for the adepts of these channels! Amulets in the tradition of "Energy of Light Forces" are charged to work for 3 years instead of 3 months, as it is in the method "Cosmoenergetics". The initiated person, by the way, must be cleansed energetically before he will recharge any object, and the object must be surely cleansed energetically before getting charged, too.

The spiritual-practical method "ELF" has got some healing and magical channels. All the willing, without the participation of a Buddhist egregor, can be initiated into the new magic channel "Grand Masters" of the method. Some books and manuals of "Cosmoenergetics" write that, with the opening of the channel Firast and Faroon, Buddha opens automatically. We must bear in mind that they are individual channels, although they have got a certain relationship, their energy goes to the intention, suggestion, but it is better to open each channel in the main session separately. Each healing channel must be gained. Those people who claim otherwise have a point of view different from the reality. It is possible to reinitiate a person if he (or she) changes the mentor – teacher. The reinitiation is some exchange of the energy, a corresponding attunement with the channels. The vibrations' frequency changes in this case, but a special ritual for this is not necessary. A teacher of a lower level than the previous one is unwelcome, this leads to the student's degradation.

The **medical** block of the frequencies in the method "Energy of Light Forces" includes some healing cosmic and planetary channels, the help of which can be got by the clients when they sit.

The **magic** block of the new method's frequencies includes some magical channels of the great Cosmic Essences and a strong magical defense.

The block of the "**Grand Masters**" frequencies includes some channels of the Force, of the highest healing, powerful magical protection and other space Systems.

The block of "**Warriors of Light's**" channels includes some channels of the highest protection. Cosmic warriors can also receive various exclusive magical possibilities of their choice.

The initiation into the "**Master**" and "**Grand Master**" of the method "Energy of Light Forces" is carried out during a single visit.

The "Master" of the method is a degree of the preparation, suggesting the presence of the initiations into the basic medical and magical channels + the channel of the magical defense.

The "Grand Master" of the method is a degree of the preparation, suggesting the presence of the highest medical channels and highest magical channels + high magic defense + the channels of the extraterrestrial civilizations. After the initiation into the "Grand Master" of the method each adept is given a "Ren" – an individual space name, thanks to which he is recognized by the entire Cosmos.

A **Space Warrior**, a "Warrior of the Light", is the highest adept, having the highest level of the achievements in the method "Energy of Light Forces", suggests the presence of the highest and the rarest magical possibilities.

The created by me new method "Energy of Light Forces" is not something immutable. Over time, there may appear some new advanced possibilities, I will inform all interested people about them on my website: www.energy-powers-light.com

On the site, there will also be placed the names of those people, who have been initiated into "Grand Masters" of the method "Energy of Light Forces." This will be done with the goal not to allow irresponsible citizens to speculate on other people's achievements, deceive gullible people. Those people, who want to keep as a secret the obtained by them capabilities of the method, will inform me simply about this later. For the subscribers of the free magical newsletter, magical advice and a lot of other useful,

including contact one, information will be sent. In the proposed method, there are many other applied methods for the work with the clients, everyone will find something suitable for himself. Waiting for help people will be able to receive some individual initiations into the channels of the health, purification, magical protection, spiritual growth and financial prosperity. Not everybody can and wants to become "Grand Master" of the method. But all of us are special, exceptional cases, worthy of the attention. For all people, every way to the happiness, health and success is open! The ability of the interaction with the light space and terrestrial channels is the heritage of all mankind, not of some individuals.

1.2.1 The common ground between Cosmoenergetics and ELF

Vladimir (Alexandrovich) Petrov welcomes the creation of the new method "Energy of Light Forces", which he calls the "next step in the development of the spirituality, enlightenment and finding people's cosmic consciousness". I suggest you to get acquainted with his parting words to the people of the Light: "Healers and psychics working from the positive System of God, you are doing a large, important work, sometimes without being aware of its importance and value for the people! Do invest your power into those people, who seek to develop themselves, they are seen at once. When you work, you must tell yourselves, that everything, what you do, you do for yourselves, then, you will not have a grudge against people, and negative reactions onto the difficult situations that sometimes occur in the work and relationships with people. If you work with people, and these people are for you, then, they will leave. It is necessary to change the setting – you need people, you want to help them, it does not matter for you, what kind of people they are. When you help people genuinely, then they will tend to you, to the place where they are waited for, where someone delves into their problems. The times are hard now. The attacks of the dark forces will increase in the coming years, because there is a transition of the planet to a new orbit. Prepare yourselves and be strong! Superiorities between the positive and negative Systems get harder. Forget about those people, who disturb, create obstacles on your way! Do not be afraid of them, do not waste time and energy on empty people, let them stew in their own juice. Take care of yourselves, continue to grow, develop your psychic abilities! Good luck to you on your hard way!"

The relationship between the human and the Cosmos is carried out by means of specific frequencies (channels). The entrance to the new spiritual system, magical area, is the same as in the method "Cosmoenergetics", through the universal Buddhist egregor, while the balance is not disturbed. Buddha can heal; his universal wisdom is riddled with the infinite compassion. Some religious people often ask me why the entrance to the magical area is made just through a Buddhistic egregore, not through a Christian one. The thing is that Buddha is more gracious and generous in relation to the ordinary sinful people, what we are at the beginning of the spiritual path, than Christ's egregor, assuming a more advanced level of a human's spirituality, so not every common person is let into the magical area. (Jesus Christ is an eternal Soul; he chairs God's Spiritual Hierarchy. Two thousand years ago, he came down to the Earth, and we all remember how it ended. Jesus Christ is the primary Divine Essence, opposing the dark forces of the negative System, and we can always appeal to him for help and protection from the evil forces). An access to the space and earthly channels is an initiation. Each **channel** is a **certain range of the energy and information qualities**, it performs a specific function. The channels' energy cleanses, heals, corrects the psyche for the better, provides some energy and information, harmonizes and reveals people's creative and psychic abilities. A man becomes a "receiver" and a "transmitter" of the energy of these channels. He cognizes himself and rises to a new level of the cosmic consciousness. He develops his mental power and becomes the creator of his destiny,

lives in a rich spiritual and material world, contributes to the development of others, even those squalid ones like drug addicts and alcoholics.

1.2.2 The difference between the ELF and Cosmoenergetics

The presented in this book spiritual and practical method "Energy of Light Forces" is a new step in the mastering of the earthly and space frequencies for the benefit of those people who want to develop themselves and use the method's channels in order to solve their life problems. To use this method's frequencies, one only needs an initiation. The new method "Energy of Light Forces" includes **only light channels** that carry the good, the Light, some pure healthy energy to people. A part of the previous method was represented by the **dark** channels, what I wrote about in my book "I know!" (about the work of a psychic-healer with the channels of "Cosmoenergetics" and about the laws of the magical world), published by West-Consulting, 2010, Moscow.

The well-known method of the spiritual and physical perfection "Cosmoenergetics" is overloaded (due to the commercial purposes) with some unnecessary in the life of people channels, which are often dark ones, though the most of the channels of the method "Cosmoenergetics" are highly effective now and will be useful in many life areas in the future. Both methods do not contradict each other at all. I have got a degree of the Grand Master of "Cosmoenergetics" but I want to move forward and contribute to the furtherance of other people. I hope that the younger generation of the new, sixth race will open up some new exciting opportunities for the inhabitants of our planet, and I am ready to help them in this and support fully!

The method "Cosmoenergetics" continues to serve people. It actually contains all the magical possibilities, both light and dark ones, which existed at that time, when this method was created. About the dark channels of "Cosmoenergetics" I wrote in my book "I know!", in the section "Clarifying information".

Everyone can obtain all services within the method of "Cosmoenergetics" by contacting my website: www.magicchannels.com

2 About the healing

The healing is a particularly attractive area of the application of the forces in various spiritual and health practices. All people want to be healthy and energetic. Everyone, if he desires, having mastered some useful space frequencies, can become a healer for himself and his family and not depend on others in the future.

There are **three** types of the diseases:

1. **incurable**, which one has to endure until the karma runs out, that has caused them.
2. **curable**, when the recovery can occur by the fulfillment of certain methods of the **purification from the infiltrated essences**, because any medicaments are useless in this case.
3. diseases, **curable by the conventional medical procedures**.

A disease can be a remedy for the soul, can help a person get rid of some arrogance, purify himself from the negative karma, motivate to do good deeds.

Everyone should understand what refers to the right thinking and what to the negative one. A right, positive thinking brings some health and happiness, and a negative one – only sufferings. Health is connected with the way of a human's thinking. But the disease can also lead to the enlightenment. We must try to rethink our attitude to the life, the way of thinking and acting. The beginning of everything, both the good and the evil, is in the mind; then, it is necessary to develop the mind, brains, which is possible today with help of the space channels, sent to us, people, from the Supreme mind. Many people often ask me why God does not protect us, sends diseases and adversity. The answer is: because we often do not deserve a better destiny. We must

be cleansed from the negative karma, having developed some antidote in the mind – the acquisition of the spiritual realization, enlightenment. We should also get rid of some subtle flaws of the consciousness.

If a person does not find the force in himself to cope with the problem, he can apply to an experienced healer (psychic). The moral healer, who has got a huge potential, is able to help the client get rid of the negative essences. This should be a person, believing infinitely in One God, in Jesus Christ, Buddha, Mohammed or any other Essence of the Divine Hierarchy. This requires from the Highest Forces to give him some full support and assistance.

In our life, there may be problems that cannot be solved, for example, a deadly disease, a break in the personal relationships. Then we must accept this situation and live with it further. Sometimes, it is necessary to understand that you are a weak man to strengthen your Spirit in the future. We must perceive our problems in a positive manner. From a spiritual point of view, the problems do not exist at all. This approach can transform the mind. The problem can be turned into a joy, if you see it no longer as a challenge, a negative side. Trying to see something positive in the problem can become a source of the growth, otherwise, almost everything can become a problem.

A lot of people in the world are seized by some pride now. These people are annoyed even by the idea of the interaction with a person who can help them wake up, help really in the development of the compassion and wisdom on the path to the enlightenment. But if you do not fight with the pride, using effective cleansing practices, it can take far away, up to some disease and insanity, when you do not accept the responsibility for the work of your own consciousness. The ignorance is the root and foundation of all defilements of the consciousness (flaws, negative emotions). The diseases' sources are ignorance and anger, too. They are poisons for our mind. A deserved praise for an unpleasant for you person, for example, challenges your arrogance, and is an antidote to your pride.

It is important what thought a man leaves his home with: either he goes to work searching his personal success or wants to help, be useful for other people. When a person thinks only of himself, he is tense, and this leads him to a stress, his face has got a strained expression. It is useful to remind yourself that you are on the Earth to take care of all the living. This idea will remove the stress and raise your mood. With this attitude, all the moments of your life will be the causes of the happiness and bring you good health, and your life will make sense.

A stress can bring a person to the schizophrenia. When we meet a sorrow or great suffering, we pass our first life exam. Schizophrenics are often people, possessed by some essences, bigotry, anger or some excessive affection. Negative essences harm a person if he caused some harm to others in his previous life. A wickedness returns to the person who has performed it. When a human's mind and soul are pure, no one can harm him. In Buddhism, for example, it is believed that the malicious spirits are the dark essences, which act as the external conditions of any disease, that's why a patient is recommended to get an initiation into the practice of the channels (light Divine Essences) that can protect from the effects of the dark essences and cleanse from them. To get rid of the disease, one must possess some cosmic consciousness, and cleanse his mind from all negative, which is achieved through the special channels.

We all live in the period of the decline minds, degradation of the humanity. People's lives have become chaotic. We must realize that our lives' phenomena are often transitory: bodies, affection, property. People exaggerate the importance of the body commonly. They gratify the body and forget about the soul. The sexual promiscuity brings people only problems. The affection to the partner that goes from the self-love makes a person feel unsatisfied. Losing a partner in the life, we feel some pain, because it is painful to our self-esteem, so we should blame our own self-interest.

Striving for the attainment of the wealth, we forget that the spiritual progress is hard for the rich, they have got too many concerns, including about the maintaining and augmenting of their wealth. Clinging to the things and phenomena, a man does not accept the death, is afraid of it, thus, he rejects the nature of the reality. The death can overtake a human at any time. No matter, a person is healthy or sick, an accident can happen to him. If you feel quite healthy now, it does not mean that it always will be so. It is possible to cure an appeared disease, but it'll be back, if you don't heal the soul. Diseases stem from the selfishness, ignorance, affections, anger, and other defects of the consciousness, from the negative actions, emotions and speech, which leave some negative marks (prints) in a human's mind. Under the influence of the laziness, a man cannot perform his life program, can waste time on some trifles. Having a choice, abilities and opportunities to make the life better, we can look into the future with some hope. We can transform our consciousness, learning to work with the potential of our brain. The causes of our diseases are internal ones. Scientists came to the conclusion that people's health is determined by their attitude to the life and the state of their minds largely. Cultivating positive emotions, one can heal the most severe disease. Buddha's philosophy and Jesus Christ's morality correspond to the scientists' conclusions. The Holy Fathers of the Church call people to keep their souls uncomplicated, to achieve God's grace, to acquire the eternal life. People, like the Holiness Dalai-Lama, are an example of the kindness, wisdom and compassion, a source of the peace on our planet. Thanks to the prayers of the really faithful people, the Light on our planet is not extinguished yet...

Before you will make your plans, realize your ideas; you should analyze them carefully. We must remember the sense of our life, the program given by God, it's our universal duty. It is necessary to discipline and protect our mind, and thus, preserve the health and lead the soul to the full enlightenment. If you do not transform your consciousness, you have to go through a lot of suffering. Even being ill, a man has got a great potential for the spiritual growth, accumulation of the light qualities in the matrix.

Some alternative methods of the healing are meditations; cleansing practices should be used by all people. After their performance and the energy cleansing, the comprehensive healing begins to act better. A medicine from one disease can lead to the development of a new one. Some additional symptoms of the disease appear which complicate the healing. An improper diet, invisible negative essences of the subtle world can affect the disease adversely. The dark essences interfere in the healing, can make medicine ineffective. Then, it is necessary to expel the dark essences; the treatment will bring some positive results thereafter. If a family has got a child from the negative System, then, these people must know this and give the child what they should give, due to the status of the parents. This means that the parents have got a karma that must be exhausted. They must accept the status quo and perform their duties (the parents' duty), try not to give up, endure this life situation to a certain point, age. The connections (dark essences) must be driven out of the child. When a mother comes with her child to a healer of the positive System of God, the healer must see what kind of the child has come and where he or she is from. Children are the future generation of the Earth. They are different because of the circumstances and can be from the negative System, having a particular program. Not everything depends on the parents in the upbringing of their children. Some children are impossible to be brought up, because they are incomparably more advanced than their parents. Such children should be treated like some adults. If a child has just come from the animal world, it is easier to bring him up, he is more malleable, but cosmic souls are like adults, their characters have been formed earlier. You must not make children dependent on yourselves; the authoritarianism in the education is a bad deal. A lot of ignorance is still saved in people's attitude to the education. Parents are intended to support their children on the

first stage of their path, then, the children will develop themselves independently. Cosmic souls come to the earthly world to make some necessary developments to the certain energies into the matrix and are subjected to the highest Hierarchy of our world, as an employee submits to the employer. Then, these souls can go to other subtle worlds. A complete freedom from someone else is a delusion. It's necessary to view each individual case, because a lot of components are composed in a particular person differently.

The Highest consider that a healer means more than a doctor. A doctor relies on the medicine while a healer – on a prayer, God's response. A healer transfers some Force, energy, to the client through himself, being its conductor. He does not treat the customer himself, the treatment is performed by the highest Force through him. A healer must be able to speak well and communicate clearly with the customers; all people should be equal to him, because, in every man, there is a charisma. In each client, a sense of the Divine presence must be developed, and the work of the healer must be perceived like God's work.

From the point of view of the Buddhist philosophy, there are **four** kinds of the tantric activity, which a healer-physician should perform with his customers:

1. **pacifying** (harmonizing),
2. **increasing** (developing),
3. **imperious** (orienting to the Light),
4. **angry** (cleansing the clients from everything negative in them).

For those who develop and improve, Space opens lots of the knowledge and shows a way to the cosmic being. The channels are some subtle energy constructions, crystals, through which the passing energy is refracted and transformed. The channels work on everybody in full force, especially on those who often open them. The channels like when their energy is used, when in their wards' lives something positive occurs and they are developed actively. The channels can be opened even when a man lies, due to the situation; they read this information, connect and work properly. When, while working, the name of some channel "knocks" into a healer's head, then it is necessary to open precisely it. Those areas, where the energy sessions take place, are zones of the high energies. The channels remember how many times they have come to a specific person. The cost of the treatment and services must be coordinated with the channels by the healers. They see when an initiated person, for example, buys them flowers or makes donations to the church. Wherein, it is necessary to pronounce the intention and say your name. When, under the channels, in front of the eyes, some purple light appears, this indicates a link with the magical world, a strong intuition of the initiated person or customer.

For the attention of the healers, I offer some advices on the payment for the space channels' work: for the healing channels, the amount of the donations for the conducting of the session (10% of the amount of the received fee) is suitable in the most cases. Some healing channels of the high space Systems require more contributions to the charity than the healing channels of the Neutral Medical System, but they perform a great work. The channels of the magical Essences want to have the amount of the donations into their energy fund more than the medical channels do. All depends on the work's quality and the channels' level. It is necessary to clarify such issues directly with them while working.

A customer's healing is performed through the conductor of the Divine energy – an initiated healer. A healer can become an effective channel for the healing. (I sometimes read about the specialists in the field of the non-traditional systems of the healing and wonder how he or she positions himself or herself as a healer and an exorcist at the same time, while these are mutually exclusive categories. The exorcist cannot treat people).

The priests' attitude to the healers and psychics is traditionally bad. This is because some people endowed with the abilities and possibilities have used them primarily for the evil. The healers and psychics are different, but the church fits them all into the same pattern. (Everyone knows, for example, the healthy effect of the bath procedures on a human's body. At the beginning of the IV century, the church banned from going to the bath, like a sinful cult of the body, like an institution, violating the morality. No wonder, this period of the European history is characterized by a large number of the epidemics, mass infectious diseases).

The attacks of the philistines onto the psychics and healers are their own problems. Some people can be the instruments of the negative System, and as for the ordinary people, they are not cleansed, their consciousness is not great. One should have some spiritual eyesight to distinguish one from the other. Even seeking, initiated people are initially actively shaken by the dark forces which draw them away from the chosen path; these people cannot see the truth or do not want to see it, do not think of it. Light people have been wishing to develop spiritually at all times. This is a constant nagging search, a special psychological type of a human which is formed by his soul, the matrix. Every person has got an inherent desire for the knowledge. God wants a man to have more light, in order to be like God, his potential, power, and to fill the matrix with the light energy. God has laid the foundations into a human, all the rest he must do himself. God wants people to be strong, spiritual, having a wide soul; he wants them to be creators, inventors.

A healer from the positive System of God brings people the truth, some great blessing. A great man inspires other people the greatness just by the fact of his presence. Some people should be repeated something important things during the sessions many times, they will appreciate this knowledge when get into some critical situations. People do not sometimes understand what happens, they are led by some certain Forces, and do not often know what Force leads them. Such people do not want to change, strain, they want other people to work with them, improve their condition.

An initiated man, healer, psychic should not worry a lot about what other people say and think about him. The main thing is to go to the selected target, do not lose yourself. Your own soul must be listened to at first. Other people's preferences and attitudes can lead you far away from the goal. What to be, what to do – you must choose this yourselves. Do not try to match the mood and the requirements of others. People themselves are often confused, desperate, do not know where they go, the society affects and dominates them. If everyone knew his way, his life program ... People themselves are often entangled in the real life and want to confuse others. They can "turn on" an initiated person, dilute him with some emotions, so he cannot stand, wastes his energy, and then, will have to recover for a long time. The fewer words and emotions an initiated man has got, the better it is for him. A light person will not demand too much attention and time from the healer during the session. To help him or not is a choice of the healer, his good will.

Those healers who have got medical channels of the Buddhist unit in their arsenal can open more than 5 channels of the Buddhist unit during the main session, but in this case, the session can be made shorter. If negative energy is pulled from the parts of the body or normal functioning of the chakras is restored in the session, then, this process must be finished necessarily, the client can sit in this case.

A healer, in the presence of the pure intentions and a high level of his Spirit, can receive the lessons of the healing from the highest Forces through the prayer, initiation. The healing with help of a sound, hypnosis, charged water is a part of the spiritual healing.

A healer must have a suitable place for the treatment sessions. In the accumulated some experience room, subtle forces are involved better. The room, where

the reception of the clients is done, must be designed only for that. A healer should sit facing East or North. Healing flows must go from the top to the bottom, so a healer should sit a bit above the client. The energy healer is a transceiver channel of the solar energy and of other space planets.

A healer should not be violent, too emotional in dealing with people. He must have a clear mind and a positive attitude at work. He must be calm and compassionate. His fear and concern about the customer can be transmitted to him and harm the common cause. A client should be relaxed a bit before the work, at first he should be talked to about something extraneous. The client must be prepared to cooperate with the healer. A healer must have some compassion, knowledge and a system (method) of the healing. The compassion is a good healer. The presence of a compassionate person supports and cures the patient partially, fills him with some joy, peace and confidence.

A healer should start the treatment with himself, be energetic and restored before the work with his clients. Needy people, pensioners and people with disabilities must be provided with some discounts of the services, so the help must be available to all light people.

From the elderly customers, the healer must close himself in the sessions, using the magical defense. They are often of the "Soviet" sample, envious to the youth, beauty and opportunities, energy vampires, having accumulated a lot of problems, ready to throw them down at anyone. Elderly people are often very disquieted, that's why they see and hear nothing during the sessions. In the working with them, it is difficult to achieve a positive effect, because they have accumulated so many problems in the life that it often seems impossible to solve some of them. You can only cleanse them energetically, alleviate their suffering, which is also very good. They tend to present themselves sinless, as if they did not wish bad things anyone in their life, but are ready to judge everybody and everything, so it is not surprising that they have usually got a lot of accumulated diseases. After their visits, a healer must be energetically cleansed and restored especially carefully. (One of my elderly clients wondered for what sins she had got so much sufferings, and two minutes later expressed a hope that her son-in-the-law would be put in jail for a long period of time). Though, at the same time, the elder people who believe in God and are focused on the Light must be provided with the full support, because the official medicine refuses to cure them, nobody often needs them, including their relatives. Even before the great transition, it makes sense to cleanse a man energetically. We cannot let the frustration obsess people, condemn them to the despair, loneliness, and loss of the Spirit. We all need each other and God needs us.

If there is such a wish, one can provide some free psychological assistance to poor people. Using the channels, it is necessary to charge a fee for it. The charity is partly available, but it is necessary to agree about it with the channels in advance. Wealthy people must pay more than the poor. Sometimes it is not necessary to approach to a person and help him (for example, when the person is dark). People with the connections harm the healer unconsciously, effect him negatively through their emotions. Essences do not want to leave their homes and take their revenge on the healer, so they "take away" his energy. Each case must be viewed individually. The help can be offered to a person not more than 5 times. Do not obtrude yourself ever! A healer should always listen to his intuition.

The amount of the energy expended for the work with the channels depends on the client, who is treated by the healer. A dark man takes the greatest amount of the energy. A healer from God must not cure such person.

Deductions for the charity – 10-15% of the total fee, the value of a customer's visit – should be paid during three days. It is better to do it quickly like a benefit for

yourself: you're worried about it and give back your energy again, and this is not good. The donations must be done with some joy of a pure heart, not because it is necessary. You must share with those people who are more in need than you. Doing this means taking care of your own future, because, after the giving, an award from the Highest overtakes the giver. In order to get something, you must give something back. The occult law states: it is impossible to get something, if you are not ready to give something.

I remember a case in my work: I had got a student, an advanced from the nature person; she saw and heard everything, used to speak with the High Essences at the sessions, got useful tips from them. There was a moment when she asked for some well-being, for the solving of her problems from me – a conductor of these channels. This usually occurs when a person is cleansed well, having come to the realization of many useful things in the life. "No problems, – I responded, – now I will draw a great Essence to you, and you'll let it know what your request is. As for the payment for the service, we'll talk about it later". I opened a high space channel onto the young woman, and, around her, a glowing orb appeared that spoke to her and asked her what she wanted. "I would like, – the woman said, – to have an apartment larger than the one in which my husband, my child and me are living now. I also want to have a house on the ground and my own business!" "No problem, – the channel said, – you'll get it all in a short time, just behave properly, develop!" At these words, it disappeared. My student was overjoyed. Later, during the training informational session, my students and me, among other things, asked the aforementioned channel, how much it wanted me to give into its energy fund for the service of the requesting women. "Take ten thousand rubles from her, the third part give into my energy fund of the development. I will create all conditions and circumstances, pull the right people to fulfill the desire of this woman". Soon, I sounded these conditions for my student, she was indignant in response: "We did not agree so! I do not want to pay so much money! Maybe later, I will think" "No problem, – I said, – let us forget about your request, I will close the topic". And, indeed, I closed it, having explained the channel this situation. My other students, who were the witnesses, concluded "in chorus" that this not poor woman had harmed herself seriously: now, what Force she would appeal to, each of these Forces would know that she is a freebie lover, since this episode of her life is recorded in her matrix for ever...

For the channels, it is equal for whom to work through the healer, it's possible to do this even by a mental image, but then, these people will simply go without the psychic sessions of the healer, get the service for free, and it is wrong and punishable.

When a healer gives an initiation for free, then he gives away at least 50% of his energy. Then he will spend 3 days to gain the energy to recover. A healer must not devalue himself! He also must not cure people for free. This is a choice of the healer and the consequences. People usually do not appreciate what they are given free without any payment.

Some people do not know the laws of the world order and misbehave, complicating their lives. The relations between people should be OK: OK, it's all right for everybody. I try to work with my clients in such way. We help each other to live, each in his own way. If they want to deal with their problems on their own, I'm just glad of it. Other people will come to me, get help. Those who want to interact with the frequencies, possessing the mind, receive an initiation into one or another channel (channels) and interact with them to the end of the life, not paying to anyone, just thanking them for their help, their work. Someone wants to punch the wall with his forehead, it is also an option. The "selfness" has not been canceled by anybody yet. It was realized long ago that, with help of the subtle world, living on our planet is incomparably easier. Earlier, in the Middle Ages, for example, a student had been working on his teacher for ten year, for the sake of some kind of the magical

possibilities. In process of time, everything has simplified greatly. On the magical market, there are a lot of proposals to become an adept of a channel for a small fee. The choice belongs to the consumer, but then, he is waited for by a trick. The teacher can be false or unfair, so you must choose a teacher very carefully, perhaps, as it is customary in Russia – according to the recommendation of the people who you trust or to the conclusions of your intuition. Some people who want to take an initiation and have some magical abilities, look for the cheap options of the connections to the space or earthly frequencies, they do not realize that they harm themselves in this way, as well as, they harm that Grand Master, with whom they contact. The fact is, that any work must be respected, and always paid, in order to show oneself at one's best in front of the Supreme Powers. Giving an initiation to a person, a Grand Master sends the new adept his strength, his achievements go there, too; then he must recover for a long time and give some donations into the channels for the reception of the new adept as a decent amount of money, at least 300-500 rubles per one initiation, and as for some super advanced channels, from other space systems, he pays incomparably more, because the money is a neutral energy that, in this case, goes for the strengthening and development of the channel that has accepted the new adept. When the Grand Master does not fulfill these conditions, he pays his energy to the channel, reduces his life. Those Grand Masters who allow this imbalance are simply not well-versed in the subtle sphere. Those people, who look for the cheapness in this great benefit which cannot be cheap, show the high Essences their selfishness and ingratitude, which is fraught with some not good, to say the least, for these people attitude from the Essences. What can the "Grand Master" teach the student whom he does not respect? For a minimum of fee, he will receive a minimum of benefit. It is not good to profiteer by selling a spiritual product. Everything should be reasonable and balanced.

My daughter Anahit is asked different questions by people, and some of them are interested in the attitude of the Highest Forces to them. With one of the women who wished to clarify this question, my daughter went to an astral travel at the beginning of her practice. Here we must bear in mind that the Highest can let each person go to a certain level. It depends on the person, on his or her merits in the eyes of the light Forces. A person that has not chosen between the Systems will never be let by them to the highest level. So it was with this woman: her soul was being thrown down from the levels, she did not reach either the Saints, or Christ, as well as the God of our planet. My daughter spent a lot of her energy in vain, trying to raise this woman higher, and made a conclusion for the future that she should not do this: everybody gets what he deserves due to his gained qualities, and, in this case, nothing earthly, physical will be able to help a person climb to the level which does not match his spirit ...

One day I was visited by a young man according to the recommendation of my friends, he was very advanced extrasensory. He had taken some sessions of the cleansing and restoring of the energy. A few days later he called: "Liubov, I'm a thief, I have stolen your channel!" "How?" – I asked. "In your notes, I saw the channel's name that you were opening onto me. I began opening it at home; It came and asked: "Who are you, why are you bothering me? Get out! "So, I'm calling to apologize to you." "Why did you have to steal the channel when you can be initiated into it freely for \$100 and use its energy legally for the rest of your life?" – I asked, and added, – "It's good that a right, light channel has come to you in this case, and it could be a dark essence that would not cleanse you, but pull out of you your energy". So we got along! I hope the young man has made all necessary conclusions and will never encroach on what belongs to other people. You must suffer before you'll have something in this life, everything must be paid for. This principle is just absolutely for everybody. Karma exits to repay for the good and evil deeds. People, who are not satisfied with this Divine lay-

out, and do not accept this world order, will pay their bills, regardless of their attitude towards this issue.

The Highest advice the healers to practice some meditations, allow them to do something harmonizing. The women core, if the healer is a woman, must be maintained, otherwise the harmony will be disturbed.

This is the advice from a great healing channel of another space system: the client's heart cannot be touched ever, it belongs to God, that is He who runs this engine. To treat people, a healer can open firstly the channels of our Universe where the Divine Essences are present, and then, the channels of other space Systems. In the feet of a healer, a stagnant negative energy accumulates that must be eliminated via the smashing of the negative energy channel. It is necessary to open the "Well" during the sessions, not only under the customers, but also under the healer, with the appropriate setting.

Dark forces try to neutralize a light human through his hands and feet, in order to make him do nothing.

People can trust the healer (a person initiated into a light spiritual practice), who has trained by the teacher with an impeccable reputation. When choosing a healer, customers should also trust their intuition. If something pushes away from the healer, it is better to leave and not to communicate with him.

A healer is a person who helps the customer to correct his deformation of the physical, spiritual and mental plane, to increase his immunity – the vitality, to activate the chakras and restore the aura. (Chakra is an energy center of the body, a power wheel, a spiritual center of the astral world of a man. In a human's physical body, chakras match different glands of the body's secretion. Chakras also serve as some converters between the informational-energy body of a human and the worlds of the Cosmos, that's why the active work of the chakras is so important for a human's health – both mental and physical one).

A healer loses his strength, energy, health, when he works with people. People (clients) take off the healer's energy unconsciously during the reception. After the initiation a healer must restore himself quickly: be cleansed, relax, open some giving the energy channels, change the scenery, pay some attention to himself, go outdoors. The channels of the restoring of the Force help well in this case. The initiated adepts of the high level must plan their activities, for example: the first week – healing sessions; the second week – initiations. Without some energy pre-cleansing, you cannot give people any initiations!

Once, I visited my relative in Siberia and came across a book of a local healer, I do not remember her name, but I remember that, on the pages of her book, she often spoke of her cat with the tail, which, she was, apparently, very fond of. I expressed the cousin my admiration for this good book, because the times were not Soviet ones, surely, the author had published the book, bearing the good for people, at her own expense, but I heard in response: "She has been better earlier, and now she is giving herself airs, is conceited, takes money for the reception of her customers!" This statement jarred me terribly then, because I knew how hard the work of a healer was. I judge by myself. While waiting for a client, I prepare for the meeting: cleanse myself energetically, restore the energy level, because I have to spend it, cleanse the house, because a client should come to an energetically clean place, without some energy dirt and negative mental images. I take a shower, smarten up, I want me not to be disgusting for my customers. My own problems and mood should not affect the client. And he comes! I meet him, figure out what his problem is; we start to work. We organize breaks for some refreshment, drink tea or coffee with sweets, because our cooperation is not the entertainment, no gathering in the kitchen because of the boredom, but a hard work that requires some significant energy investments from the both sides, and I do not

like when a person stands in the sessions and vibrates from hunger, because, in the conditions of Moscow, until you get to a place and back – you'll get hungry twice! Then the visit including a cleansing session, healing, restoring, developing and harmonizing possibly (if a person has got some depression) ends. I give the customer some necessary recommendations on the occasion and part with him. After this, my second shift begins: I cleanse myself energetically from the accumulated negative energy, all having been in the room during the work mental images, restore my power before the meeting with the next customer; after his leaving my program repeats again ... And it turns out that I must do all this, according to the usual people's opinion, free, to the detriment of my health?! At the same time, for the opening of any channel that cleanses, heals, restores and develops, I have to give part of my vitality and make a required donation to the energy fund of the channels... "Who is cured free, is cured in vain!" – is an ancient, just aphorism. Even in the ancient times, sane people realized that nothing is given for free; everything must be paid for in the life. I write about this for the umpteenth time, because I don't want people to look ridiculous and absurd, even in their own eyes. Ingratitude is a grave sin, it loads the karma negatively. I do not know why, perhaps because of the gained in my past lives developments, I knew about it even in my early childhood. For every good thing, even for a kind word, I was ready to turn me inside out with gratitude. I do not remember that I have been in debt to someone ever. Save me, oh God, from this! During my life, I noticed long ago that the more you give, the more you get! If I counted how much money I usually give to the charity, there would be two houses built on the land, but I have got nothing. In the first years of my activity in the field of the healing, I used to give all donations to the church. Then, having found out from the Highest, where it made more sense to invest, I began to transfer the money to various charitable children funds, especially to "Give the Life". Sometimes, the administration of these funds sends me letters with a photo and a story of a young patient, who needs help, whose treatment I will support with my money and this is an honour for me! It should be noticed that some of the charity organization have got such a complicated organization of the remittances, that, even willing to participate in their activities, I would not like to do it because of the complexity of the transfer of the money onto their account. The most convenient scheme of the transfer is through the system "Yandex - money", of course, if you update your account regularly. This can be done easily from your electronic mailbox or a JCB machine. I think that some of the charity funds should think about how to make contacts with the benefactors the most convenient for them, because now, there are already lots of conscious citizens who wish to share their money to perform some good, light actions. More and more people realize now that it contributes to their own success, as it has been known for a long time: how you concern the world, so the world concerns you! It was noticed long ago, as well, if you want to carry out a big project, share money with the orphans, the poor, flawed people, and you will manage it! By the way, the development of yourself, a loved one, can also be attributed to the charity. Studying, buying educational books, a visit to a healer, who will make a charity donation into the energy fund of the Highest Force for you, and this energy will go again to strengthen your health and development, – all of these can be very useful. They are good and light actions for which we get a good reward. A vicious circle, the Sansara, is shaped, and the sooner you will understand it the better.

A man having been cleansed energetically must strengthen his relationship with the Guardian Angel, thank him for his concern. The Guardian Angel is responsible before God for the soul entrusted to him, he is a human's patron after the death. (Angels have got nine angelic ranks. The closest to God are Seraphims, Cherubims, Thrones. They are followed by Dominions, Forces and Authorities. The closest to the people are the Angels of the Beginning, Archangels and Guardian Angels).

If a dying person wants to stay on the surface of the life to carry out some important cases, a healer can help him, if he is sure that this person understands what sins he committed in the past and wants to change himself for the better. Altruistic acts are the best from the standpoint of the karma. Healers must know a human's physiology, and possess, except the energy impact, other rehabilitation facilities.

It often happens that people invent diseases for themselves... I am not an exception. At the beginning of my practice, I found out that my father had had a hernia in the groin area, so I began to think that I could have a similar problem, too. After a while I started to feel it. I suffered very noticeable, especially when I bent awkwardly, and was afraid that I would be pinned under at a particularly unsuitable moment. I became cautious, trying not to make any sudden movements. When I, finally, having worried pretty, decided to check the status of my health in a medical clinic, I told about my feelings at the surgeon's reception and asked to send me to an ultrasound testing, which took place in the near future. To my surprise, during the most careful examination, which I had insisted on, my hernia wasn't found, but the pain, as it was proved, were connected with some specific physiological processes in the body. (Having graduated from the courses on the traditional systems of the body healing at St. Petersburg National Institutes of Health, I realize it very well now). I began to inspire myself that I hadn't had this disease from my birth, and, after a while, I forgot about my discomfort. I realized that, in the mental plan, I had created the problem myself, and, in the mental plan, I overcame it successfully. How can I not remember the right words of the Academician Vladimir Petrov here: "If you have imagined something, you've built it!" For the physical and emotional health, it is better if each person thinks about good things, and therefore, there will be more good things in his life...

The karma is like an echo; as you sow, so shall you reap. "Cleft palate", for example, a bodily flaw, continues from the previous life. A man had behaved like a wolf in the previous life and is punished in this earthly life. Some people live well at the expense of the savings of the Spirit during past lives. For wickedly acquired wealth, one will have to pay with the sufferings. If the Spirit has fallen low, the person has disposed of other people's fates, become numb in his sins, then, this will be followed by the loss of the Spirit – the decoding. Everything will begin again for the soul: the way of the minerals, plants, the animal kingdom, and only then, in lots of the years, the soul will retrieve a human form. It is better to perform your life program, in order not to create a multitude of the problems, and for this, it is necessary to know your program. It is quite possible to live, keeping the commandments. You can be a saint and a businessman at the same time. Making business honestly is profitable!

Once I had got a student, a very advanced person, whose soul was from another space race. She had been sent to the Earth to gain some essential energies into her matrix. She moved actively, but differed from my other students with some envy to their success. She wanted to be cooler than all others, but did not want to make any effort. For some time, because of the life circumstances, she dropped out of the educational process, but from time to time interested in what was happening in our circle. When she found out that my book, devoted to the laws of the magical world, had been published, she did not want to read it, only envied fatally. I felt it at the level of the body, because I had connected myself to the soul of this young student before. She could not hurt me thoroughly, because I have got the highest level of the protection, which is possible, but, nevertheless, I had to make an energy cleansing, which involved sending back all the negative magical effects, which include jealousy, as well. It does not depend on me or my wishes. The channel works so; moreover, it takes energy away, for its needs, from the people who harm an initiated adept. I think, my ex-student had got very hard times then, but it's not my fault. This student, who was having a notion of the universe laws, had got every chance to gain some necessary energies into the matrix and leave the

earthly path with these best practices for the better worlds after that. Now she seems to become stuck on this planet, because she has got almost damned, having aimed a blow at her teacher who always wished her the wellbeing sincerely, who helped her get out of the difficult life situations and shared the energy with her.

Another woman, searching some extreme cheapness of the initiations, went from me to another teacher, and later accused me that I had closed her "vision" supposedly. She was unaware that she "saw" and "heard" well in my workroom, because the place has been prepared for the years of the hard work. In this case, the level of the Master's gainings affects everything, as well as the terms of his interaction with the channels and their attitude to the adept...

Money, wealth, does not give a modern man the peace. A man cannot be satisfied with the achieved, always misses something. Lots of the people have become viewers now, live a life of the fictional characters; and TV, meanwhile, is an energy vampire, a drug, through the broadcast of the negative programs, it zombies people's consciousness, provokes the manifestation of the emotions, provides little useful things for the soul. The energy rises from the people during the TV watching and goes into the Cosmos. Public people are often so confused with the false values that behave like irresponsible ones, bring some energy mud into the world, without realizing it. For the human soul, it is useful to listen to the classical music concerts, watch good movies, programs about the art, science, natural world; this gives the soul something light, developing. If a person focuses on the service to the Highest goals, then, his life becomes meaningful. Being a spiritual, a self-sufficient man means being not dependent on somebody else, being free from the sins and passions. Now, there is some skewness toward the negative system on the planet, and this confrontation is sharpened. People are mostly mundane, very few of them believe in the Highest, of a Divine world. Dark forces violate the cosmic laws; they act violently, harshly and rudely against the light people. The Highest say that it is commendable, if at this difficult time, people come onto the path of the light, spiritual development, want to be healers, help people. A man is always at the crossroads, and makes the choice constantly. Drug addiction, alcoholism are some diseases of the will, the energy of the corresponding that binds a man with the outside world. The reasons are in the lack of the opportunities for the self-realization and self-identification in the society. The "kaif" can be achieved without any stimulants. The Cosmos is generous to all people seeking to be cleansed and developed, there are even such fantastic space channels that give a sexual gratification (discharge), because they do not like dissatisfied people, want people to become kinder and more harmonious. Drug addicts, alcoholics look for another, altered reality in drugs and alcohol, and pay with their lives for this. This other reality can be found, if you are based on your natural ability to disclose your potential possibilities, which enable the interaction with the divine frequencies. The realization and implementation of "Energy of Light Forces" techniques change the life of any human being for the better, clearly. Space frequencies have got a powerful effect on all living things and are a great gift for the whole humanity. People must grow up, develop, understand them as much as possible during a short lifespan.

It's hard to work with some young souls, they pull away a lot of energy, ask a lot of questions. One of my students, a disappointed Robert, was about to leave Moscow, but came to me with his girl friend, and, having seen something interesting for himself, decided to postpone his departure. In the past life, this young man was a woman who was raped; someone married her but kept locked. At the end, this woman drowned. My student Robert is afraid of water and closed spaces. His karma is heavy, but, if he will go along the path of the Light and develop actively, his life can change for the better. The Highest have given him a chance to get rid of the negative karma by doing good, light things. And another young man from my clients, as it turned out, had a relationship

(and it's an understatement!) with the underworld. After the energy cleansing, he decided to part with the old life and look for a legal, legitimate work for himself.

The death can occur not only because of the disease, but also because of some unfortunate circumstances. Where an active movement exists, there accidents can be. Knowing this, people can calm down, not cling too strong for the material, earthly things, and focus on the spiritual ones, on the development of their mind and soul. The old age is the time of the approaching death, that's why people do not want to accept the old age; but the nature of the life is so that everything changes, is exhausted, grows old and dies. People are afraid of the old age and death. The nature made so that a man must not try to commit a suicide. After the death, the soul is waited for by some calmness, distribution and further development. After the death, a person enters the spiritual world, the so-called Hall of the Memory with some witnesses, and can see and analyze all his life, whether he learned what he had to learn. Disturbing the peace of the dead without any need means harming them, distracting them from the passing their special way of the understanding and purification of their souls on the eve of the subsequent incarnations.

At the changing of the civilizations, a lot of new souls are sent to the Earth. A soul starts its development in the worlds of God. There are also auxiliary worlds, positive and negative ones. There, the screening of the souls, their separating begins. Some souls are sent to the Devil's worlds, another part – to the higher physical worlds of God, where they undergo the next screening. Some dark Essences live on the Earth like ordinary men and women. They are actually agents of the negative System, who are designed to poison the light people's life, slow down their development, create problems, and pull off the energy. People must protect themselves from these agents in every possible way because, having got under their influence, they can lose their souls, and become a zombie, a soldier of the negative Devil System where there is no freedom and creativity. We must learn how to recognize the negative System's agents. Outwardly, they can look very good and attractive, and have a memorable exciting voice, high potency. When they need to seduce a light person, they can be very convincing, but you must judge by their acts to understand with whom you are dealing. Having found such people – dark essences, wizards – you mustn't be aggressive and, thus, give them your energy. They should be ignored, not thought of, not remembered; just remove all the signs from the eyes, reminding of them, don't answer their calls, cut off their access to your life. You must be cleansed from the influence of these people thoroughly, in order to get rid of zombying and coding, which they bring. You can be attacked (as if by random circumstances) by the people with the same name ... This is a kind of the coding from the dark forces. These people – Essences – will be very angry, realizing that you ignore them, wishing always to stay on the light side. If you, through the initiation, enlist the support and protection of the Divine Forces, then, the light Forces will do everything possible to keep you on the light side. In this case, the adepts of the negative System will have to switch to other people and won't be able to harm you.

While writing this book, I felt a subtler rocking from the dark forces, than the last time when I was writing the book "We are Initiated" about the healing issues. For the dark forces, of course, it is not beneficial when someone enlightens people, frees them from the fears, offers some options how they can save their souls, develop creatively and extrasensory. When a person is developed, he understands what is happening around, it is more difficult to cheat him, impose various trials; dark forces want him to make mistakes which inhibit his spiritual ascent. At this time, the dark forces were influencing my feelings. I was being prompted to take umbrage at my family; interesting men were being pulled around me, who started courting me very importunately. The aim was one – to confuse my thoughts so, that I would not think about the creation of a new

book. Analyzing my unusual state, I found some strength in myself to overcome all this. In Turkey, where I was writing my book, as well as everywhere in this hospitable country, tourists are met and fed perfectly; formula "all inclusive" works in all tourist complexes, as usual. They count on the human weakness of many Russians who are hearty eaters. The tables are usually crammed with a variety of dishes, and it was very difficult for me to give up what I love – puff pastries and baklava. As for bread, I refused to eat it immediately, replaced it with some rice and potatoes. Every day, I tried to persuade myself to abstain from the sweets. Wasting my energy during the work on the book, looking at the luxury offer in the restaurants that is like a food intervention, I used to suffer by giving up the sweets, sometimes lost ground, until I realized that the gluttony in my case is also a way to draw out of me my vital energy if I strive to become more graceful and harmonious. I worried because of my concessions in favour of the taste that harmed my health and figure; so negative emotions appeared, and this was the food for the dark forces. Thus, I maintained the negative part of my matrix, and this was the victory of the dark forces over my spirit. When my book was almost ready, there was an unexpected, unjustified failure of the system, and my book disappeared from the computer screen. I had no choice, except a fervent pray, because the similar fact had already happened in my practice, when I had lost the entire section suddenly. I believe that Jesus Christ, the chief people's patron and helper in the confrontation with the dark forces, contributed that my manuscript was not lost...

The dark forces do not like really when someone opens their secrets, makes other people armed against their wiles, as it has been known for a long time that when a person is warned, he is armed. Ones, at early night, during the hard work on the book, I suddenly felt some strong buzzing in the head, it seemed that the hearing was closed and I had an immediate pain in the right ear. I realized that this was just another manifestation of the evil against me and my work. I stood under the channel activating the chakras, cleansed myself from everything negative and gained the energy. My ear began to hear immediately properly. I realized that it had been a blow of the dark forces or of their strong dark adept that is actually the same thing. So they "cut down" a light person, create problems, interfere with his work on the fulfilling of his life program. The dark forces have been particularly active in the period until 2012 and a half of a year later. They even "go too far", according to the opinion of the Highest, and violate cosmic laws. I thought that it was too little to regain my strength. I applied to the karmic channel with the request to draw their attention to the fact of the energy aggression; I wanted no one to go away from the responsibility and receive the reward accordingly his acts, as soon as possible...

The adepts of some other traditions, such as khatkha and raja yoga, Dao, kundalini-yoga, Zen Buddhism are also taught how to perceive certain frequency ranges of the cosmic vibrations. There are lots of technologies how to go into the altered states of the consciousness, they are different techniques: the meditation – the beginning; the shamanism – from a complete rest to the ecstasy; techniques of the awakening of the spirituality "Tensegrity" – a doctrine of the ancient Indians about an assemblage point described by Carlos Castaneda; various magical rituals; OSHO; Buddhist tantric techniques. The opening of the third eye is possible through a special encoding from the great cosmic channel developing the brain, through the work of other space channels which are not necessarily aimed at the development of the psychic abilities, as well as treating and cleansing ones. The work on the development of the skills is carried out in any cleansing channels. Reiki is a method, a work with the energies of a different plan, a lower level than the frequencies in the "Cosmoenergetics" or in the method "Energy of Light Forces." Lots of cosmoenergets started with Reiki. The method "Reiki" is not sufficient for the healing. The method "Energy of Light Forces" has got some completely

new possibilities, of a different, higher level, which is required by a lot of people in the world.

In my work, from time to time, some miracles happen. I have already stopped to wonder because of this. I know that some channels are the cosmic messengers of the extraterrestrial civilizations. Once, my old friend, a woman, came to my session. She complained that she had begun to hear worse. I realized that it was a real problem and decided to give her some energy of one of the most powerful channels, which is intended, according to the contract with our God, to help the earthlings. I opened the channel onto her and left, in order not to bother her in her relaxation, and when I returned, I heard an amazing story from her. The woman told that there had been a ray of golden colour around her, which had flown into one of her ears, gone off from the other and disappeared into the space. "And what about your ear?" - I was worried. "Of course, I hear well," - she said gratefully.

Another time, two young women came to me, each with a health problem. I provided them with the exposure of the same channel. The women told me after the session that each of them, during the session, with closed eyes, were watching the aliens' arrival, just one of them saw some little green creatures, and the other – a high individual, in our concept, a feminine one, but with a teenager, who, apparently, was her child; and all of them, each in his or her own way, were treating my clients. I concluded that some respective forces are connected to the problems of my clients, depending on these problems' volume...

But still, by each turning to a healer, a person should always be advised to undergo some medical examinations, as, perhaps, he suffers from a serious disease, which, under the frequencies' influence can be muted; if a person does not pass a sufficient number of the sessions, what often happens, he begins to take care of his health by the healer, feels relieved and finishes attending the energy sessions. A serious approach to the matter, as well as, energy correcting sessions, lead to the fact that the treatment begins to yield some beneficial results. If you've got a headache, do not rush to take the medicine. It is necessary to identify the cause of the pain and deal with it. For example, the headache can appear because of the large physical fatigue or some nervous disorder. Drinking hot milk with honey and good sleeping are often enough to feel healthy. For the use of the medicine, people give a lot of energy into the negative System. The best medicine is the energetic cleansing and additional charging with some clean, light energy, herbal medicine, yoga, traditional means of the improvement, such as some bath procedures, etc.

The main thing is the elimination of the cause that has led to the disease. The immunity is the life force of the man. The depression is often an overabundance of the male or female energy. There are some channels, normalizing the energy. Our vision sometimes becomes worse, because a person does not want to see something in his life, runs away from the problems. We should reconsider our life style and our thoughts, analyze the causes of the disease, which can arise because of the poor nutrition, misbehavior or negative thinking. While humiliating, violating the rights of other people, a person creates even bigger problems, increases the negative karma. A healer is that person who helps the customer to correct the deformation on the physical, spiritual and mental levels. A healer must be a friend and a helper to the client, regardless of his social status and religion. He must be in a good mood at work, mindful of God in himself and in others.

We must correct what we have realized. The spiritual fall violates our psyche; there is a loss of the balance, a mental trauma. Mental wounds of a man emit some negative energy and influence people around him. If the internal balance has been reached, then, a man is able to cope with his bad mood, manage his feelings, to

transform them into some positive emotions of the consciousness, to be healthy and successful.

Lots of people, having felt the work of the energy channels on themselves, want to see the subtle plan with their own eyes in the sessions. I've got to say here that the "direct vision" is one of the main tasks of the practical method and requires some work and effort. It depends on the type of a human's perception and his level of the development. The contemplation of the energetic Universe is quite possible, but it would be good to know why you need it: in order to understand the Universe or to expand your own awareness and use this knowledge for some specific purposes.

The gratitude is a rare energy on the Earth. The gratitude, the divine love is the highest energy in the Cosmos. The equivalent of the gratitude's energy can be compared to how much it was originally, and how you can thank it, you can do it in different ways. The clean energy of the gratitude is priceless. For the channels' work with the adept, the term of his life isn't taken off (it is not reduced), only a part of the energy is taken off. The initiated people can give money for the use of the channel, then, their energy will not be taken off. When there is no gratitude, then, some part of the energy is taken off from a person, and his immune system suffers. For the opening of the multiple channels, 3 - 5% of the energy, released him from the Highest for a single day, can be taken off. Each channel takes a certain amount of the energy for its work. It depends on the energy level of the channel, its developments. The Large Essences take more energy, but they can't take more energy than the possible limits allow. Some extra energy won't be taken off by anyone, this is a cosmic law.

An initiated person lets the cosmic energy go through himself into the Earth, gives it the recovery. The Earth, in response, accelerates the development of such a person, opens him different secrets, and bestows various benefits on him. A person can learn a lot if he invests his energy in this. Our planet receives its energy from the Cosmos and has its own energy, too. One cannot do much in his life without the energy of the Earth, he needs its support. If people walk with their feet on the Earth, it does not mean that they are higher than the Earth in the development. There is a connection between the Earth and the Cosmos, and it is strong. The Earth is a living structure; it has got a soul, some whirlpool areas, chakras, the transitions to the parallel worlds. The Bermuda Triangle is one of the Earth's chakras.

What we think of other people are our own ideas about them, often far removed from the reality. Other people are the same as we, are made of the same materials. Some preconceived negative ideas about other people are a source of the evil. The geniuses are not born, they become. People, from one incarnation to another, have learned the meaning of the process, have known how to study. Few people recognize that the creative or scientific impulses come to them from the outside: the pride torments them. People, who have understood this, will continue going, forget about the old age and loneliness. This is a law of the spiritual development and prosperity.

Making the real life more meaningful, harmonious and right is our common task. The Highest constantly transmit people different ideas and revelations in order to help people be evolved. The release is a part of the general plan, the transition to a higher level of the development. Our planet constantly receives its energy from the Cosmos and its biggest amount is received from the Sun. The Earth also gives its energy into the Cosmos, so the energy balance is supported. The energy balance is important for people, as well; it maintains the stability of all systems of the body. Some excess or some lack of the energy manifests itself in the form of different diseases, wherein, the energy's quality is the most important.

The Heavenly Master, the Divine essence, leading a man in his life, spends his own personal saving energy from the personal storage for the development of the fourth energy body of the man. In this body, the main program of the adept's actions lies, as

well as, his karmic addictions and his direction to the goal of his existence. The adept must return the spent by the Heavenly Master energy during the passing of various life situations, and even more: the adept is supposed, like the Heavenly Master, to grow, to move forward.

When a person shows some aggression (the aggression demonstrates that the person is a recent offspring from the animal world, because the aggressiveness is necessary in the lower worlds, where negative emotions are stronger), when such a person swears and commits various negative actions, some beings from the negative content of the world appear around him immediately; they exist to perform some specific tasks. If people did not provoke them, they would not be active against them. It is useless to hate them, deny or ignore; they exist and perform their specific tasks. They should be even respected in some cases, because they play their roles, check the strength of the people, attract them to the negative System, affect their physical and subtle bodies. People break the laws of the Cosmos, and thus, attract the attention of certain structures. But the sorcerers and all other dark or strayed people should not forget that, showing some envy, aggression, they feed their opponents, as well as, all people should remember that the Light is almost twice stronger than the darkness.

The Highest, in contrast to people, do not suffer from the aggression and negative emotions, because they are at a disparate higher level, as compared with people. They got rid of all the destructive long ago and are in a better world than the earthly ones. Everybody has got the ability to get rid of all the negative, and the methods of the disposal are well known: it is necessary to have a cosmic consciousness, work on yourself, purify your body and soul, remember that you can do a lot, not worship anyone, knowing that the nature of a man and the Gods is the same, just everyone is on his own level of the development. There are lots of Gods; they are also at different levels in comparison with the level of One God. One God has got a lot of different manifestations. A man can become a God, an Essence, free himself from all the earthly, live in a harmony with the environment, and fulfill the tasks of his reincarnations, and, at last, leave for the best worlds, as Buddha did in his time. Nobody is prohibited to seek the enlightenment, analyze everything and everybody, control the emotions, limit the demonstration of the passions, keep his feelings and desires within some reasonable limits, for the self-preservation. Each person is able to perceive the subtle world, have the contacts with the universal mind and acquire some new knowledge. To do this, you must have some free energy; first, just wake up, have a cosmic consciousness. People waste their energy and, thereby, extend their reincarnations. The existence of the reincarnations demonstrates clearly the existence of a causal link (karma) in a person's life. "Karma" is a Sanskrit word, meaning "to do" and "to create". The actions contain some energy, some opportunities for the growth. Therefore, the "karma" is not a simple process of the retribution for the good or evil deeds. According to the Eastern approach to the problem of the reincarnation, the fact is, that, with each new incarnation, our souls undergo more tests, so that we can be taught some lessons, gain certain types of the energies with the pledging of these energies into the matrix of our consciousness. When we make some smart decisions and do right things, some great opportunities are opened in front of us; when we make a wrong choice, we are waited by some aftereffects and new tests. The souls' separating, their correction, takes place continuously, as needed. If we want to manage our life consciously, we should look for the roots of our problems in ourselves. It makes sense to remember the main commandment of the ancient mysteries: "Cognize yourselves!" If you know and use your previous experience creatively, it will have a new shape and contribute to the continuous growth, as well as, work for you, as a personality, makes your life wonderful in the present and in the future.

Let us review such a common human emotion as the envy. To envy means to be annoyed by someone else's good fortune. In the jealousy, there is a very strong destructive element, besides it leads to some karmic debts. A human's psychology is arranged so that if he or she is jealous of what he or she would like to have, but does not have, he or she tries to devalue it in every way. So the desire is transformed into some psychological defense, and then, turns into the rejection. The rejection exists at a subtle level, because the subconscious mind understands everything literally. It makes everything in order not to have all the discounted and rejected. Thus, the tenacious power of the subconscious holds a human on the poor life line. The envy is a vice that must be overcome. Beautiful and rich people are usually envied, but, in reality, such people often have to endure a lot of sufferings of all kinds. The more beautiful a woman is, for instance, the more difficult her life often gets. The richer a person is, the harder it is for him to resist the arrogance and vanity. The presence of the "Ego" is necessary at the early stages only for a young soul, to assert itself. Any esoteric teachings (and psychotherapy ones, too) recommend some humble, without any indignation, admission of the mistakes, as a first step on the path to the spirituality and healing. In difficult life situations, psychologists also recommend to "go with the flow", listen to the circumstances, hold a pause, and make some conclusions. A psychologist cannot replace a healer. The psychology is aimed to solve the problems of a person and his development. The psychological sessions contribute to the improving of the mental activity of a customer, ie, the implementation of the psycho-correction of a person, which is aimed at the normalizing or improving of the mental activity and neuro-physical features of a human's body. The psychology is a science that is not accurate; lots of the aspects of a human's mind and its functioning remain a secret. It is good, if a psychologist has got and uses a magical protection. Thus, he saves his health and psyche in a harmonious state.

The lack of the opposition to the Divine Providence, the rejection of the revenge and evil deeds (every evil begets more evil) promotes a human's Spirit. There are some positive and negative energies in a human's soul. The so-called "hungry ghosts" are the negative essences in a man; they are the addictions that control a person (it is often something that is available in abundance). They replace some hidden desires, not appeared on a conscious level. To get rid of them, a special session with the support of a special frequency must be held in order to expel them and take care of the spiritual and mental health in the future.

Sometimes, the customers want to get rid of the essences, due to their words, but save them in the souls.

One day a woman came to me and asked to cleanse her from all the impurities. I opened a great channel on her, which is designed to cleanse from all negative things. I realized that the woman was possessed by a passion for the material. The mammon stood firmly. The great channel was not able to drive it away from the first attempt, spending a huge amount of the energy, because the client was not entirely sure that this essence bothered her to live. The woman felt that the passion for the money could be a step for a greater success. I suggested the woman to decide, as soon as possible, what she really wanted, and she confirmed, finally, her determination to get rid of the essence. Then the great channel became huge and severe and began to burn the essence with the fire. The essence begged for the mercy and promised to behave well, if it would be left at the place, but had to get away from this home. The channel said that the essence hated the woman's spiritual daughter and provoked quarrels with her, made the woman to overeat, because if an essence exists it should be fed. There is no sense in the existing of this essence, although some people think that a human, under its influence, tends to be more successful, earn more; but I believe that this woman must be controlled tightly what I'm going always to do.

When a person appropriates another's property, ignores the laws of the life, he gets a punishment for this or is transmitted into the Negative System. The thieves' souls have lots of losses in their subsequent incarnations. This is done by the Highest to make the thought of the acquisition of another's property quite impossible. Who is jealous of another's property, as we know, does not have his own one. The desire for the wealth and fame does not give a person the rest, takes away from the spirituality. The vast number of the human troubles is caused by the incorrect behavior. People, who kill animals for fun, gain some negative karma. In a further embodiment, the souls of these people will be infused into the defective bodies, they can break their limbs. These people will have to suffer badly, until they internalize the lessons, but they can "work out" their transgressions in the real life. For the killing of birds and fish, the souls won't be decoded. The soul can go to the scrap, to the decoding, if its Spirit has fallen below all possible limits. From it, only a fraction can remain which will go to the construction of some other worlds. A restless soul is stuck between two worlds. The woe of the remaining on the Earth relatives deprives this soul of the peace and possibility to acquire a new body. How long the soul will wait for the next incarnation, depends on the Highest Forces. To be incarnated quickly is cool, but this doesn't depend on the desire of a man. The soul is eternal; it is a piece of God. The Spirit improves by the embodiments, incorporates the experience, is tempered or falls down, can be disposed generally because of the sins by the decision of the Gods of the Karma. This occurs due to a human's many serious sins committed during his life, due to his Spirit's rolling down, his negative acts towards the Universe. The short lives are connected with the repayment of the energy debts of the last life; a premature death can protect the soul from the further degradation.

Between the death and a new incarnation of a person, one or one and a half year usually passes. Some souls stay in a storage for a long time. This may be due to many reasons. Some souls are stuck in the interplanetary space, while others are in the near-the Earth space for a long time, they are the so-called "restless" souls. The filled with the energy thought-forms of the people can turn into the ghosts.

Through the strong emotions, negative addictions and a low level of the thoughts and actions, a person loses a lot of his energy and, then, it is very difficult for him to rise up. The advanced souls do not get stuck in the near-the Earth space, they rise to the top very quickly and get a new body for the further growth. The embodiment at a higher level of the existence is a deserved success.

Everyone has his own shadows, they are his past essences. It happens like this: a human lives on the Earth, for example, the 13th life, and, for 7 of them, he was a personality, and in other embodiments, he was a plant or lived in the animal kingdom. This is not surprising; all human essences began to move along the path of the reincarnation some time ago.

Nothing goes unnoticed. The traces of the sins remain on a human's face and body; they are especially noticeable after the age of forty. Diseases are informational; they arise due to some discord with the nature, with the Spirit. Each body has its own resonant frequency. To be healthy, you must lead a healthy lifestyle, strengthen your Spirit. The media today have a huge impact on people's minds. The measure of the responsibility of a journalist is a word, it means, you must think how the word will resound, not be a mindless tool of the distortion of people's consciousness, understand the questions' gist. Much in the life of the people entrusted to them depends on the leaders of the countries. The happiness or suffering of many people depends on what consciousness they have got, how they use the given them power. Priests, ministers have been hiding, from the ancient times, the grains of the truth that were available to them then; they want it to be easier to manipulate people. Since then, nothing has changed. Lots of people today cannot rely on a high-quality care of the country rulers

and religious leaders. People begin to understand that they cannot count on anyone except on themselves and God. People start to look for an individual connection with God and find it if they wish.

People have little knowledge about the real world yet. The young souls are in the development, and others' consciousness needs to be cleansed from the wrong knowledge. In a human society, lots of the concepts are distorted according to the outdated religious views of the financial and political elite in the world.

The appearance of the religion was contributed by the phenomenon of the death to. In the church, a man hears some prayers, chanting of God, and does not find the truth in the life. The Church does not explain the gist of the problems of a human's real life. The doctrine of the reincarnation and the existence of other worlds was expelled from the Christian Church in 553, on the Second Tsargrad Council, you can easily guess about the reasons for this decision. But no one disputes some useful activities of the Church. The Christian Church as an institution of the society which continues traditionally its struggle for the souls of people, preaches, fulfills its function, demanding the tithes from the faithful people to support itself. The Church, in contrast to the scientists, has got no doubt, that there is a higher world, the appeared and not appeared worlds, ie, the material and subtle ones. The clairvoyance is considered by the Church as a form of some obsession. The intuition is considered to be partly some demonic inculcation, partly a prompt from the Guardian Angels in an extreme situation. Priests know the sinful nature of the people well, they want people to go to the church more often, be cleansed, communed, confessed, stand up and fall, and help them to be in demand, that's why they preach that the fight against the evil lasts for the whole human life. In the Christian Church, believers can win the grace of the Holy Spirit through the repentance, forgiveness of the sins from a priest and confession of the sins again, and, thus, fight for the salvation of their souls. By making a daily Eucharist, the power of the Devil is destroyed, people are able to rise up against all the dark and toppling in them. The dark forces are ready to do everything to topple a human's soul, can help to implement all the impure thoughts, they want a person not to compel himself to look for the truth, not to aspire to the highest achievements of the Spirit. A man has got a choice between the Light and the darkness. When he excommunicates his soul from God, then, he loses the grace more and more, loses his ability to resist a sin, even if he sees that the sin destroys his foundation. It is a spiritual law that defines the life of the beings who have got the mind.

In a human's body, only one divine soul must inhabit, but in fact, there is often gathered a conglomerate of the dark essences there, which, at first, try not to show themselves until a person decides to take the path of the salvation of his soul. They do their invisible work through some implanting and body stimulation. When a person starts to live a spiritual life, enters the path of the self-improvement, is cleansed with the Divine energy, gets rid of the negative emotions, pride and selfishness, then, the dark essences go out subtly trying to save themselves. We must cleanse ourselves from them absolutely entirely and not let them approach us in the future, or we will have to worry about how to keep ourselves from a deeper falling constantly. Our life can turn into a sequence of the ups and downs, but it's still better than the final loss of the soul. We must rely on God's help, on a pray, ask for the cleansing of our mind from the impure thoughts, for the protection and saving.

A carefree life is peculiar to the most of people; it has been going still from the first human ancestors, for the original sin of the disobedience. Some discrepancy between the desire to be saved and the weak human capacities, when we do not want to make an effort, leads a lot of people to the brink. It is difficult to judge yourself harshly, hate the iniquity, repent of your sins in the church, and ask God for the help and healing of the soul from the lack of the will. People have got used to a sin, do not

often see and do not want to see its subtle lines. But we must remember that the devil does not do anything for us; we sin willfully, bringing closer the loss of the Spirit. Our strength is in the getting rid of our selfishness. A selfish man revels in himself, does not recognize any authority, and loses the ability to assess his actions, people and events adequately. He loves grooming his body, binding it to the comfort and pleasures that makes the soul relaxed and lazy. People today tend to be like everyone else generally. Not many people are attracted by the light spiritual path. Few people living today can say about themselves: "God, I am clean in front of you!" For the sake of the satisfying of various desires, the humanity is degrading very actively now. There are unbridled ambitions, drunkenness, drug addiction, sexual promiscuity, violence, passion for the entertainment, excess, idleness and luxury, pride in all its manifestations. Every day, the media affects people's minds, and, from such a massive processing, the souls of people lose the faith, become stupid, corrupted and captured by some of the above passions. It makes people to violate all the laws and commandments, forget about the conscience and betray Jesus Christ, for it is said: "You cannot serve God and Mammon at the same time" (MF.6, 24).

It is not beneficial for any church when someone else takes care of the people's souls, whether they are psychologists or healers. Therefore, the Church rejects healers and psychics that "steal" its bread. It is more difficult for it to fight with the psychologists – they are the followers of a science; and as for science, it is not usually rejected in our society. Indeed, in the disarray of many minds and teachings manifesting themselves today, it is difficult for a common man now to understand who is right and who is wrong. People who use the services of the psychics and healers can only rely on their intuition. If a soul resists the communication with a particular psychic or healer, then, you must avoid the communication with them. A person who wants to be developed and get initiated into the light channels, in order to help himself and his family, acquires some useful experience, comparing one specialist in this field with another, to make a final choice in favour of the one who would become his real spiritual teacher and help him go along the path of the Light.

The worst temptation for people today is from the Mammon (and its husband – the Golden Calf), the entire planet is mad from them. People must definitely get rid of the Mammon. It provokes, is involved in our quarrels with the relatives. People must understand and realize that they have nothing to do with this dark essence: to be free is incomparably better. We must get rid from the Mammon regularly, persistently. People often get fat because of it, because the Mammon needs some energy, the essence must be fed. People can have lots of the negative emotions because of which they eat too much. You can receive your energy in another way, not only from food. A person can also spend a lot of energy on the aggression, discontent, misunderstanding, resentment, disappointment. The Mammon looks for people's weak strings – a minimum of the effort and maximum of the effect. It promises them something, and, at the same time, takes off a lot of energy. By being aggressive, a man gives it a lot of energy, too. Under the influence of some strong cleansing channels, the essence goes out and connects again, if a person lets it go into him again. The Mammon is a negative substance. It has a negative impact on a person – gnaws the soul, feeds upon his energy, so it becomes even more strengthened. A man, under its influence, becomes irritable, aggressive, prone to the provocations. If a person is influenced by the Mammon, then, these qualities will be stable in him, affecting his life and relationships with others. It is necessary to maintain a balance. The protection means ignoring of its impact, in order not to cultivate some greed for the money and wealth. (One of the sure means of the getting rid of the previously known addictions is the impact of the energy channel of Shiva, with the appropriate setting. The Mammon is afraid of Shiva, Shiva is able to destroy it or drive it away). A person can get hooked on this essence, while he is

communicating with people dependent on it. It depends largely on a man whether he will accept this negative energy or won't let it come up close to him.

Not all people want to live according to God's laws; for lots of them, it's more convenient to live going after their own desires, and therefore, they reject the teachings of Jesus Christ. The dark forces will enslave their mind increasingly, as well as, their will, feelings, until these people become like them. A spiritual fall begins insensibly. People become the traitors gradually. The naivety, weakness, laziness, tendency to the sin belongs to people. God gives people the opportunity to repent, correct their mistakes, and thus, escape from the dark fetters. God, in one way or another, at least once, gives a person some signs, shows him what he wants him to be like. A man is free, he chooses whether to live according to the commandments or not. Some people refuse God deliberately, others prefer not to introspect anything, go with the flow. If a person still adheres to the light side, then, he can be cleansed from all the dark in himself and continue to live more consciously. A man has come into the world not just to bask and relax. He has come into this world in order to fight and defeat all the dark in his sinful nature.

Vivekananda – a great spiritual teacher of the mankind – has proclaimed the message of the unity of all religions, a Monotheism. The religions will be transformed eventually, the connections between them will be strengthened, they will be united. For this, people must be inculcated the cosmic consciousness. That is made today by the contactees of a high level, psychics and healers. A new, the sixth, race is coming – a race of the Divine people, which will begin its development from the abstract mind and come to the spiritual perception, cosmic consciousness. The children of the sixth race will contribute to the development of the mankind, have a beneficial influence on the society. For the representatives of the fifth race, it makes sense to rise in their development, at least to some extent, up to the level of their children in order not to look like the backward elements in their eyes.

Now, people are mostly under the "dark plate." This notion is a global one, it is even impossible to list the manifestations of the evil in people's lives. People are involved in the substantive servicing of their animal instincts. The informational-energetic impact of the space channels helps cleanse people from all the dark, negative; these channels want people to wake up, be developed maximally, and, under the Divine protection, build their lives in a new way; being protected from the evil manifestations, a man must spread the Divine energy, effect on other people lightly, as well as, on the positive development of the society. An enlightened person will not participate in any negative social processes. He will expand the range of his knowledge, increase the energy potential. God allows people to have a limited amount of the knowledge; it depends on their level and can be extended. Some energy-informational processes constantly take place between the human bio-field and the Cosmos, because a man, as we all know, is a particle of the Cosmos. A human's brain, his subtle bodies are his own bio-computer. A human's bio-field emits some energy. (Spouses Kirlian's device gives an opportunity to see this radiation. Korotkov's camera can photograph the aura of a person, and by the colours, prevailing in the aura of a person in the picture, one can judge the state of the person's health and Spirit).

The "Warriors of the Light" are the precursors, innovators; they have been appearing on the Earth at all times, have been called to illuminate the path for other people, bring the truth into people's lives. Such people are like "white crows", like splinters in the body of the negative System. Other, ordinary people, even today, feel uncomfortable next to them; it is because ordinary people understand that they are not enough spiritual in comparison with such advanced people, their light energy awakens the conscience of the ordinary people. Such people can seem strange, even for the ordinary humans. The "Warriors of the Light" do not hide at the monasteries, caring

about the salvation of their own souls; they confront fearlessly against everything dark in the real life, help young and not having made a choice between the Systems people to develop, find God, be cleansed from all the dark, and cognize the truth. The transformation of their own souls to such a high level can take years, but in the life of such a light-seeking man, there comes a moment when his Spirit becomes fearless and is able to see the source of the Truth, the Light. Then he becomes invincible. One of such people can bring to the world more than millions of the ordinary people. Having some freedom of the conscience and choice, every person has got the right to choose what to believe in, what to do in the life. Someone, maybe, will not want to be engaged in the self-destruction, driven by the negative trends in the media and in the society; on the contrary, he will want to serve global targets of the Earth and the Cosmos: become a "Warrior of the Light", multiply the amount of the good and the Light on our planet what will have a beneficial impact on his life, the Earth, and the whole vast Cosmos.

In the contact sessions, the Highest Essences tell me that they despise some light energies for the specially trained people, wishing them to distribute these energies. In the future, there won't be muddy, undecided people in the world, all the people will be split into two camps – positive and negative ones. The religion will be one for all – a common belief, so the people, who are at the tail of the evolution, exist behind the trends of the time; and it is better to be in the forefront of the events. People distributing the Divine energy, raising their spiritual level will be awarded by the Highest with the good health, well-being in different spheres of the life. For this, the Highest descend to the Earth some frequencies which are aimed to attract money – a neutral energy, so their adepts will not be in need. These frequencies are different. There is a frequency that brings a light man a fast and great material success, but suggests that the adept or his client will spend this money quickly, invest it in a good deal to move the energy; while the other channel simply attracts to a man some money that he can spend as he wants, without any haste. I wonder endlessly at God's magnanimity towards his children. God gives people so much through his conductors to ensure that they keep the light side, take care of their souls, avoid the temptations of the negative Hierarch ... Our God is already helped by the high Essences from other space-based systems and, due to the contract with him, they move down to the Earth some breathtaking opportunities. God does all of this to restore the shaky balance on our planet. For the decided light humans, absolutely everything is possible! Those people, who have been clouded, but not caught by the negative System yet, can be cleansed energetically to keep the light side in the future.

Before the initiation, one must be cleansed energetically. Do you wonder, why? This is somewhere about, if you, having worked on the wet ground and being bedraggled badly, would come to a restaurant and sit down at the table with a white tablecloth. Before the initiation a man must be cleansed energetically from all sorts of the negative layers, realize the greatness of the process, refuse to cooperate with the dark forces and their Essences. Then, he can, with a light heart, take the initiation into the Divine channel that will take care of him, contribute to his development in all spheres of the life. You mustn't be afraid of any mistakes, because, even when an initiated man unknowingly uses the energy of the negative channel, he is still under the control of God. God forgives what happens to a person unintentionally and protects his people from the evil manifestations. A man, having understood the core of the problem, is cleansed from all the negative in the matrix's cell and gains some positive bonuses again. The cells of the matrix constantly vibrate; their interactions depend on the evolution of the soul. The matrix is an interesting construction, it shimmers with different colours of the rainbow, there are different energy flows in it; somewhere, there is a great activity, somewhere – a sluggish movement. The moving in the matrix stops only when the soul is being decoded. A man can take nothing with him to the heaven, except his

energy developments in the matrix of the soul. (By the way, the pyramid of Tutankhamen was preserved by the Highest especially to make people understand that they would take nothing with them to the heaven). For the eternal soul, it does not matter if the physical body is burned after its path on the Earth or buried in the ground. The Earth is not clogged herewith, everything is recycled over time. Using the fire destroys all forms. A human's soul is embodied on the Earth up to 27 times. Such advanced people are great sages and scientists. Those, who say something another, may have their own views on these things, different from the reality.

The magical world has got its own laws; the main among them is the faith. A low developed man's disbelief offends the Divine Essences; they won't help such a man. These are they who do a favour to a man, condescending to him; a person does not do a favour, appealing to them. The Highest reduce their frequency wishing a person to be able to see them, as well as, hear and feel. A man, in comparison with the Divine Essences, with God, is a grain of the sea sand.

When a person reaches a high level of the Spirit and capabilities, then he can do for the planet what millions of people cannot afford themselves. People with the great energy potential, powerful energy, have the ability to form a new reality with help of their thoughts. They can hit a man with the power of their thoughts. This ability is developed over time. The spirit gets stronger over time, energy increases, the thought is materialized. The initiated people can use this with some caution, thinking of the karma. If someone annoys a light adept in the subtle plane, inhibits, or attacks him, then, this adept can and must fight back, pay the attacker back in his own coin, open those channels that punish an aggressor, contributing to the restoration of the justice.

"Grand Master" of the spiritual and practical method "Energy of Light Forces" has got his individual space name by which he is recognized and responded to his call by the entire Cosmos. A man, who has reached this high level, even when living on the Earth, is equal to an Essence, becomes a conductor of the high cosmic frequencies, and has got some Divine possibilities in his arsenal which he can use for himself and other people. "Grand Master" has the right to give the initiations to others, up to "Grand Master" of the method "Energy of Light Forces".

Earthly people have got a lot of abilities, for example, to go to other worlds, travel not only in the astral (this is some closest to the Earth space), but also in the other worlds of the Cosmos, be with the Highest and take the information as a reality. To achieve these features, you must be developed extrasensory and protected reliably. Treating with the laying on of the hands is simple. To be flexible, to live out of time, without taking into the account the circumstances leading far away, to consider and even change the external environment for the better – it is more complicated. To do this, you must have some developed psychic abilities, some keenness of the perception, clarity of the vision, powerful protection. You must invest your energy into this. Every astral traveler has got his level. Some people can do this easily because of the experience of the previous incarnations. Other people are only beginning to deal with this. They can leave some informational garbage after them in the minds of those people whom they visit, if these people are not closed for them; they cause some havoc and depression. Not everyone can make the astral travels. A human's soul learns how to do it gradually. One must have a pure intent, the awareness of the process, some willingness, a strong Spirit, courage, and some special channels of the support and protection. In the astral, many things can scare a person. Lots of astral travelers are aggressive ignorant people.

I want to tell you something about the astral travels. Once, I took a young girl into a conscious astral travel, when one of the subtle shells of a human – the astral one – is separated from the other subtle bodies and travels to those places that it wants to visit. The girl got to a heavenly garden where only white flowers were blooming. She was met

by her recently deceased grandfather, whom she loved very much. When she saw him, then, she began to cry very bitterly, and the grandfather handed her a white handkerchief silently. She wiped her face with it, and, from that moment, her acute grief for the grandfather ended, being replaced by a slight feeling of some sadness.

With one Muslim woman, I tried to climb to the heaven, but the weight of her resentments was so great that it was not possible. Then, I took her to the heavenly cleansing waterfall and offered to undress and stand under its cleansing streams. The woman went under the waterfall, without taking off her clothing, and stood there for a while. After that, her soul was softened. Another Muslim woman, a beautiful and light, but lonely and unhappy one, met her Guardian Angel in the heaven. He was a hefty man, with a fluffy beard. He hugged her gently, and the woman experienced a real orgasm, then another and the third one, because of his affection. I tried to tear her away from her Angel, but she pressed closer to him. I was already tired, shuddering with the orgasm, as, in such a travel, I feel the same as my "drivens". Somehow, I pulled off the woman from the source of her delight. Then, when we were going back to the Earth, I began to blame her for the disobedience, and she, being ashamed, asked: "Have you felt everything like me?!" "Of course, – I answered, – and now, I know that you are very voluptuous." The woman asked to keep it in a secret, apparently believing that this is a flaw, rather than a virtue.

We, the humans, can communicate with the representatives of other civilizations to gain some experience from them, pump energy into the Earth. A man must be ready for this energetically, have some initiations, a space name, the relationship with his Heavenly Master, as well as, high heavenly patrons. At the top, there is not an eternal rest, as many people think. There is an eternal work there, the development which isn't tiring for anybody, because, in the development, the sense of every existence is.

Children are not responsible for the sins of the fathers, they have their own karma. They inherit only a genetic code, a predisposition to certain diseases. Each person is responsible only for himself. It depends on the person, how much time he will be incarnated on the Earth. It is possible to pass as though several lives for a single life, and climb the ladder of the human hierarchy high. A man from the animal world can get into the Divine Hierarchy at the end of the first earthly incarnation, if he meets good teachers in his youth and the circumstances are so that he has no time to sin, acquires the cosmic consciousness and lives in accordance with it. I'll tell you about one of my students, A., which has got every chance, after the earthly incarnation, move from our planet to the other, more advanced worlds. My student A. arrived to our planet from the fifth space race, the so-called magicians' race. There she had been an energy essence. We found this out in one of the sessions of the exit into the information field. A. is a very advanced in computer science and chemistry woman. She is preparing to become a mother and is bearing a child in herself; the child's development is being watched and protected by the Essences from the fifth space race. This child will be very advanced, and, in the future, he will bring a lot of useful knowledge and discoveries to all mankind.

If a person has established the contacts with the subtle world, then, with its help, he can attract love, wealth, success, as well as, get good health and prolong his youth. Because of the work with the channels, an initiated person is little susceptible to aging as the channels rejuvenate the cells. We live in an animated world, where some powerful forces function, and we can establish the contacts with them. With the magical consciousness, the world around us is comprehended and spiritualized, offers some new types of the energy.

Once I was visited at the reception by a young woman, a former Goddess, who was sent by the Highest to the Earth, apparently to gain some missing energy into the matrix. She wanted to be cleansed and developed, began to ask me what I am in this regard. I had to say that I had got a rather modest level of the matrix compared to her,

but, if I didn't open the cells of her "clairvoyance", "clairaudience" and "clairgnosis" with help of my powerful potential, then, she would remain in the real earthly life as an ordinary lawyer. It happens that some people, having learned from a real psychic about their high achievements in the past lives, become so arrogant that cease to develop, bury their talents in the ground. Other, of a high level, psychics often work under contract by the rich people and help them to become even richer by giving them the information they need. As for the skills and abilities, each person can use them for his own benefit and for the earnings. This is completely the choice of a specific person.

When my daughter and I were just starting to build the relationship with the Cosmos, we were acting on a whim, trying to avoid the contacts with the lower worlds. We were helped by our light conductors. We have learned, for example, that it makes no sense to ask some banal questions about the life of specific people in the Highest informational channels that are responsible for the information of the Universal scale. For this purpose, there are other more materially-minded channels. We have understood that some great Spirits (channels) had passed the phase of a human on the Earth. The Forces of the Highest rank are individual, have their personal traits, their relationship with those who are similar to them.

I remember a case from my practice: *I was visited by a young girl, recently initiated, having a gift of clairvoyance. She wanted to develop her feminine qualities. For this, I attracted a divine feminine frequency to her, which, having fulfilled my request for this girl, asked the girl to attract to her, a Goddess, the attention of the divine Faroon-Buddha, because my client was developing this channel at that time...*

The informational field has got a complex structure, lots of dimensions. This is a whole world. Every aspiring individual has got in it what he deserves. Everything is relatively there. Some people, traveling through the informational field, receive some signals from their conductors. They warn them if someone from these people remembers them at this time. Some people use the support of other people. Some of them are literally "on duty" there, for many hours, and give off a lot of their life energy for this, often without knowing about it. For some people, walking through the informational field is a painful passion, a thirst to be a God on the Earth, rise highly in comparison with other people, and this is some pathology already. Everyone has got his own level of the capacities, and the Highest let everybody go to the informational field till a certain Level, in accordance with the level of his development and spirituality. Low people can be dropped from the Levels by both light and dark Essences. The higher a person is, the more pure his intentions are, the higher he will be allowed to go. Against the darkened and dark people, the Highest set blocks in the informational field, close the information from them. In this case, these people must think, why this happens to them.

Everyone who comes to me or to my daughter Anahit has his own level of the development. It often happens that people, knowing that the initiation into the channels provides some great opportunities, count on going into the information field after the receiving of a special initiation, in order to draw out any information from there, be like my daughter Anahit, but it is often not so simple. Even those people, who have got a rather high level of the initiations, can remain on the level of the serving some earthly interests of their customers, giving them the information of a definite order, affecting the sphere of the social and personal life. It happens so that the channels do not want to work with anybody because of his extremely low vibrations or because of a human's schizophrenia. Sometimes, a person is so energetically dirty and sinful, that even Jesus Christ does not want to condescend to him.

When great Grand Master (Vladimir Petrov) was still alive, I was already thoroughly engaged in the healing, but was not personally familiar to him, even though we lived in the same town. He seemed to be so far away, so solemn and unattainable... (This is a common sin – such attitude to the authorities, but people do this in vain. They

feel that the services which they need are too expensive, that they will not be able to learn something useful for themselves. You are kindly requested, my dear readers, interested in the spiritual practices, to contact me completely free, I'll find some time and effort for everyone because helping people to decide is my main and most important task in the life). I was reading his book, quoting his phrases, watching video of his workshops, speaking with my daughter and other people about him. One day, my daughter told me that she had seen Vladimir and us in a dream, as if we were walking along a town street and suddenly, on the opposite side, his mysterious image appeared. Immediately, without any hesitation, I went across the street and joined him ... After a while, when the Master died after the earthly life, I thought that it was an empty dream. But soon my daughter and I began to communicate actively with the high Essences of the Cosmos and came out to his Spirit. He did not accept us immediately, was setting some conditions, and only after the implementation of them, he agreed to give us the next lesson. As we had performed the tasks on our comprehensive development, the master began to have a more friendly and welcoming attitude to us. My daughter switched to other things soon and stopped communicating with the great master, and I, on the contrary, continued to refer to him on various occasions of my life, work and creativity, and always got his good advice and recommendations. I must admit that the writing of my book "I know!" was overseen by him largely, he amended the structure of the text, for which I will be eternally grateful to him. I see him as my good cosmic Teacher and patron. I have never imagined that it could be so in a real earthly life, but today everything is possible...

Each person has got his mission in the world, due to the scale of his personality. Both positive and negative individuals can pray to one God, though they have got different masters. For a negative act, a positive individual will be punished, and the negative will be rewarded. On the Earth, there is a division of people into a positive or a negative way of the development. The Hierarchy of the negative System is allowed a lot to take away the souls from God and use them to his advantage.

The light people are exposed to some temptations; people belonging to the negative System try to entice those people to their side. You should not envy rich people. Perhaps, they are already under the protection of the negative Hierarchy, and, thus, their obvious example is a temptation for the young, inexperienced souls prone to some imitation. They can make a lot of mistakes; as a result, their development will slow down and this is beneficial for the negative System, this gives it a chance to lead the soul to the opposite direction from God. If a person believes that the most important thing for him is to be happy, even at the expense of the neighbors, it is a provocation from the Devil.

The Space warriors, light spiritual teachers must contribute to the process of the development of the young souls, focused on the Light, in the positive System of God. Spiritual practices contribute to the young souls' coming onto the positive path of the development, strengthening of their Spirit and increasing of the energy potential. When a person leaves the right path, he receives a number of warnings, signs from his Heavenly Master that he does something wrong, and this can be followed by a punishment. People should not have a negative impact on other people, annoy them purposely – they will have to pay for this, their life will be shorter.

The most difficult part of my daughter's and my work are schizophrenics. I have an appointment with them only when they are accompanied by their friends or relatives. At the initial diagnosis, if I identify the schizophrenia, I give them a minimum of the possible and show the door. Schizophrenics' amount is 25% of the total number of the citizens and this figure is valid for all countries. My daughter is visited by them from time to time, too. She has got a client – a young man who comes regularly and tests famous people. In his past life, by his fault, a lot of people perished; so, in this life, he is

disabled. Once he asked about Stalin's soul. Lots of people probably know that Stalin, in the former incarnation, was Napoleon. On that day, Stalin entered the room, where my daughter was sitting with the client, and clapped him on the shoulder: "Well, brother, have they suppressed you? Never mind, be strong; in the next life, you will be a big Chinese leader. Introduce yourself before the Americans properly!" With these words, Stalin's Spirit went out of the room. Now, we already have the information that Stalin's soul has been incarnated in the body of a boy in St. Petersburg for several years. He will be a great military leader once again...

As we know, the schizophrenia can be acquired. Today, a human is healthy, and tomorrow he is ill. The disease is particularly vulnerable to those who cultivate negative qualities in themselves, such as the megalomania, envy, lies, hypocrisy, etc. Psychic infection also does its job. When a person lives together with a sick man, he is susceptible to the disease himself. This has happened to one of my former clients. Having plucked this "property" from her spouse, experiencing the financial hardship, she could not fall asleep for a long time and was thinking about the people, whom she once paid money, and was pouring out her bile. At that time, I was sleeping peacefully in my bed, but suddenly heard distinctly: "Wake up, you are being damned!" I did not know then exactly who had warned me. I have got a good relationship with my home Spirit, with the Guardian Angel, with the Heavenly Master, as well as, I have got a lot of divine patrons. But to my credit (I have begun to respect myself even more after this incident), having not woken up properly, I opened a channel automatically, that sends the curses back to the customer or to the performer, then, I opened a cleansing channel, after that – a strengthening one, and the next channel showed who had made the black magical effect on me. Meanwhile, I continued to sleep peacefully. The next day, I clarified by my daughter Anahit some details about the incident. I must say that the hostile to us people contribute to our greater prosperity. They give us their energy and make us stronger, as well as, promote our professional growth, because we view each situation carefully and make some appropriate conclusions for the future. I remember, on the occasion, one of my relative whose "roof has slid off" and the "slate has crumbled" in her old age, as one of my fun-loving customers says. Our arduous Russian life, of course, "helps" a lot in this. Seventy years of the atheism – it's not a joke. A lot of people have forgotten what it means to take care of the spiritual and mental health, and, with the advent of the modern times, they have been fond of the acquisition of the material wealth, rather than a spiritual one. In general, not everyone manages to keep a clear mind, not to fall into the insanity in his old age. For this, you must strain your brain constantly, then, everything will be all right with your head till the end of your life. So, this woman fell into the insanity, got in touch with the dark forces, and the blame for the fact that her health began to fail (due to the poor lifestyle) was entrusted onto my daughter and me. She was visiting some sorcerers without sparing her money, "ordering" us, and thus, acting as a "forest medic" because my daughter and I are cleansed every day with help of a channel's energy, which removes all possible magical effects, and returns people's envious and negative sends to them back. This channel also deprives the sorcerers and their customers of their power. At the slightest change in the state, we look at what is happening and sometimes see some interesting things, taking measures timely. But if someone thinks that, by dying, such a person, like our distant relative, will stop poisoning the life of the normal people, then, he is mistaken. Within a year after the death, the spirit of this woman can continue doing the contrary to God things. In order to prevent or stop it, we have got an effective technology, which we share with our students and clients. We already know that, after the death, this woman will become a hungry wolf in the next life, which will be later shot in a hunting ... So God punishes having gone down souls and sends them to the animal world...

To achieve a harmonious state of the mind, you must choose between the Systems, not dissipate yourselves for nothing, have a favourite business, give you and your family some joy. The sense of the life can be the living with some dignity, saving the soul, refraining from the gross temptations, resisting the evil forces, tempering the Spirit, making it strong, strengthening the willpower, not indulging the weaknesses. The life on the Earth is a test; you must stand it with dignity. The evil force wants the Spirit to fall (alcohol, drugs, and destructive sects). A person doesn't have a hardcoded fate; he is given just some basics, and can change much in his life. Some variants of the way are given, and a person can choose one of them. It is necessary to work on the body, take care of the diet, and walk more, saving "the temple of the body." The best relaxation is singing and laughing. The laughter strengthens the immune system, helps saturate the body with the oxygen.

The revelations of the Holy Spirit are so: the Dark forces will always molest people, everyone has got his own! The Dark forces pull off the energy through the nightmares, stress, negative emotions, and sensual environment. They can squeeze a man through the nightmare like a lemon. They bring some confusions and doubts into the light relations, want to confuse, destroy all the light, pull off the energy through the turmoil, suffering and distress. In the human society, the dark people have always used other, inexperienced, young souls. Everyone lives and cognizes himself, develops, strengthens or degrades. One person allows to be used, robbed, hurt, and another, an advanced one, doesn't want to do this any longer. A person is affected by many things from his environment – the climate, atmosphere, people, and diseases. All this must make him strong and courageous, strengthen his Spirit, but in practice, it often happens that the person breaks down without the spiritual search, support of the environment, and goes to the negative System, which is very unfortunate for God who has created his soul, spending a lot of the energy for this. A person will take with him as a spiritual baggage into the subtle plan all the gainings that he has accumulated in the earthly life. Having started the development of the talent or ability, in a further embodiment, a man will continue to develop it since the final moment of its growth. Sometimes, you wonder how mentally developed, beyond their years, some children are, and this is a consequence of the fact that they have come into this world with the earlier developed spiritual baggage.

I pay a lot of my attention to the artists, perhaps, because, in my youth, I used to act at an amateur theater. You have probably noticed that, in the cultural centers, a different, light energy reigns, which is not similar to any usual places. I know well this sphere of the state of the altered, extrasensory, mystic consciousness, that's why I'm always ready to help the actors. I think, for example, that the actors should have some special, comfortable life conditions, because they must know, think, imagine a lot, nourish their bodies, cosset the souls and, of course, love themselves. The characters, that the actors embody, must be at least a little interesting for them; it must be not displeasingly for the actors to delve into these characters, and, moreover, live their lives for some time. The actors especially need the words of the recognition, approval, admiration and support. They need their own mental piggy bank, where it would be possible to put their little secrets and vital purchase. Actors must be, herewith, fearless people, mustn't be upset because of the half-empty hall, their thoughts mustn't be confused because of the fear of the possible failure, they mustn't come out of the "image" because of all this. The actors should be paid well, because they have a lot of expenses connected with their image and the rest that they need for the recuperating after their current nervous and emotional expenditure.

The theater, as it is known, teaches better than any book. The art awakens in a man the highest, best impulses, is a bearer of the beauty and teaches people to understand the truth and goodness, to perceive the others' grief as their own one. A son

of the nobles parents Alexei Olenin, for example, having seen a play by Fonvizin "The Minor", where one of the characters is his prototype ("I do not want to learn, want to get married!"), was so ashamed of himself that later became the most educated man of his time, and since 1817 had reached the status of the Academy of Arts' President... I have already noticed that the creative people are more receptive to the energy. Many of them have a vision that helps them in their work very much. The richer the spiritual world of the actor is, the more interesting he is for the spectators. The people of art feel especially thinly and suffer from their high sensitivity, therefore seem strange to others. Like psychics, they often do not know how to cope with the flow of the information, how to live in a harmony. Often, their pride and irritability perform as a protection. The creative people are often not understood by other people. Perhaps, many of them had got injuries in the past, as well as, a lot of frustration and resentment. Their souls often escape somewhere, looking for something high, pure, that can support them. The critics, that constrain the talents, can unbalance their energy significantly. The creative people can be helped, both in the life and in the works, by an initiated person of a high level. They can become initiated people themselves; there are already some examples of this. There are special channels that can develop the talents of the people in the fields of art, music, literature, vocals; and some well-known artists have already been using them successfully. A person, connecting to such frequencies, is capable of producing of the new ideas in the works, and implementing them in the real life. The creative people need a magical protection especially, as well as, they need some regular energy cleansing, aura restoration, revitalization of the chakras, strengthening of the whole body.

Some people live well on the account of the Spirit's savings in the past lives. For the ungodly wealth, everybody will have to pay with some sufferings. All human beings are interconnected and need each other. God needs all people and all of them are important for him.

God gives people some freedom, different skills and abilities, and watches how they use them... I'll tell you about one of my former relatives, now a totally drunken woman. When she was born, God gave her a lot: intellect, beauty, a good figure. The girl grew up in the nature, by a river where she loved to swim. She was quite smart, but in the life, she followed the example of her low developed mother who did not want to work ever, used to grovel before everybody, flattered, slipped out for the benefit in every situation and taught the same behaviour her daughter. So it went; instead of moving forward to develop, the young woman always looked for some easy ways and found in her personal life such partners, from which she could get something. God was disappointed in her and stopped to help. What she was taking out of the life, she was spending on a drink with her friends, similar to her; and this ended so: now, she has become unwanted even for her own children...

This is some information from a high Essence of the Divine Hierarchy: "It is important to know the truth and not be afraid of anything. When a person knows the truth, then, he is strong. Take care of yourself and your loved, do not relinquish the light positions ever! The more the experience is, the greater the Force gets. All questions should be solved in such way that makes everything clear and light. Share your capabilities with other people, let the goodness and the light be more in the world! The way can be overpowered only by a going man! The main thing is – a development.

Healers, psychics, do not take too much responsibility on you. You are growing, strengthening, and leading others after you. This is good! Think about the good relations with people. Support yourselves, warm your heart and your soul. Take care of your physical health, eat and drink less, control the situation. It is very important. Before making an important decision – cleanse yourselves! If a healer has worked with a client with help of "Engine – Well", he must clean his hands, if he doesn't want the painful

negative energy to be stuck in him. To do this, he, being under the channel together with the client, after the cleansing of the client's body, must open up his right hand and move aside his left one, so the negative energy will flow down into the having opened onto the whole room "Well". If you do not take care of your health and don't maintain it, you will get old very fast. Be closed against the negative magical effects of the dark, irresponsible people, and cleanse energetically yourself and your house as regularly as you can. Healers! Do not open yourselves too much in front of the customers. Invest in yourselves, but, as for people, invest in them as much as they pay for your work, not more, otherwise, the balance will be disturbed, and it will be bad for all, both the healer and his customers. Trust your intuition when dealing with the dark people! Confrontation will always remain, get used to it and do not worry. The dark forces blur the consciousness wishing to harm through their dark adepts. Do not relax! You must believe in God, keep a light side. When you are tired, restore yourselves, support by using the Force channels, do not fall into the depression, sadness, melancholy. A healer must be calm and confident in his force. The main thing is your faith and determination to develop, create. In the work, some mistakes can be, it is important to understand and correct them. Before making any decision – cleanse yourselves! Do not permit yourselves to waste the energy, keep your emotions under the control. Take care of your health, do not neglect yourselves! Learn how to live wisely, sparingly, remove the excess immediately, count on yourselves, that's why – take care of yourselves and your health! Everything can be achieved, the main thing is a light intention, some willingness to fulfill your plans and move on. Be fearless! Everything will be OK!"

I want to share with the beginning healers some experience of the work with my clients. Once, I had got a client – a young woman with the hepatitis. What didn't she do to recover from this disease before coming to me! Here I must say that there are not a lot of resources to cope with such a serious disease of the liver... I have been using, for some time, a healing channel of an advanced space race of a very high level, which is able to heal the most serious diseases, but this channel doesn't take everybody. A human must have some awareness, be purified energetically and have a serious reason to seek some help through the conductor of the energy. When I put the woman under the channel, I warned her about it and told her how to behave in such situation. Indeed, the woman told me later that she was feeling a powerful energy and the presence of some unseen creatures beside her. They asked her why she thought they must heal her. The woman began to explain that she had got this disease without any fault. "It does not happen so", they replied. After scanning her, they advised her to look for "Shambhala"... A bit later, the woman expressed a desire to take an initiation, and now, she is moving along the path of the spiritual development.

A high-energy activity is something that provides some help to others. It is a care of children, the sick and infirm, the work for the good of the society or of the Highest. A man, wasting the time and the energy which are given to him by the Highest for the searching of the purpose of his existence, will have to return the energy debts through the difficult life situations, sicknesses, a loss of the loved people. You must know your goals, your place in the coordinate system, and perform your tasks as soon as possible with a minimum of the effort and time, because the development is endless. Everything in the universe is breathing and being transformed. The universe is shrinking and expanding. When the universe expands, it absorbs some energy, and when it shrinks, it throws it out. Thus, the universe breathes. Everything in the universe vibrates and is transformed. Everything is spiritualized, interdependent, evolves and improves, develops its qualities; this is the sense of the life itself. Even in the evil, the same selection criteria work. The law of the supreme justice and karma operates in all the worlds of God. A human is a small link in the general processes of the universe. A man is inherently multidimensional. In the process of the development, he discovers more

and more knowledge about the universe. White magicians, healers, psychics, contactors are the most highly developed people on the planet.

Some mental disorders of a human are an imbalance: emotional, energetic and physical ones. Some excessive emotionality hinders a human's development. It is necessary to fight with the excessive emotions – not to participate in other people's emotional manifestations, not to feel cheated, not to cultivate the ego. Do not let empty people get into your soul and heart, develop internally, have different interests. The cure from the laziness can be some special frequencies' energy, the initiation into which is quite available today. The initiated know and can do more than ordinary people. To live with help of the subtle world is incomparably better, easier and more interesting.

You must control your thoughts, words and deeds. The offense is a cause of many diseases. The offenses drain a human energetically and contribute to the emergence and manifestation of various diseases. The offenses are the lessons that must be learnt in order not to let them into the relations in your future. Appeal to the space channels for help in the freeing from the fears, negative emotions and tense anxiety. Let your daily cleansing from the negative, dark energy with help of the light frequencies "Energy of Light Forces" become your habit!

My students often surprise and delight me. The subtle vibrations of the Cosmos' psychic energy enhance the spiritual qualities of an individual. They start to work in the mental plane almost immediately after the initiation! I generally like the youth of today: it is free, liberated, principled and talented! I warn my students that not all of them can be healers. For this, so much in a person must come together. In order to help yourself and close people, you can have just a few vibrations. I do not try to bind people to myself. I have already understood that I will never stay out of work. I want the addressing to me people's lives to become more spiritual, content, I would like people to be self-confident, healthy and successful. Some people come to me with a specific question and want to get an answer. Often, they know the answer intuitively, but have got a doubt. Then I bring them into a light trance, with help of a special frequency, lead into an ecologically clean place, suggest asking their question mentally and look at the sky at the same time: there, they can find the answer, it is told them by their subconscious. At some stage of the life path, a human, especially a young one, can need some spiritual guidance, and this is normal. We do not often want to tell close people about our problems, and as for a stranger, we can afford ourselves to tell him all, relax. Sometimes, a person has not got enough strength to cope with an unhealthy habit, and here, a slight hypnosis can immediately help. *Once, I had got such an experience. I was visited by a woman who could not stop spending money. I did some exercises with her, and now this woman does not pay attention to the ads about the sales, and when she goes shopping, she always takes with her a list of all necessary purchases.*

Some people complain that they cannot relax, stop, at least temporarily, the chaotic flow of their thoughts. I offer them some special meditation on the human problems, with the support of certain frequencies. A client lies down on the couch, relaxes, and, in his thoughts, follows my voice. The texts for these meditations I choose myself or compose them in my leisure time, according to the situation. The clients are usually very satisfied and do not regret about the spent time.

Sometimes the situation with the customers is so complicated that I don't begin with the cleansing and healing sessions, but immediately give a very strong channel to alleviate the problem. *In one case, a young girl needed some emergency assistance. Every particle of her body was ill. This was a consequence of an evil damage meaning a quick death. She was warned that nothing must surprise her. At the session, four energy spheres were revolving near her. Later, she shared her impressions about what she was feeling under the channel. Around her, there was such air turbulence, that the*

air became thick! Then, it depends nothing on the healer. He can hear the channel's desire to leave the room and let the cosmic forces cope with the problem.

The energy bodies of a human distill the lower and material levels' energy into the energetic information of the higher, spiritual levels. In the energy-informational flow, the egregors' energy is used. "Channels" is a code name of a specific space frequency. The energy rises from below and reveals the upper levels; it goes into the outside and is combined with a specific energy of the Universe. The disclosing of all levels, purification of the consciousness for the harmonious development of a man is necessary. A body's full recovery will not happen if the subtle plan of a person is not restored, as well as, his subtle bodies, and if chakras are not activated. The correct work of the chakras provides a man's spiritual and physical health. The closed or poorly functioning chakras entail some mental problems and the frustration of the specific functions of a human' structure. The channels operate at the level of the body's cells and biosphere.

I remember such a case. One person had been suffering from the chest itch for a long time. He had been treating himself with different medicaments, using different ointments, but couldn't cope with the itch. It took him only one energy session to be recovered from this illness! Removing of the pain is also quite possible, and I often do that. So, once I had got an appointment with my dentist and noticed that she was working, grimacing from the pain. I asked what was wrong. The woman, my namesake, told me that, the previous day, while she was coming back with her family from the country, a car hit their own one on the road, from the side exactly where she was sitting, that's why her rib was aching. I asked if there was a room there, where we would not be disturbed for five minutes. Such a room was found, and I was dealing successfully with my doctor's problem: smashing the negative energy of the bruised place, throwing the pain into a virtual well, giving the healing energy onto the sore spot. And my namesake was working then for the whole shift, as she usually did.

I would like to bring to my readers' attention another case: One of my old friends came from Germany, to make a plastic surgery in Moscow since in Germany it was much more expensive. Having been discharged from the hospital, she had got some few days off, that's why she called me and asked for a visit. We met and talked well. Olga, let's call this woman so, asked me to give her the energy of such a channel, which would help her to regain strength after the surgery quickly, which I did. We parted with her, being pleased with each other, but a few hours later, Olga called me again and said that her belly had ached badly and she had an impression that some liquid had been collected therein. I advised her to return to the clinic as soon as possible and ask the doctors who had done the operation to examine her, which Olga did. The having accumulated liquid from Olga's abdominal cavity was removed safely and free of charge via the drainage, and her physical condition became normal quickly. Olga was very pleased that she had done it before the departure to Germany, where the solving of the problem would cost a lot of money.

In my practice, there were lots of amazing cases when the channels did something that had seemed impossible.

Here's another story from my practice: When I am in the intercommunication with the cosmic frequencies and want to help people, I ask God to give me some strength to work. In order to set up myself quickly on a working mood, I use an "anchor", that is set in my consciousness, – for the rapid inclusion into the working process. I can arouse this condition at any time. The anchor for me is a key gesture. Using this gesture, I feel immediately a connection with the Cosmos, and can work effectively.

I remember one case that occurred in Chechnya several years ago. I lived then in the house of the people who had invited me to do some corresponding work. It was late in the evening. All day I was working with them and their families, and in the evening,

we had a farewell dinner on the veranda, because I was planning my departure the next morning. We had already drunk a fair amount of wine when their close relative, who lived nearby, knocked at the gate. She had got an exacerbation of some chronic disease, which often arises from the effects of the healing frequencies, and then ends safely. This is even a good sign if such a crisis happens. It shows that the beginning of the recovering process of the whole body has started. The woman complained of some pain in the abdomen palpable. Swinging from the wine, I left the veranda for the house to give her some help. I was going there, being worried that I wouldn't be able to help this woman properly, because I was in a state of some alcohol intoxication. There was no way out, I had to be included in the urgent work, if there was such a need. But the amazing thing was when I started working with the client: my whole intoxication vanished immediately! I did some necessary actions, pulled out and threw down the client's pain, normalized her condition. I was struck by the power of the space channels once again!

A state of the prayer vigil (imago) must be felt by a man, if there isn't such a state of the prayer, then, a person has got some disease. Now, this state can be replaced or supplemented by the interaction with the high light channels of the Earth and the Space, which bring to a human's life the development and health – both mental and physical ones. People must love God and the truth, hurry to do the good.

A man, without a powerful dark magic protecting, must fend off a dark human or schizophrenic, they can bring some energy (mental) infection.

You also should avoid the interaction with the energy vampires. The vampirism is an energy sucking, a channel, that comes from a human's bio-field to the vampire, who sucks his life force. Usually, the vampire's connection occurs at a person's back of the head or at his impaired chakras; it can be done through hundreds kilometers from a man. If, at a distance of 1-2 meters from the physical body, a man has determined some flow of the outgoing energy, this indicates the presence of an energy sucker. If the flow is directed downward, to the ground, then, the vampire is a dead man, and there is a necrotic connection between him and a live person. If you feel that you belong to this category of people; then, keep in mind, that, in such a case, you upload your karma considerably. To stop being an energy vampire you should draw your energy not from the people, but from the pleasures: walking, travels, music, books, movie, theater, etc. – Everybody finds his.

Diseases must be realized, they can be a signal for a review of the behaviour. Since our childhood, some concepts and rules, programs, which we are guided in the future by, have been inculcated in us, and if they are broken later, then, the soul and the body react to those failures painfully. A big problem is a wrong education in the field of the intimate relationship. But also in this sphere, the great cosmic Forces come to the rescue!

One of my clients, a beautiful young Muslim woman, having got married, didn't make her husband happy in terms of the adequate response to his sexual activity, because her sensuality and sexuality had been not developed yet. According to the request of this client, I opened a channel onto her that was designed to cope with this problem, having an installation onto the development of the libido. The young woman, let's call her YI, being under the channel, saw herself in the marble hall of a huge fairy palace, and nearby, a Goddess of some stunning Beauty, which was singing and dancing merrily. She took YI by the hand and led to the far corner of this magnificent hall, where, under a transparent red canopy, a pair of lovers was making love. When they came up to this lodge, the Goddess offered YI to look at what was happening. "Well, isn't this nice, isn't this great?" – the Goddess asked, and YI felt immediately some pouring warmth in the abdomen, as if a hot jet had spilled there, and she felt an awakened desire of the intimacy with her husband.

To achieve a balance, you should work on yourselves, and then, you can teach other people to do this. The difficulties can be mental, energetic, astral ones. This is also some disbelief. If you have decided to enter a magic field, it is necessary to bear in mind that there are some laws in it. It is not possible to achieve something good, significant in the magical world, if you do not believe in it. The High Essences will reject you, because you do not recognize, respect them, do not believe in them, and do not share your energy. There is, for example, one informational channel, which requires a great respect. If you have appealed to it with the slightest modicum of the doubt, it will reject you for a month. For it, this is an insult.

I have got a client in Japan – T. Kazunori. He lives and works in Tokyo, in a private clinic for people with disabilities, but comes to me to be treated. Once, I asked him if he believed in God. He began to tell me something about common for all people values... "Do you think that is me who spends the energy on your healing?" - I asked him. Nori could not give any sensible answer to this question. And I sympathized with him like with a lost man, if he, being aged 53, did not know that he lived in the world of the Divine energies, using them and not believing in their existence. I told him that the faith in the Highest Forces is needed to a man. With it, it is easier and safer to live. A human lives and, for all his life, he has been searching for the truth and the sense of his life. He does it constantly, on his own or with help of the books and spiritual teachers. The main thing is that he develops, moves forward, and doesn't marks time.

All schools of the spiritual development have the same goal – to achieve some enlightenment, feel the unity with the world in which we live, be dissolved in the ocean of the infinite energy, and, at the same time, not to get lost in it, as an individual spiritual essence. A person can get all the energy of the infinite Universe in his hands, because he and the Universe are unified. We all represent one pure consciousness! The internal intention of an enlightened person can become identical to the external intention – a powerful force that controls the Universe, and then, real miracles will happen with such a person... If a man does not believe in the miracles in his life, then, as a rule, nothing miraculous happens to him! Such a person should be only sympathized...

An initiated person can throw down the excess of the energy, pressure – work physically, recharge water, creams, shake fingers. When an adept, standing under the channel, diverts his attention from the process, for example, covers some other channel or talks on the phone, then, the energy goes worse, and the channel of the communication that is stronger interrupts another one. The initiation into a particular channel can be made by a photograph, that'll come to stay properly, the payment should be taken beforehand; in such a case, the trust must exist between the giver and the recipient.

When an initiated light person begins to write poems suddenly, the urge to be creative is awakened in him, which means that he has begun to develop his creative energies; they seem to say to him: "You can write poems!" The Universe is generous to the people seeking the development and is ready to help them in every way!

From time to time, according to the recommendations of my friends, I'm visited by some young girls from the provinces. In the capital city, wanting to gain a foothold, they are in the searches at first. Beautiful, educated, smart, in bright clothes (to be noticed sooner), they look good, but, if you dig deeper, it turns out that a girl has just arrived, has nothing inside her heart, rents an apartment together with her friend, has got a fixed salary and some plans about the male half of the humanity. The beauty is not a profession! It is necessary to understand this as soon as possible! There is even a proverb "Beauty is but skin-deep!" You can have a good figure, but not be a figure! Men are infantile now, do not want to spend money on anyone else, except themselves; their women love them without this, since their percentage in our homeland is much less than the women's. The men are afraid of the responsibility, some obligations, flit like some

moths from one girl to another, and prefer to choose a less beautiful and competent girl, but with her own apartments, a real estate, for example, a country house, having acquired by her parents possibly, rather than a girl without some dowry. The coming girls have got one hope – to be fallen in love deadly by a man, then, he will support her with the money, pay for her whims. Often, this dream remains ephemeral, elusive, the best years of such girls go away and their dreams dissipate. More sensible girls from the newcomers try to do to succeed in the life themselves and they are good at it. Some of them, the most advanced, try to pull all possible ways to them, including magic ones, and today, it is OK. It sometimes happens that a girl, for the sake of her maximum self-fulfillment, refers to the conductors, like me; then, in the process of the energy purification and strengthening of her Spirit, the spiritual things begin to attract her not less than the material ones, she becomes a harmonious, light personality, because each person can be both a businessman and a saint at the same time. So the Highest say!

If a person does not pay attention to the signs sent by the Highest, is not engaged in the rethinking of his behaviour, and instead of the developing into a positive direction, tends to be wealthy and have a carefree life, then, he is transferred to the jurisdiction of the negative Hierarchy. The repentance without any penance and understanding of the mistakes gives a soul nothing. Through the sins and unconscious mistakes, a person builds his soul for the negative System. The mistakes can and should be corrected. A sin is an action that promotes the gaining by a soul some energy of the negative quality. The sins turn on the mechanism of the karma, and they will have to be worked for through some situations, perhaps within not one life; only then, the preponderance of the positive volume of the Matrix over the negative will occur. The Matrix switches to a slower mode, if a human's soul gets into the negative System, as if the clock hand would be rotated in reverse. If a person and his soul are in the negative System, then, the slice of the light in his Matrix is still retained, but it is under the pressure. This positive particle disappears; the last positive drops are squeezed from a person, if his soul leaves the light plan.

When people pull the benefits onto themselves, do not pay the bills, then, they will have to pay other bills, the Divine, karmic ones, from which they cannot hide anywhere. Life, as they say, is even in a vacuum.

One day I was visited by a friend who was asking for her son: he wanted to sell his cottage profitably to invest into the purchase of an apartment. He came to me, I cleansed him energetically, and we fulfilled a special ritual; he promised to pay for it later, but, apparently, forgot about this. As for me, I, as usual, made a donation for the work of the channel. His cottage had not been sold for a long time, his mother was worried; I was interested in the contact sessions several times, why this was so, and, each time, I received a response that the young man had invested little into the performance of his desire, that's why he must suffer. As a result, the young man sold the house much cheaper than he had planned, was very displeased, probably he blamed me for this, but did not express his gratitude for the ritual, as he had promised. Now, I, not wanting to create some problems for people and discredit myself in the eyes of the Highest Forces, don't dare to fulfill my customers' desires free or through a deferred payment any longer, I take the fee for the execution of the desire in advance, as it has been originally recommended by the Highest Forces.

The expansion of the "clairvoyance" and "clairaudience", the communication with the Essences of the subtle world are called hallucinations by the doctors. Now, a lot of people want to see, hear, communicate with the Highest plan, acquire a cosmic consciousness, and this process will not stop. If there is a demand, there must be a qualitative offer from the people who have passed this way before, got some "bumps", and can help their followers to pass this way without any complications. If a person in

the session sees, hears and feels – this indicates a high level of his cosmic soul's development, his highly developed intuition. The intuition is the sixth sense, these are impulses that are sent to us by our Heavenly Master (his new name is Qualifier). We must learn how to hear them, how to establish a contact with Him. The presence of some high abilities (talents) shows that a human's soul has come into this world from the highest plans of the being, perhaps, for the novitiate of the glory or for the help the humanity in its spiritual development through some new discoveries in the fields of the science and art, or for serving One God. The cosmic souls are incomparably more advanced than the earthly, young ones.

One of my young, naughty students, being cleansed energetically under the channel of the dancing God, offered Him to dance with her, and He told her that she was not to His taste: He liked women with some strongly marked forms...

Another student of mine, very advanced in the sense of the psychic abilities, came one day and told me that she had been recently in the cinema, watching an American film about an alien invasion. Under the ceiling of the cinema, she noticed, with help of another vision, a dark essence, that was extending its tentacles to many people in the hall, being fueled by the energy of their negative emotions. This essence realized that my student saw it and tried to attack her, but my student was immune from it because she had got a powerful channel protecting from the dark influences...

Another student of mine in the session of the purification was reported that she had been so active that her Guardian Angel was not in time, and needed an assistant. In the cleansing session, I opened a channel onto her, which gives a person an opportunity to be connected with God. My student saw under the channel that she came into a light heavenly palace, the entrance to which was guarded by two Angels. She was told to wait. Then, in front of her, other, white doors were opened, and she found herself in a large round room, the light into which was flowing from the top. She did not see God, but she spoke with Him. She expressed her request for an additional assistant courageously. She was told that it was necessary to work for this good, and she agreed. Through her, one of the areas of the Earth, the European part of it, was cleansed. My student was recommended to have a child, whose soul had been waiting for a long time for her decision, and it would be a very talented girl. After that, my student (or rather her spiritual shell) returned to the Earth and found herself in my office. She has got married recently, with a man, whom she had known for a long time, and will become a mother soon, though at first, she was going to concentrate all her efforts on the business...

One of the light channels, cleansing people from all the impurities, at the very beginning of our cooperation, wanted me to be developed, taught me how to read the information, for this, it advised to take a pencil and draw some whirls, then, I would understand much. After that, he used to put down some information about my customers to me, and give some advice. He does not like muddy people – with them, he is strict and severe; and as for the light people, he tells them about his support, advises to keep in mind that, in their hearts, God dwells, who sees everything ... Often, he says very unpleasant things about some people that I find even difficult to say aloud.

One day I was visited at the reception by a young girl, who had come due to an advert; she had got inflated with the silicone breasts and lips. My great assistant, looking at her, said that we couldn't help there with anything. "A drop of spirituality would not have prevented you from the being just some meat," – he said to her at the end of the session. Before the parting, I asked the girl what she was doing, and she replied: "I am a stripper"...

To help or not to help those, who have found themselves behind the trends of the life, have fallen on the road and dropped themselves into the lower worlds, this is a decision of an initiated person. Not every person is worthy of the support. There are such cynics and skeptics, aggressive people, on whom we should not spend our

energy. They do not believe even in themselves, look for a trick, a deception in everything. Sometimes, we shouldn't come up to a particular person in order to help him (for example, if the man is dark). We must help those people, who ask for help, want to be changed internally, develop spiritually. Each case must be considered individually. The help for people can be offered not more than 5 times. The healers must not impose their help ever! We should listen to our intuition.

An initiated person must "work for" the energy, received from the light channels and the Heavenly Master, contribute to the good, the Light. The healthier and more successful the healer is (the purer his Karma is), the more effective the channels will work which he opens. In the work with the channels, some moderation is important, we mustn't bother them unnecessarily. Do not express even an intention, if you are not going to work.

When a client stands in the session and imagines someone else's image, then the impact on the image spreads for 50 percent, but neither a client, nor a healer can do it without the permission of the person (and the corresponding payment for the work), it is absolutely unacceptable. If a healer impacts with help of the channels' energy against the client's will, thus, he loses his time and effort. A visiting the healer man, wishing to influence another person, wants to solve his problems at the expense of the healer. It is not right. It is useless to do anything against the will of a person, without his consent. Do not assume the role of the arbiter of someone's fate, because you are not God! Only a few very powerful channels can cleanse and calm a person without his consent, in an emergency. When a client creates a mental image of some other people in the session, it is punishable. The amount of the energy expended for the work of the channels depends on the client that is served by the healer. A dark man takes the greatest amount of the energy, and there is no sense in working with him, the healer only loses a lot of energy, and it will take him a long time to recover; though, as for the person, he will remain the same, because he is a prey of the negative System.

A healer must abide by the law of the non-interference. If a healer's soul does not want to help any particular person – he shouldn't help him. If a healer has been still connected to the problems of a man, has gone against his karma, he will get into some trouble. The client's state will get a temporary improvement, but everything will return to its original position, if the client has not started to change for the better, has put his responsibility onto the healer. A healer must be vigilant and listen to himself. A healer must give the customer the benefit from his soul, not just for the money.

I offer some advice to the women from the cosmic Women's Health Channel: "A woman in the case of any magical aggression onto her sexual chakra must put on a golden energy pipe for her protection. Large energy costs are harmful to the women's health. For the female physical health, a male energy is desirable, at least, sometimes. A special space channel can help to restore, harmonize both the male and the female components".

Some advice from a great cosmic channel to the initiated people: "If an adept needs some support, he must use the energy of the light channels; they contribute to the strengthening of his Spirit. An initiated adept can be a conductor himself, a channel that broadcasts its energy to other people. The energy of the Holy Spirit is universal. It is necessary to call Jesus Christ, if there is an impact of the dark forces, you should switch yourself on something else, ask the light Force enter and lead you. The Heavenly Master is always to your protection, can give some information in the form of the words and actions that you will do unconsciously. The Guardian Angel can be also called for help, but the Heavenly Master is the best".

There are some harmful magical practices of the use of the animals' essences. You cannot let go the animals' essences into yourselves, this is bad, there will be some negative consequences, they will have an access to you and you will have to defend

yourselves from them, spend your energy on this. The interest to the animals' essences is peculiar for the materially-minded people.

Grand Masters can even not stand under the frequencies, they work also with the open eyes, but the efficiency of such a work is 50 percent; it is better to stand in the session of full value with the closed eyes – for 15-20 minutes. When your eyes are open, the channels do not work. In the attunement sessions (of the development ones), the channels do not see you. The Zoroastrianism's channels see people according to the elements.

A frame is a magical tool in the hands of an initiated human, it's fueled by his energy, is used for the diagnosis. In the method "Energy of Light Forces", there is an informational channel which operates without a long gaining time, and gives the information without any help of the available tools.

Some advice to the healers from the channel of the Force: "A healer should develop his "vision" constantly: imagine a person like a picture and look at him namely like at a picture. See his organs and systems, and understand where he has got a problem. During the session, some thoughts can come how to solve this problem. You must act at the cellular level. People's medicine often exacerbates the disease, drives it inside. A healer must see several options of the disease's development: if a person is treated, there will be this way out. If he isn't treated – there will be something different, if he is treated slightly – there will be the third version of the events. It is necessary to study medical terms, understand what a human's organs look like. A healer must try not to treat with a hand, not to touch a person. The clients will not appreciate this, though the healer will give them his vitality. When a healer works with people, then, he should be closed in the mirror pipe, and work only with help of the channels; otherwise, all of the clients' problems will be his. It is impossible to identify yourselves with your customers, give them your vitality! If you forget about the protection – you'll take all the problems of the people onto yourselves, you get tired, and you will lose your strength and health. A big mistake is to open the customers your soul, to be turned out in front of them, trying to please them as much as it is possible. Thus, a healer devalues his work. People are ungrateful inherently. They look for some mistakes in a healer's work, act out different scenes, and expect some compassion, pretending simpletons, in order to use the healer longer but pay less. They know very well that the service is more expensive. Do not lower the customers anything! If the session is over – say goodbye to them! The customers play for time especially, though they remember the working conditions well. How a healer appreciates himself, so he is appreciated by the customers, as well. You mustn't tell them a lot about the methods of your work, waste your time on this. A powerful potential of the knowledge can inhibit the potential of the young souls and cause some rejection, because the young souls have not developed the courage, they are full of fears which should be overcome, so a healer, a psychic must give such people some metered knowledge, while they are being taught. A healer must be cleansed energetically every day, especially after the clients' visits. Do not hesitate to disturb the channels, it is better to devote the whole evening to yourself than to be without any strength later. You can stop the aging process – using some special frequencies; it is possible to give the energy of these frequencies for the customers, as well. You can charge water with the power of some special channels onto the rejuvenation, cleansing, loss of the weight. For the charging of water, you should take money from the customers, for example, 100–200 rubles, wherein donate 10–20 rubles to the charity. The charged water is effective for 3 days, it can be stored in the refrigerator, without any freezing, but it is better when it is stored at the room temperature, slightly opened.

The best donations to the fund of the channels are those that are done for children – the disabled, orphans, who cannot live a full life. We must be engaged in the

charity constantly, get used to this. The donations should be done from the clear heart, not because it is necessary. We must pronounce our intention: "I'm giving the money (am sending) to something, it is my charity!" The money, given to the charity, will work twice: promote the good in the world and maintain the energy fund of the channels, which energy you use. When a healer cannot give the money to the charity for 3 days, we must bear in mind that the light Forces know about his clear intention to fulfill this duty. It is better to do this as quickly as possible to the benefit of yourself: you're worried about this, and give back your energy for this, though it is not good.

Some charity connected with the people who are seeking your help is possible, but it is necessary to talk about it with the channels in advance. Wealthy people must pay for the psychological help, as well. Everything in this world is worth some money, it is an axiom".

People who have reached a high level in the method, "Grand Masters", must give their students an initiation into the channel of the magical protection first of all; otherwise, they will be taken away by the dark forces. Now, it is a particularly difficult time, in which all of us have to live. A lot of people's programs are rewritten and transformed. Now, it is very difficult to predict the events accurately, because the dark forces interfere in the process, they want to control everything. While meeting a dark personality, you must protect yourselves, it is not necessary to detect it, everybody has got his own.

The initiation is a transfer of the power. People (clients) take away a healer's energy unconsciously during the reception. After the initiation, a healer must restore himself quickly: be cleansed, relax, open the channels, giving some energy, change the scenery, pay some attention to his soul, or go to the country. The initiated people need some meditation especially, as well as, something harmonizing. In the restoration of their energy potential, they can be helped by the channels of the Force. One can plan his activities: the first week – some treatment sessions; the second week – the initiations. Without a pre-cleansing and restoration, the initiations mustn't be given people ever! An initiated person should introduce his new adept to the channel, vouch for him, and promise, that this person knows all the rules of the interaction. If you wish to initiate a person into a channel, then, this channel must be asked whether it will take this person, if you know that this man is a light one. If he is muddy, not defined between the systems, then you must ask the channel to agree with the initiation and the person's adoption in the ranks of its followers. A man must be prepared for the initiation. It is necessary that a person has come to the realization of what is happening. The removing of the negative magical bindings, people's healing and initiations can be done by the mental images and photos, because we all live in a six-dimensional space.

I had got a client from Krasnogorsk, who asked me to take her to the number of my students. She said that, in her town, she had had a mentor, as I understood, from the dark forces. This mentor took a lot of money for the initiations from my client, but the initiations did not work, she enslaved my client in every way and, at the slightest disobedience, used to beat her on the head with a frying pan. During the first visit, I cleansed the client, and we agreed to meet again soon, because, according to her physical condition, she could not stand the whole program at once. A few days later the woman called me and said that her former mentor, having learned that she had gone to Moscow to another teacher, was beating her energetically and requiring going back. Of course, I advised the woman to stay strong, remember Jesus Christ more often, go to the church before our following meeting, and, as soon as possible, purchase some powerful magic defense for herself. But this woman did not call me again; apparently, her spirit was overwhelmed by a stronger negative potential. So are witches, they imprison their victim, make, literally, a servant from such a person, and hold near themselves tenaciously. In such a case, a healer must speak about everything with the

customer in advance, go through the entire cleansing program during one visit, give, after the purification, an initiation into a channel of the high protection, because there can be the essences in the person, that will not let their victim pass subsequent cleansing procedures. It would mean for them a loss of their homes and energy for their existence. After the full energy cleansing, a person must recognize his weaknesses, and not pander to them in the future, as well as, take care of his spiritual and mental health.

I'll tell you about one more case from my practice, echoing the previous one. *I had got a student, having cleansed rather well, having just started to go along the path of the initiations. From his words, I had understood that he used to feel the potential of a healer in himself, wanted to help people, namely men, and wished also to develop the ability which he was feeling intuitively. Once, in a dream, I saw that this new student of mine had got a vagina on the place of his male genital organs. I thought it was strange, and, during the next informational session, I asked the high Essences what was the matter. I was given the answer that the man lived with a woman who zombied him wanting the man to support her and her grown-up children. I learnt that the woman used a dark sexual linking. Of course, I told my student about this. He confirmed my words and his surmise, and now he must choose: whether he will invest in himself, his development, or he will live with the dark "night cuckoo".*

Some information from a channel of the Force: "The healers should always take care of themselves. The unbalanced emotional sphere affects the level of a healer's energy negatively. Through the emotions, people earn their diseases. Negative emotions are diseases. A spiritual cleansing leads to a better physical health. When a person is seriously ill, has given up the fight for his health, the treatment can be complex. Then, in addition to the channels' energy, such a person can take some medicine, but everything should be in moderation, in order not to reach a deadlock. The spiritual plan is the main thing, always. The diseases are given people to understand the way, their destiny, and the existence of something higher, a Divine one".

A human's life gets worse if he uses dark magic practices, channels, has got hobbies like Transurfing – provides some interaction with the world of the Feuls. Nothing good comes from this. We must pray to one God! Everything else is a temptation from the dark forces, some pulling aside. Thus, a man loses his power greatly which ages his body rapidly.

Some other tips for the healers from a great cosmic channel: "Healers, try not to provoke people to envy! People with the connections harm their healer unconsciously, and affect him adversely through their negative emotions, envy. Essences do not want to leave their homes and take some revenge towards a healer, so they "take away" his energy. From the dark essences and ignorant people, healers must be closed with all the means being at their disposal! You must learn how to build the relationships with people. In this work, there are lots of nuances, everything is individual. A healer's behavior during the giving of the energy to the client is very important. Do not confuse the message with the messenger! A healer can have his own problems, he cannot always be ideal. In his work, a healer must imagine the channels, create some mental images, renounce irrelevant thoughts, and be focused on the stream. I am a channel! The work must be like a meditation. The healing process gets faster then, and the channel's efficiency becomes higher. The channel sees the healer's work and adds some more energy, if it's needed. When the session is over, it is necessary to close the channel, if you don't want other streams to be connected to the client".

Some information from the Goddess of Beauty: "If a woman pays too much attention to her appearance, the "facade", then, she is perhaps a neuter being, or there is a lot of male energy in her. If she is a woman internally, then, she is calm. Women, demonstrating their sexuality openly, are partly frigid. Their logic is so: I am a man

inside, but if I was born in a female guise, then, it can be a mean to achieve any benefits, to manipulate men. There are women who live by their labour, and women, who live at the expense of others. Men pay for their "love".

God of the Earth wants people to get pleasure from the life. When there are too many pleasures, then, it is bad. God exists to fulfill a good will of his people! Everyone goes to God along his own way, which can be different. God has given us a freedom of the choice. God is everything and everywhere. Everyone is God inherently. It is important for people not to forget about the hygiene of the soul and the mental health. If the soul is healthy, then, the body will be healthier, too! We must save our inner world, interpret what happens as some lessons sent to us from the Highest. Our silent witness is our Spirit. When the free will of a man meets with God's will, then, the salvation is possible, "God, let it be according to your holy will, not mine, because I am dust and ashes!" God sees the thoughts of every man, the way how he looks for Him, whether it is from all his soul. That's why people should always remember that they are in the presence of God, and control their thoughts, feelings and actions. They should do this not as slaves, but as loving children who are afraid to offend their father. The Spirit must stay awake over the body rather than the body – over the Spirit. A person can come to the Heaven only through the humility. There is no place for the proud souls there. A man has got nothing to be proud of – both the body and the abilities are given him by God. Only passions and vices are ours. When we are slandered and defamed, it is useful to remember that we are not saints, but sinners. When we are praised, and revel in it, then, it gives a rise to the disease of the soul.

Some information from a high space Essence: "People are disliked in the Cosmos, because of their laziness. People have got a lot of abilities, for example, to go to other worlds, travel not only in the astral plan (this is a close to the Earth space), contact with the high Essences of the Divine Hierarchies, and get the information as a reality. A human can control his thoughts, make a quick jump in the development. People had to learn, how to read each other's thoughts, see, hear, communicate telepathically, contact with the Highest world and a subtle plan, a lot of time ago. The human brain is developed little, some people's – for one percent. The duty of everyone, who knows it, is to carry the knowledge to himself and other people, being not afraid to do an effort. People have been beat by a dark lump; the evil has been spread greatly in the world. A human, according to the Highest designs, is multifunctional, multidimensional, has got a huge potential. Do not believe those who say that a man is small. In everybody, a great potential has been founded. People are hypnotized by the dark forces, as they are for people's not developing, for their degradation. The Highest cosmic frequencies help cleanse people from all dirty, unclean, promote the comprehensive development of the personality. The people's task is just to wake up and start to live consciously, being armed with the new knowledge about the Earth and the Cosmos".

If an initiated person behaves correctly, in a spirit of the service to the Cosmos and the Light Forces, has got a pure intent, then, the cosmic Forces help him, send wise tips, insights. People call this "ESP"; in fact, this is a connection with the Highest Forces, some knowledge of the truth.

Here I will give some tips for the developing of the particularly delicately feeling people – psychics-beginners; these tips have been received by me during the high contact sessions:

A psychic is a person with some increased tactile sensitivity, and other types of the sensitivity (clairaudience, clairvoyance, clairgnosis). For such people, the comprehension of the magical world and further development become much simpler and easier than for ordinary people. Initially, when such people just begin to develop their psychic abilities, they must try to get not very much information. It is better not to

be a fan of the television, because of which your mood becomes deteriorating, and some irritation appears. It makes sense to exclude the information trash maximally. The answers to the questions must be sought not in the TV programs, but in the spiritual books and by your spiritual Master. At work, try not to delve into the problem and the emotional state of other people very deeply; don't tell the details of your personal life, don't cause jealousy and gossips. For the psychics-beginners, it is difficult to work in a team, because there are too many impressions, the psychic sensitivity is high, so, it is difficult to be among people, it is better, at first, to be more with yourself. Each team has its own aura, radiates the energy of a certain composition. This is a subtle world, affecting all of its members, having its radiation, which is often negative.

Your own strong emotions cause some harm. It is necessary to avoid emotional contacts with the "empty" people. Put on your head a durable energy cap with the "mirror" facing outward (young people, boys and girls, should still notice each other and be able to communicate with one another). Emotionally, for these people, it is difficult, because, at first, there is too much information on the topic of their interest – so there are lots of the questions. Books are a good mean, but you should expand your consciousness yourselves. Having a fancy for the process of gaining some knowledge, you should be calm, and your attitude must be neutral: in course of time, everything will be. It is necessary to defend yourselves every day (when you leave the house – it is obligatory), activate all of the available means of the protection and be cleansed regularly. You must have a strong power protection. Some relax is possible only with the spiritual people. While meeting a dark personality, defend yourselves particularly thoroughly, do not try to detect and identify this dark personality. Some important, exciting information should be always checked up with help of your Master! Use existing channels, open them to calm down. Be cleansed after the visits of other people, after the trips to the city. At first, it is useless to educate anyone; every person lives in his own world. Your house should be cleansed frequently, because of the different "visitors" and the accumulated negative energy. You must keep moving forward, acquire new knowledge, new possibilities, and gain some outputs into the informational field. Your own strong emotions cause some harm. Everything should be done gradually, without any fuss. We should develop the third eye, clairvoyance. With help of the clairvoyance, one can define people's problems, and scan a person's internal organs, requiring some energy recharge. When it's very hard emotionally, then, the words that someone else is worse do not help a psychic! It makes sense to consult with your Master, and, first of all, listen to your soul. We must learn how to overcome the states of the depression arising in the life, get used to endure all difficulties. To feel easier in particularly difficult moments, you shouldn't be sprayed; do stay on one place! During an emotional uplift – do not do anything! To cope with some increased emotionality, you must learn how to be impartial, not to focus on the situations and people. First of all, you must try to be calmer. Be not afraid of anything! If some essences from the lower parallel world molest you, be cleansed from them with help of Your Master. Do not try to cope with them yourselves, you can lose and be injured very seriously! You must start and end your day with a prayer, the shortest of which is: "I am with Christ".

While a human's matrix is weak, there is no high access to the informational field. It is necessary to implement some planned development, gain important initiations, have pure intentions, a boundless faith in the Highest Forces and serve them, honoring the Master. The attitude toward the people should be correct, without any hypocrisy and greed. The development of the arrogance and contempt towards other, ordinary people is unacceptable. Let light energies go into you regularly, do not be friends with empty and dark people. Your intuition corrects your opinions about people, it is worth listening to. It is easier to be disconnected from the flow of your impressions if you are seriously

fond of something, so you can switch your attention onto something else; it is like a rest on the way.

The information from the channels in the informational session is always a primary one, then, there may be thoughts about what happens. During the contact sessions, you must forget about yourself, become an empty vessel for the receiving of some information. If you see something negative, you must remember that all can be corrected. Through the Divine channels, the "right" Essences and Forces come. The fears have been stretching, perhaps, from the past life, some previous experience has influenced the creation of your fear, because much is not definite, and your energy is changing now. Fears must be overcome, all people have got them. Fears can be acquired in this life, too. There are some techniques on getting rid of the fears, and your spiritual master or a qualified psychologist can help overcome them.

A psychic's common weaknesses are the irritability, vulnerability, a big emotionality, and self-distrust. You shouldn't overload your head; it's good to get the initiations gradually and harmoniously. You shouldn't tell people about your abilities first; do not open the channels on your relatives and friends, use them only for yourself. The attention is scattered among the people, the energy is taken aside. Any encounters with the energy vampires should be avoided, and if this is not possible, then, activate your defense: your soul must not be present, go somewhere far away with your thoughts. It is better to focus on yourself: be calmer, more independent, continue to practice the meditations, gain developments, feel the inner strength, ask yourself, your soul, because there is a lot of confusion in the world. You must be cleansed energetically every day to strengthen your Spirit and try to be an example for others.

You must learn how to spend money properly, count them, use wisely, and not forget about your own benefit. A loss of the money is a unique experience.

It makes sense to avoid different muddy events and network marketing – a special energy field is created there, the advertising works. There, money is "made", nothing else, it is a semi-deception. Some having sold supplements, for example, are partly helpful, there is some cleansing effect from them, but this effect can be achieved with help of other, less expensive means.

For the good development of a human's psychic abilities, one must cleanse his intentions. All capacities (including the ability to read the thoughts of others) will be developed as far as possible. Each person has got his own speed in the understanding and development, each goes his own way. You shouldn't be concentrated on this, create a problem, a potential of the importance. You need some consistency, a pure intent at a subconscious level. You should be developed with help of some special channels, trust your intuition, avoid any dependency, be free inwardly, maintain a positive attitude, and get rid of the negative emotions.

For the development of the ESP, one can be switched from one feeling (impression) to another, from the clairgnosis to the clairvoyance, etc.; cover hearing, vision; perceive some emerging sounds and pictures; be focused on the top chakra (lotus), on the third eye. The Heavenly Master can give some advice on how it is better to develop, he leads his disciple; it is in his best interests. The external is not so important; you can see and hear with the brain. Writers, for example, have often got a developed clairaudience and clairgnosis. Any type of the art contributes to the development of the psychic abilities. It's very good and helpful to paint. The artists and musicians are partly psychics, too. Nothing happens by chance. It is hard to live on the Earth for people of the Cosmos, cosmic souls with the developed psychic abilities; they are, like splinters, alienated inside, they need a strong defense if they want to live more comfortably. They should ask the Highest for an even greater spiritual development, use some specific channels' energy to reach the enlightened as soon as possible, and move to a higher level of the being.

The development of the psychic abilities is prevented by a high emotionality, some sadness, being tied to some specific events and people, dissatisfaction with the relationships, connection to the emotional problems of others (one should dot all the I's in the relationships).

The development of the psychic abilities is contributed to by the energy of the brain developing channel, as well as, by the meditations, inner peace, staying in the "neutral" state, disconnection from any external events.

The particularly sensitive in terms of the ESP people, who do not have a special initiation into a highly protective channel, must be fueled, at the astral connections, with the energy of the available channels every day to be strong and not be affected negatively by the energetically strong dark people.

For the development of the clairaudience, hearing in general, one should be in silence, listen to classical music, be in nature; cover the visual channel, as if there is no vision; perceive everything around with the ears. Some perception of the vibration will start, at first a little, then – more. One should be calm, not exert oneself, listen carefully, and believe: I can hear! Do not doubt! Other thoughts can be imposed, as well as, some suggestions from various disembodied spirits. While being developed, you will learn how to distinguish between the voices; the Heavenly Master and the intuition (the queen of the knowledge) will help you.

For the development of the psychic abilities, it is necessary to remove the blocks. To see is natural! When a person is overworked, then, he should focus on himself, do other things, have a rest, recover, and be alone. Sometimes one needs some peace and privacy. The things go swimmingly, when you are alone, being focused on the development of your abilities. In the development of the psychic abilities, there is no limit, you can develop further, generate events and circumstances, and materialize objects.

There are lots of talks today about the "activation of the super-conscious function of the body", which has something to do with the brain, supposedly. In fact, it is not so. The brain receives the information from other cosmic worlds, people's assistants – Guardian Angels, Heavenly Masters, egregors etc. A man co-tunes to a specific frequency (or wave) of the one who gives information. He can be activated automatically when the Highest Forces are in the mood for this man, if he is interested in the development himself, wants to know his program, see other worlds of the Cosmos, for example, watch the Earth from above.

Some instructions from a Highest Force: "Everything should be done without any haste, you should develop gradually; the main thing is to keep informed! A system is important in everything. You must find time for yourselves in your daily life: for the spiritual and physical perfection. The sense of the life is in the development. The faster you will understand this, the healthier and more successful you will be. Keep the light side, do not yield the dark, and you will be pleasing to God. Without God you are nothing. Your soul is his ownership, so try to look good in the eyes of God!"

We all forget that God wants to believe in us, in our development and spiritual perfection. Each of us has got a spark of God, and those who lose their souls, lose God's grace, as well, His faith in us. People can help God, contributing to the benefit of the Earth. Today, it is already little to pray to God on the knees. From God's eyes, no one can hide – neither politicians, nor simple townfolk.

A human's consciousness is constantly growing. First, he looks for the spheres where to apply his forces, forms his ideals, and begins serving one or another idea. Then, he becomes the master of the idea, gives his strength to its realization, implementation. About such a man, we can say: "This is the Man!" When such a man attains some enlightenment, then, a door to the Temple of the highest celestial beings, Essences of the Divine Hierarchies, opens in front of him, and they lead him and guide.

Having gone along the earthly path, this person can be joined the Divine Essences and dwell in the subtle plane, performing a specific function, developing further. Such a soul can return to the earthly world, carrying a certain mission. A man with such a soul is called Avatar. A person can climb the ladder of the life gradually, but he can go through all the stages quickly, reaching the awareness of the oncoming way. Bhshima, God of the drachma (Drachma is any spiritual practice; in Buddhism it's Buddha's teachings) said: "The efforts are stronger than the destiny". This means that the good deeds can balance the karma, so you can achieve the desired or correct your fate for the better. You can build your place in the sky even being on the Earth.

A man lives simultaneously both in the physical and material world, as well as, in the mental (the world of the ideas) and in the astral (the world of the desires) worlds. The place of a man's birth is in the heaven, and, ultimately, he is eager to return there, having gone along the way of the soul's development and the Spirit's strengthening.

The most important thing in a human's life is his orientation on the light path. We must ask a reasonable question to ourselves: what are you, what are you sowing around, what do you have within yourself? The sense of the life of one person is in the material enrichment and another's – in the improvement of his immortal soul. The knowledge of the laws of the universe will help people gain the cosmic consciousness, understand their place in the Cosmos' coordinate system.

My students often ask me about my roots, parents, and I tell them something, thus, reducing the time of the visit. About my mother, Nina Semyonovna Russkina, a healer of the souls in Western Siberia, I have already told on the pages of the previous book, "I know!", and I have written a story about her private life, which is called "To Live a Life". Now I want to say a few words about my father, and supplement this information with some more narration about my mother and daughter.

My father – Ivan Iosifovich Spiridonov, an honored veteran – was also a staunch soldier in the real life. His whole life was full of the continuous labour, both at the factory and at home. Even having gone to the well-deserved rest, he was sent a car from his work to; thus, he was expected to come and help young professionals in the fixing of various complicated equipment. He was a crystal honest man. It can be said, he had withstood to the end. He was able to go away from all the worries connected with the son's poor health, but he did not leave him until the end of his days. When he died, his soul rushed into my house, and, at night, I could feel an energy boost. The next morning, after my relatives' phone call reporting me about his death, I flew quickly by plane to Novosibirsk, to the funeral. Having arrived to my parents' home, I was resting, sitting in the armchair, when I felt him hit me again on the arm and say loudly, "Why are you sitting? Organize my funeral! I want to lie down next to the mother". I did it: at the end of the third day he went into the ground next to his wife, Nina Semyonovna, and the eldest son Anatoly Ivanovich, who had been a law servant in his past life. Later, after his death, my father laid the worries about the remaining son onto me, his daughter, and I perform this task faithfully. When my father died and went to the heaven, to the posthumous life, his soul was looking for his wife, but did not find. My daughter and me watched, from time to time, how his "purgatory" was going, how he was softening more and more. His soul was at first very unhappy that he couldn't find his wife there. The soul of my father in the heaven could not know that my mother's soul had got, in contrast to his soul, to another level of the post-mortem existence.

(Those people, who think that, by dying, they will meet their relatives in the heaven, are not always right. Maybe, someone will meet them, if the time between their departures is not great, and they belong to the same level of the development).

My father, during his lifetime, was a severe, exacting man. When I once asked him whether he was satisfied with everything that I had done for him, he said no. "Why?" - I asked. "Because I have got a complicated character, and, for all my life, you

have loved me less than your mother". Yes, it's true. My mother was always the main person in my life! I still love her very much! Now I remember the previous years, and am amazed at how much stamina and patience she had got to endure such a life! Intense work, permanent savings, fighting with the endless difficulties... I do not remember my parents going somewhere to rest, except one visit to Yalta, in the seventies. But my father could not be an idler; he always had to do something! During his life, he had built five houses on the ground, and always relied on his own strength. He was "Russian Kulibin". As a child, he made a bicycle of wood and rode it, to the surprise of the villagers. He knew how to make musical instruments, his mandolins were especially good. He had got a great ear for music, and often tuned various musical instruments for people. He wrote wonderful poetry, which, unfortunately, did not survive. Father did not know how to work bad, always built something for the household, including furniture. He loved working with metals especially. Even the garage for the car, which the authorities had allowed war veterans to build in the ravine next to the house, he transformed, as people used to joke, into a hopper of Saddam Hussein – a two-story house, made of brick, with a sauna upstairs and a storehouse for vegetables in the cellar. When one of his neighbours expressed an anxiety that the being built construction could be burnt by somebody, my father made the shutters and the garage roof of metal! And there was such a lock to which it was impossible to find a key, so tricky, exclusive, rotating it was. My father was a great worker. His example shows, that one person can do very much useful in terms of his life; he can literally move mountains, so large his energy potential is, laid down by God. When one day, by fate, on a new place of his residence, my father bought a house without a foundation for his son opposite his, then, he rebuilt the sauna and garage in it, and wanted to "put" the house on the foundation. He was in his late seventies, gray and decrepit, having worked too much. When I asked how he was going to do this, he replied that he had got a backache, suffered from the sciatica, but he could still do his work little by little on the knees...

In the further embodiment, thanks to the request of my mother, my father will be working still, he will become a craftsman, a jeweler master in India...

The soul of my earthly mother is of cosmic origin. Before her incarnation on the Earth, she had lived on Mars and Venus. At the end of her life on the Earth, she became an eternal Spirit, had been in the Divine Hierarchy, engaged in the chosen by her business, had helped people, using a cosmic channel created by her. This channel is a light, high, not ordinary, universal, a Divine one; it helps those who has been suffering from a long-term pain. Her good will had created this special channel; it is her light contribution for the people of the Earth. I have been given the right to initiate people into this channel, but it comes to and receives not everyone, according to the karma and a person's merits.

The soul of my earthly mother changed her cosmic status at the beginning of 2009 – she became the soul of a star, which is not in the Solar System, but in the eighth space race. This is a light space race; there is no duality, obstacles and temptations there, but a free space, without any specific strict laws, because the inhabitants of the star have got a high awareness. The star's task (its name is a digital one) is a development of certain harmonious types of the high-quality energies, for space's needs. The people on our planet are not reached by this energy spectrum, unfortunately. The soul of my earthly mother continues to help me at some points in my life. In the matrix of her soul, there is a plurality of the cells. One of the cells is "deja vu", that remembers the previous incarnation, and what was in it. She takes care of me and my children unconsciously and according to our specific requests.

A lot of people often ask me how it turned out that my daughter Anahit (a working pseudonym) became a clairvoyant, widely known in Russia. I'll tell you, dear readers, I have always known, since her early childhood, that my daughter is a special nature,

with the subtle senses. There was always a heightened sense of justice in her. At the age of 14, she began working during the vacations, and, in any case, her work was a success. I tried to bring her up in old traditions, but such a scenario was not suitable for her at all. My daughter has always been a very freedom-loving, not ordinary person. She has read a lot of books, especially on the psychology, to assimilate more information; she has graduated even from several courses of the fast reading. She has got such features as a directness and intolerance to any kind of the falsehood and hypocrisy. Her faith in God has always been unlimited. She used to go to the church from time to time and simply work there cleansing the candles and praying for the human souls. She has been distinguished by the breadth of the nature, generosity and high human dignity, the directness of the views and speech, and, at the same time, some inability in the households. My daughter, exactly, is not created for making something with her hands. She began to walk early (since ten months) and used to speak so fast that I often joked: "One hundred words per minute". It has always been difficult for people to make friends with her, she has demanded some honesty and integrity from her friends and acquaintances, has not stood the posturing, treachery, could finish the relations with a person suddenly, once and for ever. Her extreme sensitivity has created some big problems in the communicating with the doctors, she could not stand when they were touching her. Anahit has got a very powerful energy. It says that her Spirit is ancient.

My daughter – Anahit – is a Divine clairvoyant, a diviner, a psychic; she is able to go to a high level of the Essences of the Divine Hierarchies. Her advertising slogan is "Life without any Secrets". She can answer all of your questions about your past, present and future, tell you about a way out of your problems from the standpoint of the light Forces. For some person, it can become a great revelation that, in the unified informational network of the Cosmos, the information about everything is stored: what was in the life of each individual, what is and what will be! It can be found out who you were in the past earthly life, what type (earthly or cosmic) your soul is, which life on the Earth you live; what life program and health you have got from God, what talents are laid into you from your birth, and more. Sometimes, a question has been tormenting a man for many years, and, thus, takes a huge amount of the energy that could be spent more constructively. Anahit is ready to help and make your life more meaningful. She doesn't need any pictures of her customers, because she works on the mental images.

Currently, a new book of the notes about my practical work and the work of my daughter Anahit is preparing to be published. I think, it will be a great gift for people, interested in the practical white magic, and in all that can be called in one word – wonders.

Further, I suggest you, dear readers, to get acquainted with the most frequently asked questions and answers to them.

3 Conclusion: Questions and Answers

Question: Tell us, what the magic is and whether we can learn it.

Answer: The magic is often perceived by people as some witchcraft, some psychic violence against a person. This is not true. In fact, the magic is an ultimate creativity. This is a human's capacity, with help of the magical practices, to operate with the energy of Gods and egregors, communicate with the Divine forces, have a power over the forces of the lower spheres and some practical knowledge of the hidden mysteries of the nature. The magic, as the philosopher Plato said, "is in the worship of Gods and is achieved through the worship of them". In the earthly reality, people often do not distinguish between the black and the white magic. Meanwhile, there is a difference,

and a highly significant one. It all depends on the carrier of the magical knowledge and capabilities. There are adepts of the light and dark forces, both white and black magicians. Some serve God but others – the Devil, because our world is dual, so God has made it. Accordingly, they orient their customers, too; make them impregnated with one or another type of the energy. A true white magician is a highly spiritual man who believes in One God. Such a person can be in contact with the earthly Gods (egregors), with the Essences of different Divine Hierarchies, space Systems, and use their energy. The Hierarchy is a system of the subordination and interaction between the essences of different worlds. The purpose of the white magic is a spiritual development, comprehension of the mysteries of the Earth and the Cosmos. The adept of the light forces will seek the truth, goodness, justice, but the dark one – the deception and hypocrisy. It is important to understand who you have come across, because the adherents of the dark forces are often disguised as the light ones, though, their deeds speak for themselves. Some not well-versed in this complex subject people, the so-called "magicians" on the market of the magical services, are psychopaths, who are dangerous even for themselves. If you are offered to dispose of another human's fate and feelings, benefit at the expense of other people, you should know that you are visiting an adept of the dark forces. If you are invited to turn to God, to the revival of your spirituality and the development of the talents, be cleansed from the dark energy – you have come to the adept of the light forces.

The magic channels are some different type of the energies that are compatible with the Earth. This is the energy of the Essences, Gods, egregors from our God's system, as well as, from other space-based Systems. The channels are not pendulums, they are energies; and the pendulums are not dark energies, they are just energies of certain frequencies. The channels (Essences) love some attention. When the initiated people remember them, they are pleased. If an initiated adept has got no intention to open a channel to work, they are not disappointed; if they have been called to mind accidentally, they do not respond simply. They want to receive the energy of the love, thanksgiving, all the light from their followers. We must make it clear that we need them, should laud their names; this promotes their growth.

In the Space, there are lots of different Gods – great Essences, eternal Spirits, developing through different types of the energy. There are, for example, magical Goddesses of love from the Divine Hierarchy and other space races. The energy of love has got a lot of different qualities. Gods have got qualities, capacities, from which people are far away. They are the Essences, having risen to the level of the Divine, having developed very high qualities. A God, a Goddess are highly spiritual personalities of the subtle plan, with some great energy potential, ever-growing, with a strong will, which sees the goal clearly and continues to develop further. A Goddess of love, for example, cannot get to some other energy. If a woman wants to be a Goddess, then, she must learn how to get the patience and endurance. A Goddess can bring into a human her energy for his development. Gods need our gratitude. Thanksgiving is the best and the highest energy in the Universe.

Once I watched a television program dedicated to the magic. They were discussing the question whether it was possible to teach the magic. All invited to the program magicians (there were three of them) spoke in one voice that it was impossible, one must be born with such a gift, and these people were just promoting themselves intensively. As for me, I declare authoritatively that the magic can be learnt successfully, and the level of a student's knowledge and opportunities depends on his attention and diligence.

The magic is an ancient art how to control the environment and people through the dialogue with the Essences of the subtle world, which can be connected to by means of the initiation – an agreement on some cooperation, which is implemented

through an initiated person of the high-level who has got good the relations with some specific cosmic Essences (channels of some specific frequencies). There are energy channels both of the Light Forces and the Forces of the Darkness. The sacraments of the Church are also a kind of the magic.

A neophyte is a convert adept of a religion or a cult, having got an initiation. This event is for the aspiring people. There is no need to distinguish between the channels according to their importance; all of them, compared to us, are great. Each of them should be expressed our respect to. If you've got some special attitude to one of the channels, then, you should talk about it with the channel separately.

People are able now to comprehend the esoteric Eastern knowledge, which is more than five thousand years old. (Esoteric is a secret knowledge, closed to the uninitiated, a field of knowledge at the intersection of the science, religion and knowledge, that have been given to the mankind through the prophets, old books and religious-philosophical treatises). The path to the secret knowledge is through the use of some hidden features of a human's perception, through the development of the ability to read some undeveloped in the material world information. In the esoteric, the worlds are some holistic and harmonious sphere, created by God for the development of the souls; they have got different spatial-temporal characteristics with different frequencies.

Every soul has got its own level of the passing of the incarnations, some individual features. The Spirit of a person, receiving an initiation, rises to a new life. It makes sense to direct the life to the development of the Spirit. The intellect is subjected to the Spirit. A person must have a moral right to get acquainted with the rare occult knowledge. It is necessary for a person to ascend to a higher level of the spiritual maturity, in order to reach the consecration, the desire to live not only for himself. The desire to help others should be welcomed in every way. A seeking, initiated person becomes a beacon of the Light for others.

Question: What is the "mantra" and how can we use it?

The mantra, literally from Sanskrit, is a protection of the brain, the sequence of some syllables, repeated during the visualization of a meditative Deity with its concentrated qualities. OM is a sacred sound, the original mantra, some vibration which is interpreted as a symbol of the Divine Trinity, the essence of the word, the beginning of the perceived Universe. With the thoughts of the compassion, a person, reciting mantras, finds a good harvest. In the mantras, a great blessing lies, as well as, in a prayer – a constant companion of the believer. You can always find a few moments to read a healing mantra or a prayer. I recommend using the mantra "Om Mani Padme Hum" (Chenrezig-Buddha's mantra of the compassion Avaloketeshvara) more often. The benefit of this mantra is huge and depends on the purity of the motivation and the quality of a human's consciousness that uses it.

Q: Tell us about the sexual interactions between men and women.

Answer: Any relationship is a relationship with God. All people dream to find a true love. In order to win the love of another person, you must love yourself first. To do this, you should know who you are. Get familiar with your personality! Find out the sense of your existence, your life program! It is quite possible now. Love must be earned, it is from God! Love means that people know God! A real mutual love can be gained only when you are on the light side. Another way is simply not given! Love is a great work, overcoming, an incentive to the development and creation. When the two are connected, some sexual interaction occurs between them naturally. A woman, at the intimate communion with a man, gives him some creative power, and a man gives a woman some peace. If their intimate relationship is not harmonious, such partners lose their energy and both are not good. In the intimate relationships, the sincerity is

required, as well as, the honesty, respect and love for each other. If these things are absent, then, only a physiological discharge will take place: there will not be a tantra, a dance of the souls. People should be prepared to have the sexual relations. If one partner is still married, it has a negative impact on the relations of the newly established couple. A marriage between people, of course, can be nominal, fictitious. Between the lovers, a constantly exchange of the energies occurs. If the flow of the energy is polluted by a real presence of another person, then the energy is of a different quality already. If one partner, for example, a man, is married to a sick woman, and continues to interact intimately with her, he takes over a part of her illness. The harmony between them is lost, herewith. The sick person, then, draws off the healthy person's energy, and this clogs his energy channels. If this continues for a long time, the man can become impotent, because his sick wife squeezes his vital juices. If a man is married to a sick woman and interacts intimately with her and another woman, this woman takes over a part of the lover's wife's disease. Men transmit to their posterities all the properties that they acquire in dealing with the women, and their wives preserve these properties in the genetics of their offspring. The intimate interactions result in the tying of some complicated knots of the karma affecting the future life of the partners. (An ancient wisdom says that there is only one woman in the world, but with different faces). Children, born in love, are, as a rule, healthy and prosperous. Such knowledge of the laws of the sexual interaction can support people's health and save them from some unnecessary problems.

Some information from the God Eros: If the feelings between the two are true, these people will find a solution of their intimate problems and reach some harmony. The relationships should be based not only on the intimate life; the two should have a spiritual connection, without it, it is impossible to achieve some purity in the relations and be developed fully. If people are together from some self-interest, and due to other social reasons, then, they will not be successful and happy. It does not matter, whether a person is married or not, the main thing is the intention's purity, sincerity of the feelings in a relationship. If all this does not exist, then, the relationship should be stopped. On the Earth, social stereotypes have perverted, mangled lots of concepts. It is suggested that the love is for the young, but it is not so. People can love and be loved at any age.

Q: Tell us how to become a happy and harmonious person!

Answer: It depends on what is happiness and harmony for you. I suggest you to familiarize yourselves with the point of view of the Buddhist philosophy on this subject that I accept myself: Without the love, care, compassion for others, according to the views of the ancient East, the happiness can be nowhere, neither in the family nor in the society. If there is no compassion, then, no matter how much money a person has got, he will not be able to be happy. The wealth can create some new problems, bring only some fear and disappointment, can contribute to the appearance of some enemies and to the threat for the life itself. (Dalai Lama used to say that the depression comes from the lack of a man's love for his nearest). All of us depend on others. You cannot understand the other, if you don't understand yourselves, your sufferings, which have got lots of varieties. The suffering of the conditioning in Buddhism is a sansara: a union of the body and the mind. A man lives under the control of the karma and some disturbing thoughts, the vexations of the consciousness (negative emotions). Everybody is subjected to the sufferings: the world of the passions; the world with the forms and without forms; hungry ghosts; animals; humans; worldly Gods, who do not feel any pain, but are subjected to the suffering; changes; pleasures which are transitory and fleeting, because they have got the suffering of conditioning. Gods without any forms,

possessing the consciousness, experience the suffering of the conditioning, being in the power of the karma and vexations.

The disturbing thoughts – some negative emotions – are born in the mind when a person meets with any type of the objects: positive, negative and neutral. A performed action under the influence of a disturbing thought leaves an imprint in the mind and produces a complex of the similar property in this and future lives.

By getting rid of the negative emotions, we stop the appearance of the disturbing thoughts in the mind, and don't commit any negative actions. The meditation purifies and transforms a human's mind from the disturbing thoughts and eliminates the causes of the suffering. We must develop the compassion, and one can start with the regular meditations. The compassion is necessary for all, both the sick and the healthy, the poor and the rich. God is inseparable from the human, but the human does not see God, blinded by the accumulated karmic vexations that are cleansed by the compassion's power.

A care of even one living being rather than of yourselves is able to cleanse your negative karma. So, from sufferings, you can benefit, being a moral person, with a strong Spirit. It makes no sense to focus on the actions of others. We must start with ourselves. Do not strive to defeat everybody, prevail over the nature, it is impossible. It is better to be ready to step back, in order not to create any karmic causes in the future, because, causing sufferings for others, we create the causes of our unhappiness. Each person, due to his action, creates his own karma, positive or negative.

Q: Please, give a recommendation on how to keep healthy.

Answer: I suggest you to familiarize yourselves with some general guidelines for being health.

Harmful food, from point of view of the Highest, is some abundant food, canned foods, spicy foods, foods with preservatives, alcohol, tea, coffee, marinade, pickles, and sweets. It is not recommended to eat a hot meal together with a cold one, drink ice water in hot weather, or you can bring yourselves to a strike. It makes more sense to carry out some unloading of 1 to 2 times a month, to refrain from the disputes and scandals. Exercises are necessary for people. Movement is necessary for the joints, they must be developed continually. Brain, spinal column (with chakras), heart, lungs, liver, spleen, pancreas, kidneys, and bladder perform the basic life functions of the body and must be protected especially well. The main thing is the elimination of the cause that has led to a disease. We must reconsider our life style and thoughts. Analyze the causes of the diseases; they arise from some poor nutrition, misbehavior and negative thinking. While humiliating, violating the rights of others, a person creates some big problems, increases his negative karma. The depression is often an overabundance of the male or female energy. This can lead to the fact that a person does not identify himself initially against his gender. There are some cosmic channels, normalizing the energy. A person must find some time for a prayer and a meditation.

Without any idea how the earthly life is constructed, it is difficult to become a healthy, happy, harmonious person. It is necessary to have at least some basic ideas about the spiritual dimension of the being, have your own ranked worldview based on the correct knowledge and experience. The more spiritually developed a person is, the younger and healthier his organs are. A harmonious person is less exposed to the diseases. By increasing of the level of his vibrations, a man becomes a creator. Being rich spiritually is being a partaker of the world in which you live. The spirituality is love, wisdom and creativity. One must correct that he has understood. The spiritual fall violates the psyche; there is a loss of the balance, a mental trauma. Mental wounds of a human emit some negative energy and influence people around him. Do not lose your control, preserve the nobility, gentleness and purity; separate yourselves from the

worldly things, if they gain a dominion over you – these are the laws of the individual growth that lead to the liberation from the karma. Even a simple visualization of Buddha, Jesus Christ or any other symbol of faith is an important factor in the healing, benefits the soul. Even a man's look, thrown to a symbol of faith, is able to cleanse. And even if a person does not accept the religion, he can perform a meditation, aimed at the harmonizing of the personality and compassion for others. The religiosity is not the spirituality in the highest sense of the word. People use the spiritual practices, appropriated to their level of the consciousness. Problems can be perceived in a positive way. All the problems of the people are derived from the selfishness, self-centeredness. Such people cannot achieve the enlightenment. One must correct that he has understood.

The Great Buddhist teachers, for example, advise to see the disease in a positive way, like something that is filled with a deep sense and enables the transformation of the mind. When you suffer, then, try to tell yourselves that you experience these sufferings for the sake of other people's sufferings. Wish their sufferings to cease, and them to find happiness and peace. This will allow you not to lose heart and continue the necessary studies. If you're depressed, you will not be able to help either yourselves or others. You must maintain your mind in a state of the positive mood. The generosity towards others will create the reasons for you to excel. The healing of the mind is most important; it is followed by the healing of the body. When the stock of the good karma is exhausted, then, the wealth and luck can disappear, because a carefree comfortable life depletes this stock. A suffering person's negative karma of the past, which has been the cause of his disease and other failures, runs out, and thus, the person clears his way from the obstacles, helps to achieve success on the path to the enlightenment, as well as, throws away his pride and arrogance towards other people.

When the barrier between the conscious and subconscious of a human is disturbed, his psyche is unsettled, this person can begin to feel, for example, that he is in his previous incarnation. He is confused, and, as a consequence, schizophrenia is developed. The schizophrenia, from the Eastern point of view, is a vexation of the consciousness (anger, affection, jealousy, pride, and other similar demonstrations of the negative emotions) and negative actions towards other people, after which a person begins to worry about their consequences and live under the threat of some condemnation or physical violence from the offended people, as well as, it is some impacts of the unclean spirits. If a person has got a pure mind and does not commit any negative actions, then, he has got nothing to be afraid of. If a person has accustomed to the negative way of thinking, everything will irritate him and lead to the negative actions. Then, the life ceases to please the person; he sees only problems around him. Our thoughts determine our happiness and unhappiness, sickness and health. Every action has got a certain result. The karma multiplies, and does not disappear by itself. Getting rid of the negative karma by doing good deeds and following the cleansing, spiritual practices, we contribute to our better health and well-being in the life. The alternative methods of the healing – meditations and cleansing practices with the use of some medicine that are powerless in the case of some serious karmic obstacles – begin to act on a sick human's body positively. Using light spiritual practices, a person will be free from the fears. The freedom from the fears fills his life with some happiness and peace. Even the death turns from the frightening event into an inevitable experience of the body's change, when the body has exhausted its resources, and this leads to the birth in a new body for the further transformation of the consciousness. In the faith, all the healing energies have got their origin. A healing technique can be very simple, but if a client believes in its effectiveness, then, the recovery is possible, because the healing is directly connected with the faith of the healer and the patient. The cause of the sufferings is some actions, committed with the motivation of the selfishness, anger,

ignorance or disturbing thoughts. Self-love fills the mind with some anxiety and fear, prevents to accept a criticism. A disease contributes to the destruction of the self-love. The health falls into decay, if a person does not support the level of the self-discipline. The diseases, in substance, are some penetrated essences. It is necessary to know the laws of the karma, in order to understand that all the negative aspects of the life, including diseases, arise from our own mind. Our immortal soul is identified by us with the selfishness that has nothing to do with the true reality of our highest 'I'. Being freed from the egocentric thinking, we are freed from lots of the problems that have been born by such thinking. The individual meditative practice, reading spiritual literature can help to maintain this level. The interactions with the light space and planetary frequencies are able to bring a human to a high level of the awareness, physical and spiritual health. Turn a deaf ear towards the prescriptions of the degrading culture. The spiritual books are some food for the soul, but one can read spiritual literature and change nothing in him. Thoughts of some authors, that represent themselves as spiritual guides, can be dirty, infectious. Now, we live in the age of Kali – the crossroads, the choice of the further development of the Earth. A person does not often see the true reality on the Earth. The world is united: the West affects the East, and v.v. The forces of the evil prevent actively the evolution of a man, that's why it is necessary to achieve some harmony between the material and the spiritual. The negative thoughts should be transformed into the positive ones; we must benefit people around us. When we take care of others – this means that we take care of ourselves. But in order to help others, not to harm, a person must be advanced, enlightened. Those who suffer should not be discouraged – God tests them for the strength, gives a chance to be transformed spiritually and develop further. The Light people will get a good reward from God. A meditation or a prayer enable a person to get in touch with the Divine, Heavenly world. The spirituality is the basis of the life and good health.

Question: Please, tell us how to keep and increase the energy!

Answer: A person is involved into the energy-informational interaction at every turn, his subtle bodies contact with some objects and other people. Each encounter leaves a trace in a human's bio-field. When a human's life becomes chaotic and hectic, he loses his energy, becomes open for the diseases. Everyone can learn how to manage the energy. Bring your palms closer to each other and concentrate your energy in them. Then, you can learn how to focus the energy in certain parts of the body. A bundle of the energy appears in this case, the amount of which depends on the energy potential of a person. People have got different amounts and quality of the energy. A person, destitute in the energetic sense, cannot concentrate his energy and help even himself: if the energy is concentrated in one place, then there can be an imbalance of other bodies, which entails some corresponding consequences. You can concentrate, collect the energy into a ball. With this energy you can charge amulets for long. This energy, being like the sun, is drawn from the heart. You must want this energy to go out for a human's healing, his life's prolonging. You can use this very rarely, because the fee for this is a big, energetic one, requiring some long and careful restoration. It is better to use, for this purpose, the energy of the special channel "Energy of Light Forces", which charges amulets for 3 years.

If an internal balance has been reached, then a person is able to cope with the bad mood, manage his feelings, transforming them into the positive emotions of the consciousness, thus, save his energy. Psychic disorders occur when there is a disturbance of the balance – both emotional and physical, and energetic. A human's body is a conductor of the energy and needs to be healthy to conduct cosmic energy

flows into the Earth. Subtle vibrations of the psychic energy of the Cosmos enhance the spiritual qualities of the individual.

A positive attitude attracts the success and happiness into a person's life. When a person tells a lie, he loses his energy. The condemnation, criticism are the benefit of those who are judged, they get extra energy from their critics. By thinking negatively, committing immoral acts, a person creates a cause of his diseases. When a person works on the phone, he mustn't identify himself with the operator, he is a robot, and his energy is saved.

If a person has got too much female energy, then, emotions are dominated, there can a passivity appear. If she wants to be active, a woman can be added some male energy, using a special channel. It is ideally, when the energy (both male and female) is aligned, harmonious.

A person must "work for" the received from the channels and the Heavenly Master energy. It is good to have an additional source of the energy from the Cosmos in the form of the initiation into one of the light channels, because, with the years, a human's energy gets less and less. You can stop the aging process – using some special space frequencies for this. Everyone has got its own life style, his rhythm. We must listen to our body. Do not suppress the activity, if it has arisen. If you are tired considerably, you don't need to break yourself and work with your last strength. Work to the point of exhaustion, without any breaks for some rest, is not correct. You will be able do more things if you alternate your work and rest and if you do something for your satisfaction. An illness is an imbalance. If you suffer from something negative – this affects your health perniciously. If you want to do something and have got enough force, but do not do this, it is not good. It is energetically costly to wait for something for a long time; this is also bad for your health.

You need to find some solace for the soul. In the method "Energy of Light Forces", there is a special channel, a kind of the conductor of the souls; it shows a man what his soul rejoices. With help of the Divine cosmic frequencies, a person can be completely transformed, become healthier, wiser, more talented and more energetic.

A human's thoughts are some energy waves. The thought is strong, if we endow it by the force. Straining physically, a person is deprived of his power. People should not annoy other people especially – they will have to pay for this, their energy is lost, the life gets shorter. While cursing, showing some aggression, a person loses a lot of his energy. A rough, aggressive speech characterizes a low level of a human's development. A word, as we know, can heal and kill. The vampirism is a conscious or unconscious need of some people who want to feed themselves with other people's energy, taking away their life force. The vampires are, as a rule, children, the elderly, the sick, and tired people. If a person has got used only to take, not to fill his bio-field from some natural sources, then, he becomes an energy vampire. For this, some situations are created: long-term expectations, debts, pointless conversations, endless complaints in the anticipation of some sympathy, provocations of the quarrels, scandals, anger – some releases of the negative energy. Thus, the energy vampires prolong their earthly existence and upload their karma, which will have to be fulfilled. Energy exchange between people can be voluntary. Useful affirmations, such as "I have got the excellent health", "I am calm and confident", "Everything is OK by me" must be used possibly.

From the food, a person receives some physical energy; the channels (frequencies) give us a mental (spiritual) energy. A human thinks: he has been sated with the physical food, so he has got more energy. This energy compensates the energy loss of the body partly, but the body needs the cosmic energy, too, which comes from his Cosmic Master at night, so we should sleep at night and try to save our energy for different needs. The imbalance of the energies is possible, it must be eliminated.

There, some spiritual, cleansing practices can help, as well as, a meditation, the initiations. In order to gain prana – the energy, life force, (chi) – without any interaction with the space channels, you should listen to yourself, think about the soul, pray, get rid of all the negative, meditate. At the base of the spine, there is a spot, which, in the East, is called Fire of the Serpent; it is a spot of the life – Kundalini – that awakes the energy centers of the body. When these centers are activated, a man is filled with the force. One must use this practice very cautiously, it is better when you do this under the guidance of an experienced person.

A person can take some additional energy from the Earth and from the Cosmos. The places of the power are the energy sources. In the method "Energy of Light Forces", there are some special channels, filling a human with the energy quickly, eliminating the need for the visiting these places of the power. Light people feed each other well, when they come together. Some energy can be given by the channels that provide the opportunity to travel in the Universe (where you can find some additional energy sources), as well as, the channels which are used for the psychic and creative development. People also can gain some energy doing special exercises, using the sun, air, soil, sea and trees.

A man needs an inside work, so, some energy is spent on this. In order to solve some everyday contradictions, it is necessary to invest your energy: admit that you have made a mistake, correct it, and try to improve your weaknesses. The energy is consumed when a person is worried about something but does not find any answer to his question. It is like a pain from a splinter that pulls the energy. A problem is not solved, therefore the energy is lost. If one person gets too many problems at once, it becomes difficult for him to "cleanse up" all of them, so, it is necessary to talk about this, share, get a support from an indifferent person, it would be better if this is a qualified person. Otherwise, everything will boil inside the person, that's why a serious illness can appear, one can go mad. Sometimes, it seems that a person is worried because of some trifle, but in fact, an energy funnel appears which draws his vital juices. Someone can perceive something as a trifle, but another person can be killed by this, if he thinks that it is important. People with subtle perception suffer especially often; lots of them go into another world because of the despair. The parasites of the consciousness also pull the energy, as well as, when you think about something too much. We need to get rid of all this, to maintain our vitality. If a man is a psychic, he can get and feel an impulse from the Highest, attract their energy for him. What is paid some attention on, that is supported by the energy – a jewel, the most important thing in the life. People must exchange their light energy. Basically, everyone wants to take the energy; when people are exhausted, they pull it from the others, but, in fact, they must share the energy of the complicity with each other. One must understand the essence of what happens: in order to receive, you must invest something.

Some TV shows take a lot of people's energy. A person clings to the screen and does not control the process; it seems to him that he has a good time. TV lures, tightens and squeezes. The 25th frame is the least among the manipulations used by the psycho technicians on TV that controls people's minds, hypnotizes more forceful than the Gypsies, suppresses a man's will, enslaves his consciousness. People sit in front of the TV spellbound, watch everything, even advertisements. The Internet advertising also affects the brain subconsciously in a negative way. What you "eat" (I don't mean some physical food), what you read, watch – that is your life. What information you perceive, that you are. Your subconscious must be cleansed more often, you should harmonize yourself; there are all possibilities for that. The energy imbalance occurs because of the stress, too. Dark forces affect people, try to destroy all the good, bring the chaos, like such a statement: it does not matter where you are going; it isn't worth thinking much of this!

The failures are some lost energy; a man becomes irritated, tense – some energy return occurs – and this is a vicious circle. To get rid of all this, you must appeal to the Saints, God. The initiated people, at the beginning of the path, should ask for help from the high space channels, cleanse themselves and their home, and use some magical protection. It is desirable to have a secluded place at home and use the spiritual practices and meditations regularly.

Q: Tell us how to become richer and more successful!

Answer: If a person wants to have a great success in his business, he must be engaged in the charity, have a pure intention and thoughts, fulfill his obligations faithfully, have good relations and a support in the family, some incentive for his work and promotion. To be successful, and, therefore, to receive money, in any case, there should be a system, discipline, honesty in attitude to yourselves, recollection, concentration, stability (every day you should invest your energy in one chosen thing), analysis, the actions' logic, rationality of the actions that are not based on the emotions. The monetary energy requires some constant energy input into a chosen thing, some regularity of the efforts; the percentage of the income depends on this. A man beats at one point and earns. It is necessary to define the purpose, to know why you need money; one must have a business mindset, train his business skills. Money will not come, if the quality level of the individual and his business is low, if the money slips between the fingers. For the Highest forces, it is not profitable, neither for the positive nor for the negative ones. We must bear some energy, quality to expect some consequences, perspective and development. If you have bought something, put, and hidden – it is not advantageous for the Highest from an energetic point of view. If some dead, "rotten" things take place, they are also not interested in such things: the money will go past a human. The neutral energy of the money is transformed into a positive or negative one; and if it is transformed into a neutral one, then, a void is created. Such energy processes are not effective for the Cosmos. The money flows go to certain powers. A person without any great ambitions will have the money on his needs, he will be supported, given some earnings from the outside, they will be brought by people.

The construction of the financial well-being is a work on the consciousness + some physical effort, focus on the success. The light people must have a certain outlook, some useful, rational investments. Rich people begin to be engaged in the charity; otherwise, they would lose their money. Thus, they pave the way for their own development, an energy line is laid, the communication with the money flows grows, some useful joints and interactions are tied. A balance between the positive and the negative energies appears. The energy of the money is directed to the positive or negative things with some corresponding consequences – an energy chain appears, like the rotating eight. The energy that comes to these people is neutral. The surplus goes to the energy reservoir; and so does the money from those who have used it for nothing. The money becomes neutral and goes to the process again. All the money is interconnected; the monetary failures create an economic crisis. A network of the energy interconnections appears. Some corresponding people are chosen, the links of this chain. There are such people who are entrusted to do this, and there are several levels of them:

The highest level – the rich, oligarchs, both positive and negative. Between them, there is no struggle, they work harmoniously; if they harm each other, then all will suffer.

A mid level – people who are lower in the financial position than the rich.

There are people belonging to the **lower level**, who cannot work with the money flows, are not adapted to this; the money flows go only to those people who can use them and ensure their employment and prosperity.

The degree of a human's adjustment to the money flows depends on the preparation, awareness, choice, plan, business skills, acumen, understanding of what is important and what is secondary. We should know why we need money, where it will go and on what. If you are not ready for the financial success, you will not have either the success or money. Think of a reasonable question: "Why not?!" If the wealth seems to be exorbitant (too large) for you, then, you are not ready for the action.

The money flow is watched and managed by the high Essences. Other Essences look who is worth having money. High Essences, that have another base, deliver money to those who are more profitable in terms of the energy constructions. Everything is interdependent. The money circulates in the world, moves from hand to hand. The Highest watch how a particular person uses the money, spends it. There is no extra money; it simply belongs to other people. If one person appropriates someone else's money, then, he gains a negative karma and moves to the negative System, has got some unexpected material losses, can even lose close people. The money must be spent wisely, contribute to the prosperity not only of the owner but of the others, as well. We need to develop a certain amount and quality of the energy in our matrix. The Highest form the flows with the proper people who will develop these qualities. A human's ambitions are important, but not only they. A person can become rich suddenly, but it will not happen by accident. Sometimes it is given as a temptation, a test or as a reward and a test at the same time. The Essences want to realize something through a certain person, to give, if they see that he will invest in something useful, and something sensible will go out of this, if he has got a lot of plans or if he represents children, people who will give some development to others.

The most wins are a trap from the dark forces for the simple people. All wins will have to be worked for. God can thank a man for the good deeds, but this should be deserved. For the excess, everybody will have to pay. If a person seeks the wealth without any spiritual development and good deeds for the outer world, he will, sooner or later, be led by this to the negative System. Those souls who are fixated on the material and do not want to grow, inhibit the evolution and become an unnecessary ballast, remain in the lower world and are not able to ascend to a higher level. The advanced souls move to the next dimension. The comprehension of the new cosmic knowledge and energies contributes to this.

Tips for the readers how to multiply the money:

Money cannot be held in any reflection of the mirror surface, and where the water flows. Maps, for example, had always been kept, wrapped in a cloth, but not a satin one, so you must do with the money. While there is a need to keep money close at hand, it can be put into a cassette, a box, be also wrapped in some kind of the cloth. Money likes when we are take care of it. The essence of the money responds to our care. A purse, a wallet are a sign of the respect for the money. The notes must be put bill to bill, with the pictures looking to one side – this works well.

For the money, you should find a good place in the house, if it is possible – near the flowers. Money is some energy, we can talk with it. People exchange bills that carry a certain charge, from which they can even get sick. Money is able to carry a lot of things, including infections. Money can be dirty energetically, fraudulent. It is possible to neutralize it – cleanse it energetically. If, in the purse, some unclean money has appeared, then, different things can happen: you can be cheated and your money can be stolen.

A brushed and charged magnet or coin can attract money. The coin should be put into a purse (wallet); it will attract the money energy. This coin cannot be spent, given into another person's hands, be touched by anyone other. It can be put into a separate bag in your purse, then, it will never be empty.

Money is a neutral energy; it does not make sense to charge paper money. How a person uses it, so much energy it is charged with. It is better to charge stones, things of metal; they keep the energy for a long time. You can charge a picture for a while.

A tip from a great magical Essence of the Cosmos: "People should apply money easier. It goes to the reasonable, acting people. When the money comes – it is necessary to give the most of it for the business, new projects, in order to prolong the movement. A part of the money can be postponed for something, temporary, better to the bank, not to a jug. If there is a fear of losing money, with such installation, money will be lost. Money must work and participate in the overall financial turnover. A man's self-sufficiency is a key to the financial success. People need to be able to be tuned to the money flows. We cannot manage money flows, we can only tune us to them, develop the intuition, flair, in this regard. When a person has chosen between the Systems and goes along the path of the Light, then, the highest Essences help him to solve his problems, including connected with the money. A lot of things can be viewed from the point of the cosmic consciousness".

In the method of the spiritual and physical perfection "Energy of Light Forces", there are such channels that can tune people to the money flows. The Highest Forces move down such opportunities especially for the light people, wanting them to be not only spiritually but also financially prosperous in this life.

Question: What should we do to express ourselves in the art better?

Answer: I'll give you the tips of Seshat – a Goddess of the writing, literature and art. She says that people of the art need some freedom; the existing blocks (fears, concerns) and restrictions hinder a human's self-expression. In the creation, one must evolve constantly, move forward, overcome the obstacles. The critics, who want to be writers but are "too tough", are located in the shadow of the writing talents, and use the criticism of other people's works as a weapon, though they are afraid of the criticism themselves. People of the art, keep doing what you do, do not take close to your hearts the criticism of others, become free from the opinion of other people, develop different trends of the art. Any prohibitions and criticism should not affect your creativity!

In the practice "Energy of Light Forces", there are lots of the channels that develop the creative abilities and opportunities. They are readily available for people in different areas of the art. Some well-known creative people have been already actively used them.

Question: Please, tell us how to be happy in love!

Answer: I'll give you the words of Khatkhor – a goddess of the love and fun. She believes that people cannot get away from the fulfilling of their Divine program, their destination. Now, people are degraded, replace many light concepts. The goddess of the love does not advise people to be connected under the low plan. Most of the people are at a low level of the relations, anthem a habit, a sexual satisfaction, material support, affection, but not the love. The movies about the love are basically about the same things. People watch these films and think: if such a depravity is shown on the screen, then, it is possible and normal in a real life. Then, loving people begin to quarrel, divorce; children get unhappy, freaks are born – this is a vicious circle; though, in fact, the family is designed for the maximum development of all its members.

We must always remember that the dark forces seek to destroy all the light in the people. The enemy is strong, cunning and crafty. A light person can be instilled some resentments toward his loved ones; dark forces want a man to be lost, become weak and suggestible. All the light must be preserved and multiplied. If some doubts prevail, you should check them, turning to God, the Holy Spirit, Jesus Christ. People, who have got a spiritual master (often, a healer from the positive System of God is a spiritual

teacher for his customers, as well), can turn to him to destroy all the dark, coming from the external world, and strengthen the connections with the world of the Light. A man is in a difficult situation, because he has got a negative part in the matrix, which seeks to be preserved and increase in the volume; but you cannot leave your positions, you should always be approved in the good, strive for the Light, or you can destroy your eternal soul.

Some adults imitate teenagers today; whereas, they must be higher due to the level, behave differently. It has become not enough for people to have some subtleties of the soul; everywhere, there is a lot of vulgarity. People must mature until they meet a true love, their souls must ripen before. One needs to gain different energies, energy builds in the matrix. A lot of things must be realized, in order to come to the relationships of a high quality. Everything depends on a human's level, the strength of his aspiration, concentration of the attention, purity of the intentions. If a person believes that he needs to develop, then, even not having the desired internal energy builds, he develops actively, works on his relationships, and reaches the desired quality. During the initiation to a Divine channel, a person receives this energy, which helps him to develop quickly and become worthy of God's love.

Question: It has been spoken about the year 2012 a lot: in the sense, that it would be a decisive, threatening year for our planet. Tell us, please, what can help people in a difficult period.

Answer: There is no need to exaggerate and feel "cheated". Yes, in the period until 2012 and half a year, our planet had to change its orbital; this is a natural cosmic process. The Highest were making some corrections, in order to remove 20% of the dark people (souls) from the Earth and restore the failing Divine balance. In a difficult period, light people do not need to worry a lot – the Cosmos, Light Forces help them to overcome safely the transition of the Earth onto a new orbital, and these people can always rely on the kindness of the Highest Forces to themselves for the distribution of the cosmic consciousness, facilitating the Divine balance on the Earth. 2012 was a year of Veles. Its beneficial effect was clearly felt; an active energy of the action was moved down to the Earth. After 2012, all people have begun to live better, although a dual system is preserved.

I invite you, my dear readers, to get acquainted with the advice of God M.: "People can be helped by some light initiations, as well as, by the Divine protection, faith, purity of the intentions. It is necessary to cultivate the Qualities of the divine plan in yourselves, being improved constantly. Few people are able to hear God today. You must develop your abilities, strengthen your Spirit. The society programs people that all is given hardly. A quick success is not as important as a development, movement. One must learn how to enjoy moving forward and upward. A great result is always connected with the pride. The success in the business, development of the abilities comes with the purity of the intentions; it's not what you should worry about. Everything will come to you in time. In the work, in the development, in the ascent, a process is the most important thing".

A great channel from the planet of the Fire advises people in these difficult times to get stronger, protect themselves from the negative forces, be in contact with the light forces more often, take care of their security, think more about themselves and their loved, continue to work. The light adepts should not give people a lot of information about themselves, keeping a distance, until they are able to understand who is in front of them. Some amazing meetings are not an incident. Do not allow you to be fooled and deceived. Our country will have some great changes. People will suffer mentally; their minds will not cope with the current events. The materialists, people with a bloated ego, who live only for themselves, will suffer especially hard. People cannot live without any

sufferings. The shell must crack; otherwise, our planet will roll down completely. In a difficult period, such severe actions are applied as accidents, destructions of the buildings, together with people, etc. The life will be tough; a lot of people will go into oblivion. The health care workers, the police will not cope with their job. There will be a big hysteria among the people. The healers must not save those who must leave, they should understand: the Highest Forces want this. You shouldn't feel sorry, be connected emotionally to everybody; people go into another dimension, and this is not your business. Everybody performs his function. Not every person (healer) can and should help others. In order to create good things, we must know what is good and what is not. Do not judge others; you cannot see the whole reality. The people's court is not always just. Before God, all are equal and important. Send the evil back, protect yourselves, make cleansings regularly, and restore your power after a hard work during the day. One can travel, because nobody knows where and what will happen. But no one can stay away. "Our house is within us". If the Highest see that a light adept does not reach the destination, due to some objective for that area reasons, then, this adept will feel bad, something will happen, that will delay his departure and make him stay at home. An initiated, light person should understand these signs, in order not to make the Highest spend their energy on this, knock loudly, make difficulties. People can think that they are not lucky because their trip has not succeeded. If your road is closed, it does not always mean that only negative forces take part in this. It can be made by the positive forces, too, to save their adept. It can and must be realized. We must expand our consciousness constantly. It is impossible to grasp the immensity, but you can grow. The Highest will patronize their light adepts, and this is a great spiritual benefit for them.

A man can control his thoughts and make a great leap in the development of the brain. People had to read each other's thoughts long ago, see, hear, communicate telepathically, contact with the Highest, with a subtle plan. People's brain is developed not enough, sometimes, for one percent. The duty of every adept, a seeking person, who knows that, is to go forward without any fear, make an effort to carry the knowledge to themselves and others. People are crushed down by a dark lump; the evil has been spread over the top in the world. A man, according to the designs of the Highest, is multifunctional and multidimensional. A human's mind is in every cell of his body. Do not believe those who say that a man is small. Every person has got a great potential. People are hypnotized by the dark forces, as they are for people's not developing, degradation.

The well-known Tibetan practice of the appeasing of the evil spirits and essences for their elimination has been outdated for years. The healers from God must drive them away hard, without the slightest regret. The prescription of the meditation, a Buddhist prayer "all living beings must be happy" is also outdated; the time has changed dramatically. We should view everything reasonably. In the world, there are lots of negative individuals, for whom we mustn't pray, give them our energy. We should pray for the light people, help them on their path to the enlightenment, strengthening of their Spirit.

I offer the readers some information from a great cosmic Master K.H.: "The light people are like some white spots on the Earth now. You live in an age of the darkness that prevails, tries to extinguish the Light. Now, you've got a particularly difficult time. You have chosen a not easy path, act as revolutionaries, while most of the people are asleep, choose an easy way, money, power. The negative System needs as few light spots on the Earth as possible. When you feel some negative, dark attacks, then, you must use all the opportunities which you have got in your arsenal to defend yourselves, even those opportunities that you have been afraid of to use. If there is an idea to apply to some strong channel, it is necessary to open it. Even God Almighty is being flouted constantly now; thus, the negative System puts pressure on everyone. God and the

Devil are not cooperating, complementing each other now. Between these two great Cosmos Essences, there is a constant confrontation. The negative volume is temporary, but it is planning to grow without God. The negative forces want to seize the dominion in the world; the more there will be negative, dark cells in the world, the better it is for them. The Globe can go into their possession, become their planet, among some already existing ones. Now, a lot in the world is saturated with some dark influence. The inclusion of the Light holds the Earth in the volume of God. It is difficult to find the light people now. Most of the people are suppressed or not believe in anything, they reject God, are ready to give their souls for some material things; positive persons cannot deploy them to the Light already. Their internal mechanism is launched onto the dark; they are practically some tools of the negative System, often without knowing it, that's why we mustn't touch them, work with them, try to refocus. You should be closed, defend yourselves from them, fight back, not pull them, otherwise, you will have some negative influence and impact from them and the Essences of the negative system, which lead them. If you touch the adepts of the negative System, then, their Essences are in a rage, become furious. The light, initiated people are subjected to even more attacks than ordinary people, because they pass a light cosmic energy into the Earth through them, everything is hold by them on the planet, and it does not slide down to the complete collapse. The initiated people should carry the light energies into the Earth as often as possible, at least, their grains. You must not hesitate to contact with the Saints, the light divine channels, if you feel such a need, strengthen your Spirit.

Now all light people should appeal to the Highest Forces regularly, very often, as religious people do, not only on some holidays. It happens that the Saints do not come immediately, if they are busy at the moment, when the believers in the church appeal to them. But do not be afraid to disturb their rest. As for the thoughts, like "Where are you climbing?", "Am I worthy", – you must drive them away. It is said by your ego. The orthodox regular prayers work well, protect the faithful people. The purity of the intentions is important, when you ask God, the light Essences of His Hierarchies, the Saints to help you. Everyone can make a contribution to the development and perfection of the world in which he lives".

I offer my readers an effective magic defense – "System of three Crosses": a man imagines a silver cross inside him, in front of him – an emerald one, and holds the mental images of both crosses at the same time. Then, at a distance of 2-3 meters from him, he must imagine a cross of the fire, and hold the mental images of the crosses for 2-3 minutes for the maximum protection against the forces of the evil. The fiery cross chases away not desirable people. If it is necessary, for your salvation, you can keep the fiery cross in front of the house door – for 5 minutes. For the protection from some companies of the aggressive people, you should build the fiery cross and hold the silver and emerald crosses in front of you, then, these people will go away quietly.

This is some information from a great magic Goddess of the Cosmos: "Now, the most important thing for people is to keep the head, protect it. All the negative things are temporary. Different persons are involved, but the essence is one. The nervous system must be strengthened, supported, harmonized. You must invest the subtle substance into this; the energy level of a person must be stable; you must strive for some balance. It must be understood at the level of the consciousness – what occurs. For the spiritual growth, it is necessary to know the laws, what is important, significant, what you shouldn't worry about but upstage this. The healers and psychics, in order not to suffer from the extra-sensory perception, must not always be at work. It is necessary to lead a healthy lifestyle, use psychotherapy, have a healthy diet, and take vitamins. Some annoying factors should be reduced to the minimum. The noise and electrical radiation affect a human's nervous system negatively. People need to have a private place where

they could recover. A choleric man must express himself; otherwise, he will get sick, some manifestations of the mental disorders, schizophrenia can start.

If a person is nervous a lot, he needs to speak out at the reception of a healer or a psychologist. You shouldn't restrain such a person; otherwise, his stress will increase and be exploded in the form of some diseases. Your understanding and compassion will allow him to recover. You must hear and listen to a human. People do not want to listen to the advices, they want to be heard. People have got a lot of resentments, negativity, despair, that's why they are aggressive and angry. Some changes are already taking place on the planet. Not all people will wake up, anyway. It is energy-consuming, dangerous to their psyche, not everyone can withstand the large flow of the new information; such information must be absorbed gradually. The representatives of the fifth race have got less power than the representatives of the sixth race, so they can burn out simply. They will tolerate the changes heavier than the representatives of the sixth race. Their energy structures are old; their removing will last for years. New people are advanced, not usual ones; they are distinguished by their originality already now. They will need some help of the psychics, healers from God, who will be very useful for them. You must help the new people to realize their mission, support, protect, then, they will be able to develop and lead other people after them. They will feel uncomfortable among the representatives of the fifth race. Their mind is different, they are like aliens on the Earth; later, they will communicate telepathically, and the speaking with help of the tongue will be a bad taste for them. Some doctors will put them the erroneous diagnoses like schizophrenia, autism. No one knows the full energy structure of the new people. Their bodies will be treated as parts of a single organism. It will be necessary to open the cells of the capacities and possibilities of these people. They will come to the Earth with no memory of their previous developments. The spiritual principles, inborn wisdom will belong to them from their birth. Most people of the sixth race are the cosmic souls, the aliens from other worlds, who have come to the Earth from other worlds for the first time, and are not comparable according to their features with the representatives of the fifth race. Due to their energy, force, they will be incomparably greater than the representatives of the fifth race, will think and speak in a new fashion, but this is not a return to the Golden Age".

This is some information from a great channel of the high magic knowledge's portal: "The aspiring people, light adepts must not succumb to the provocations of the outside world. They must live in their world, at their own pace, and take care of themselves, their inner world. Not only the body needs some care, but also the soul. The soul needs your attention. It is more important than the body, because everything comes from the soul: the purity, harmony, and order. You shouldn't be involved in the overall race for the material; the dark forces try to divert you with help of their "toys", and temptations; they don't want you to be developed, your plans to be realized. The spiritual good is more expensive. A person can enter the flow of the evolution like an eternal Spirit, he can be not down to the earth; his soul is able not to suffer searching some outlet, toil in the material environment. When a belief grows – so does the Spirit; the cosmic consciousness is developed, rather than the horizontal—earthly one. A man, being not evolved, loses the sense of the life, goes to some dependence. You must grow in two directions, but the first is more important. This makes it possible to survive, not to get mad, to live in the harmony with the Earth and the Cosmos, not to be a slave of the matter, but to see the things as they are and have some energy balance. The new knowledge will help you to overcome the obstacles, because the material world cannot satisfy the spiritual search of a man. Most of the people have got the horizontal consciousness. People should have a holistic outlook. The seeking, spiritual people's consciousness comes up; it makes them stand out among the ordinary humans. That's why they seem strange. It's a different kind of the prevailing energy; people also cannot

rise to the level of the Gods, whose consciousness and experience are incomparably higher than a man's. What is not clear, it seems strange. Most of the people are asleep today, live a primitive life. But the life does not stand still. A muddy, not defined between the Systems person, under the influence of the light channels, will be cleansed and may prefer the light side".

On the contact sessions, the Highest Essences say that the Earth needs the people who will give some positive, accurate information about the nature of the things, bring some new energy. I consider myself as a humble servant of God. My program is the submission to God, the desire to win the approval of the Highest Forces. I feel God's presence in myself, and I am happy. Jesus Christ used to say that "God is love". It makes sense for people to learn the Laws of the universe, and live in accordance with them. Now, these laws are available to all. The knowledge of the Laws of the universe will help people gain the cosmic consciousness, understand their place in the Cosmos frame.

Everyone can make a contribution to the development and perfection of the world in which he lives. Everything is spiritualized, is evolved and improved, perfects its quality, this is the sense of the life itself. Even in the evil, the same principles work. The law of the supreme justice and karma operates in all the worlds of God.

One person can determine the outcome of the development of our planet and have a positive impact on the entire Universe. A man is a receiver of the external influences, and can be their conductor. A person should take the responsibility for the choice of his development. The most important thing in a human's life is the achieving of the balance, the harmonious state of the body and the soul. The desire for some self-realization, attainment of the new is common to all people. This desire often dies out under the yoke of the being, because for the most of people, the life now is a solid neurosis, a life by inertia, in a material refuse. People are often ready to spend money on anything except their own development. Many homes are transformed into the warehouses and supplies of all sorts of the things. We all have become TV viewers ... The TV set – a khronofag – is a devourer of our free time, which can be used for the reading of some good, spiritual books, the communication with our friends, for the developing as a whole.

Through the TV, a lot of different abominations enter our homes. Media, from the TV screens, show us the rich life of so-called "stars", as a role model, and we get a desire to achieve a similar standard of the living. But if you think about it, then, you will come to the conclusion that a demonstration of this kind of the life is immoral. Around us, there are lots of kinds of the life disasters, where our help can be required. The country is full of people with disabilities, the elderly, lonely children without parents. Look around you with the open eyes: people who have done everything for us in this country dig in the dumpsters! If you see this, then why don't you come up, why don't help them at least with something? Do you need a special decree of the government for this?

Media impose the value of the monetary success and sexual satisfaction on the audience, and form different preferences. Some TV channels are not positive, they carry the negative System's purposes, rocking the atmosphere, bringing some chaos and aggression, and tending to infatuate the audience, implement scandals, panic, to increase their popularity and fame. Because of this, nothing will change for the better in our country and in the world. A paraded charity is often a business. On the contact sessions, the Highest Essences say, that some of the "stars", public people with a great popularity, bring to the people's souls the decomposition of the moral and ethic. The account for such people will be particularly severe, they will have serious consequences for their misbehavior and the use of the black magic in the solving of their personal

problems: lots of them will go from the real life prematurely, and will carry the load of the karmic problems in this and following embodiments.

A modern man is hypnotized by the social conditioning, an embedded in his head program. (The predilections can be of two types: physical and psychological. Physical are: food, tobacco, alcohol, etc. Psychological are: work, sex, shopping, TV, power, physical perfection, youth, etc.). The addictions arise from the loss of the connection with the soul. People look for some pure joy. The true "I" is not material, unlimited, it is a pure consciousness. Everyone must understand the secret of his existence: Who am I? Where am I from? Why am I on this planet? What will happen with my soul and my loved people? Each person should be interested to know what he is in the subtle world, at what stage of the development he is, where he moves, whether he lives in accordance with the Divine program.

The sense of any incarnation is in the accumulation of various types of the energy in the matrix, in the development of the talents and abilities. If he has got a desire, a person can know his previous incarnations, and, with this knowledge, correct the real incarnation for the best. Without any multi-dimensional thinking and perception, a person cannot go beyond the boundaries of the earthly, limited by the short-term problems, existence. People do not want to grow because of their ignorance, weakness and laziness. In the future, there will be more possibilities, including technical ones, in the world, but the development of people will depend on the level of the stored energy.

The gods from other space-based Systems are surprised that spiritual people exist on the Earth, the enthusiasts, who work with people, with the high space channels, bring the Light, the Good into the world. These people are respected by the Highest Forces who favour them in their earthly life. God rewards the seeking people, can bestow the good health, a diverse array of the capabilities and features on them, such as the ability to communicate, travel.

For people, seeking the Light, all the ways are open, all possibilities are achievable. For this, you only must have the intent desire to develop and serve the Forces of the Light. As for me, I am ready to do everything for these people what I can, I want them to become the highly developed human beings, from the point of view of the Cosmos. I welcome my more advanced followers; together, we will be able, at least partially, to implement the plans of the light Forces on the Earth.

For five years, I have been working hard on the creating of a new, higher stage in the work with the frequencies of the Earth and the Cosmos. The channels of the negative System, dark essences have tried to penetrate the new method. I was testing, carefully and repeatedly, the new space and planetary informational frequencies on the sessions and on the students - volunteers, wishing the experiment to be crystal clear. Some channels of the dark Essences pretended to be light ones, in order to be able to take the new adepts' energy for their favour. The negative channels want to maintain the negative part in a human's matrix. By trial and error, I could open some new opportunities for the people on our planet.

The proposed on these pages innovative method of the spiritual and physical perfection "Energy of Light Forces" offers the use of some space and planetary light channels (frequencies) and the admission of the earthly people to the light, high frequencies of the Cosmos. The interaction with these frequencies gives people the opportunity to discover other, higher levels of the existence on the planet Earth.

My books and the new spiritual and practical method "Energy of Light Forces" are designed for people suffering from the spiritual hunger, seeking new knowledge, possibilities, wishing to serve God, the Forces of the Light. In my next book, being prepared for the printing, some special attention to the development of the light cosmic armies is paid, the next step in the tradition of the method "Energy of Light Forces." This book can be attractive for people who want to become Spiritual mentors for other

people, to serve the Light, One God, to help him in the restoration of the disturbed balance on our planet, to resist the evil. A handbook for the students and clients on the work with the frequencies (channels) of the spiritual and practical method "Energy of Light Forces" is also getting ready to be published. The new books and the handbook on the work with the frequencies can be bought in the bookshops of the Internet system, for which, you must type my name into a search engine and find the relevant information about the desired editions, and then, order the most preferred publications for you.

The effective work with the clients and students through the system Skype online is available: diagnostics, cleansing sessions, healing and developmental sessions, initiations, consultations for the students and clients. The remote work is highly effective, is fulfilled as on a real reception of the healer. I inform you about the way how to use this service: it is necessary to send an e-mail: womanpower-Liubov@yandex.ru and highlight briefly the problem you have got. After the receiving of the response, and having familiarized with the working conditions and payment, a customer gets my login in the Skype. In order to communicate and receive the healing at a distance, a client needs to have a computer, a web-camera and a headset with a microphone (or speakers) and a desktop microphone. The client will have to install Skype on his computer, register himself and send his login to my e-mail. So, welcome, dear friends! The details how to obtain a specific service can be found on the websites:

www.magicchannels.com

www.energy-powers-light.com

www.magic-sex.org

E-mail: womanpower-liubov@yandex.ru

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